



# The Suburban

*Newsletter of the Suburban Acres Civic League*

## NOVEMBER MEETING

**Monday**

**November 9**

**Doors open at 5:30 pm**

**Meeting at 6:30 pm**

**Suburban Park  
Elementary School**

**PROGRAM:**

**Rebekah Eastep  
HRPDC Environmental  
Planner**

**David Speer, Norfolk  
Civil Engineer**

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speak at OCT meeting...**

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## From the President

Seems like we had a fairly rainy, dreary October—which is difficult for the motivation when you've got lots to do but are prone to napping during rain!

Since this November issue will likely reach most of you late (possibly due to lots of napping), I'll try to speak of events both as upcoming and as past. For instance, "Join us at our November meeting for EARNN speaker Rebekah Eastep, Environmental Planner with the Hampton Roads Planning District Commission," and, "Wow, what a great presentation from Rebekah Eastep on recycling in early November!"

Try to pace yourself as we come into the winter holidays of Thanksgiving and Christmas. As you prepare special events and meals for your friends, family, and pets, remember to think about your neighbors and neighborhood as well.

There is lots of community and neighborhood news in this issue of The Suburban...hopefully you'll find it useful and enjoyable. I'd also like to welcome new advertiser Dr. Sheryle L. Hamlett, who has taken over the dentistry practice of the retired Dr. John Mosher in the Atlas Building on East Little Creek Road.

Hope to see you at a meeting soon,

*Kevin*

## Rewards programs benefit Suburban Park Elementary

Grocery stores in our area have programs to link your grocery and pharmacy purchases to local schools so they can earn free educational equipment. Each store has a different process, but they all link a store card to the school. Information will be available at civic league meetings, the school, or at the stores.

**Farm Fresh:** Pick up a Suburban Park Elementary key tag at the civic league meeting.

**Kroger:** Pick up a school bar code at the civic league meeting and then link your store card to the bar code the next time you shop.

**Harris Teeter:** Give the store the Suburban Park code 2832 with your key tag when you shop.

Other ways to help the school are the following programs:

**Save Box Tops 4 Education.**

**Save Labels for Education** (Campbell's products)

Turn in empty ink cartridges from your printer. The civic league collects the ink cartridges and food labels each month at our meetings. They can also be turned in any time at the school.

For more information on these programs call Mrs. Dalmida, the parent liaison coordinator, at the school at 531-3118, ext. 3001, or [cadalmid@nps.k12.va.us](mailto:cadalmid@nps.k12.va.us).

*-The Suburban*



We forget he's responsible for other neighborhoods! Suburban Acres/Granby Park Community Resource Officer William "Billy" Old (left) works the ODU Homecoming Parade on October 17th.



## Suburban Acres Civic League Officers

**Kevin Janney, President**  
587-1616  
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**William T. Old, III**  
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823-4433 390-0392 cell

**Police (Non Emergency)**  
441-5610

**Code Enforcement**  
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**Norfolk Cares**  
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**Neighborhood Watch**  
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[cdcary@cox.net](mailto:cdcary@cox.net) 583-8165

**EARNN (Environmental Awards**  
**for Recycling in Norfolk Neigh-**  
**borhoods) Coordinator**  
**Steve Collins** 416-4911

**Military Family Coordinator**  
**Susan Thornes** 617-1635  
[suzyqqqq@cox.net](mailto:suzyqqqq@cox.net)

**Neighborhood Ambassador / Real**  
**Estate Information**  
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[letychica70@gmail.com](mailto:letychica70@gmail.com)

**Visit our website at**  
[www.suburban23505.com](http://www.suburban23505.com)

## Suburban Acres Civic League Meeting Minutes for October 12, 2015

Meeting called to order by President Kevin Janney at 6:35 pm. There were 30 members and 35 visitors in attendance. (Special meeting for the General Assembly candidates for upcoming November election). Prior to the meeting doors opened at earlier-than-usual 5:30 pm for our October Harvest Chili and Crock pot cook-off. There were 5 entered in the cook-off with First and Second place prizes given. Thank you to all who entered a Crock pot, and brought sides and desserts. Also, each person was given a ticket for the several door prizes we gave away. Farm Fresh Pharmacy was also on hand to give Flu shots to those who brought their insurance information. (16 Flu shots dispensed).

### Pledge of Allegiance

The August meeting minutes were approved without correction.

A motion was made and accepted to dispense with normal meeting order and format to accommodate the General Assembly candidate forum.

### Community Resource Officer Report – Officer William Old, III.

Crime Status: On the 100 Block of Suburban Pkwy there was a license plate stolen and report of a stolen phone from a residence. There was also a report of shoplifting at the Harris Teeter (individual was caught).

The Police are still stopping vehicles for speeding on Virginian, Suburban Pkwy. and Thole Street, as well as catching several running the stop signs.

**Program –** We had both State Senate Candidates (6th District) and both House of Delegates (100th District) on hand for a campaign forum type meeting. Those Candidates were Richard Ottinger (R) and Lynwood Lewis (D, incumbent) for State Senate, and Willie Randall (D) and Rob Bloxom Jr. (R, incumbent) for House of Delegates. Each candidate had 20 minutes to speak with a Question and Answer session afterwards.

### Committee Reports –

**Treasurer**-12 October 2015 we have \$1,344.99.

### Old Business –

The president has made a request to the city to limit parking on Woodfin Ave. in accordance with a vote taken last month.

### New Business –

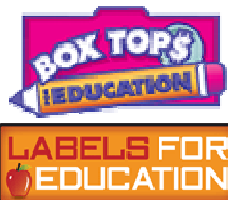
Yard of the Month: Flora will be on a Fall/Winter Break, and will return in the spring.

### Announcements

- Next SACL meeting is 9 November 2015 at Suburban Park Elementary. Doors open at 6pm.
- 50/50 Raffle: Won by Susan Winstin.
- Crock Pot Cook-Off winner was Wes and Joan Wilson's Vegetarian Chili. The Wilson's won a wine basket and Harris Teeter gift card. Second place went to Susan Winstin's Crazy Chili; Susan won a \$25 Book Exchange gift card courtesy the Book Exchange and Wards Corner Business Association.
- Several door prizes including a Starbuck's gift bag, Harris Teeter gift card, and decorative candles were awarded.

Meeting adjourned at 8:10 pm.

Respectfully submitted,  
Diane Ruhl, Secretary



### SCHOOL REWARDS HELP SUBURBAN PARK!

*Bring your Box Tops and Labels for Education to monthly SACL meetings, or drop off at the school. Pick up a scanable key tag (Farm Fresh) or school bar code (Kroger) at the school or an SACL meeting and use code "2832" to link your Harris Teeter VIC card to the school in the store.*

**These loyalty rewards help Suburban Park Elementary buy supplies and education materials.**

**Suburban Acres Civic League Mission:** The SACL will facilitate opportunities for neighbors to:  
1) build relationships, 2) keep aware and engaged in matters impacting the community, 3) enhance community preparedness and security, and 4) develop a culture in which the community youth learn (by example and participation) to be active and effective citizens.

**Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509**



## State Senate candidates pitch records, ideas at SACL campaign forum

The Suburban Acres Civic League held a Columbus Day legislative campaign forum at its October 12th civic league meeting in advance of the November 3 General Assembly elections, when all 140 state delegate and senate positions were up for election.

Running for the 6th State Senate District were the incumbent, Senator Lynwood Lewis (D, Accomack), and opponent Robert Ottinger (R, Norfolk).

After flipping a coin Ottinger spoke first and went on the attack, referencing layoffs by Norfolk Southern and CSX, according to Pilot coverage on October 14. He said Lewis voted against extension of a coal tax credit "which would have protected the coalfield operators out in the western part of Virginia."

He also said Lewis didn't have a good record on taxes and spending.

During his turn to speak Lewis said, "It's always a treat to follow Richard because I sit there and I think, 'Who is he talking about?' ", and cited his endorsements by the Hampton Roads Chamber of Commerce and the National Federation of Independent Business.

"They don't endorse tax-raisers, folks. They don't endorse folks who overregulate."

Lewis won the Nov. 3 election 59% to 40%, carrying 22 of 25 Norfolk precincts.

-The Suburban



State Senate candidates Lynwood Lewis Jr. (photo on left) and Richard Ottinger (right) sparred at the Suburban Acres Civic League legislative campaign forum on October 12. The forum was well attended, with news coverage by The Virginian Pilot's Patrick Wilson.

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## Candidates for House of Delegates speak at SACL in advance of November 3rd Assembly election

Columbus Day in Suburban Acres was marked by a special meeting on October 12 with early doors-open time to accommodate a Flu Shot clinic provided by the Wards Corner Farm Fresh, the civic league's annual Crock Pot Cook-off, and a General Assembly candidate forum in advance of the November

3rd election, where all 100 delegate and 40 state senate seats were up for election.

More than fifty residents and guests attended, and all four candidates for State Senate and House of Delegate positions representing Suburban Acres were in attendance.

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Delegate Robert S. Bloxom Jr. addresses residents at a forum at the Oct. 12 Suburban Acres Civic League meeting.

SACL uses a 'forum' format in which candidates do not directly address each other, but are allotted ten minutes to speak, and an additional amount of time to answer questions from attendees.

Even without directly debating each other there were still some fireworks.

Robert Bloxom Jr. (R, Accomack), the incumbent after winning a February 2014 special election when former Delegate Lynwood Lewis was promoted to the State Senate, came under fire from attendees for his support for offshore oil drilling; Bloxom denied his support for drilling at the forum.

Challenger Willie Randall (D, Cape Charles) stressed his experience as a businessman, board of supervisors member and chairman, and service on numerous community boards and commissions.

Randall's platform stressed universal pre-K education, and expanding the state's Medicaid

**Continued**

See "100th District" next page



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**100th District (continued from page 4)**

program to take advantage of available Federal funds.

Bloxom went on to win the 100th House of Delegate seat for a full term in the November 3rd election 58% to 42%.

Randall narrowly won the Suburban Park precinct as well as

five of the other Norfolk 100th District precincts, while Bloxom carried Northside and Crossroads. Bloxom won Northampton County by only 6 percentage points but swept Accomack with 66% of the votes cast.

A total of 568 people voted at Suburban Park School on Nov. 3.

-The Suburban



House of Delegates candidate Willie Randall (D, Cape Charles) speaks at the Suburban Acres Civic League Virginia General Assembly campaign forum on October 12.

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### Gas line project continues on Granby

Virginia Natural Gas (VNG) is upgrading its natural gas delivery system in Norfolk and Newport News. The ongoing project along Granby Street will be completed early next spring. The project is currently in phase 1 of construction.

During Phase 1 VNG's gas line contractor installs a new line at tap-in points (directional drilling, some open cuts in sidewalk, roadway, and grass), places temporary asphalt, then turns it over to the VNG Ops crew. Installation of pipeline in medians will require temporary closure of accessways along Granby Street so the pipe can be welded together and directional drilled underground. This cuts down roadway cuts and damage to existing infrastructure.

-Wards Corner Task Force

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## Civic League and Community News

For more news and events visit our website at [www.suburban23505.com](http://www.suburban23505.com)

### Norfolk CrimeView statistics Suburban Acres & Bollingbrook, October 1-31, 2015

CRIME TYPE DESCRIPTION	ADDRESS	DATE/TIME/DAY	INCIDENT #
LARCENY-PARTS FROM AUTO	100 BLOCK SUBURBAN PKWY	10/04/2015 08:00 SUN	151004000112
NARCOTICS VIOLATIONS	400 BLOCK SUBURBAN PKWY	10/06/2015 23:56 TUES	151007000005
VANDALISM	300 BLOCK THOLE ST	10/07/2015 19:00 WED	151008000085
LARCENY (ALL OTHERS)	100 BLOCK THOLE ST	10/08/2015 09:00 THURS	151008000090
LARCENY-PARTS FROM AUTO	7100 BLOCK GRANBY ST	10/12/2015 20:00 MON	151013000080
LARCENY-PARTS FROM AUTO	NOT REPORTED	10/13/2015 16:00 TUES	151014000113
LARCENY-PARTS FROM AUTO	100 BLOCK CROMWELL PKWY	10/16/2015 14:30 FRI	151023000071
LARCENY-PARTS FROM AUTO	7300 BLOCK WEST KENMORE DR	10/25/2015 07:30 SUN	151025197001
SIMPLE ASSAULT	7400 BLOCK YORKTOWN DR	10/31/2015 20:20 SAT	151031000100
<b>TOTAL INCIDENTS: 9</b>			

### Reporting International Scams

By Colleen Tressler, Consumer Education Specialist,  
Federal Trade Commission

The Federal Trade Commission is the nation's Consumer Protection Agency. So if a business doesn't deliver on its promises, or if someone cheats you out of your money, the Federal Trade Commission wants to hear about it. Help put an end to unfair and misleading business practices by filing a complaint online at [www.ftccomplaintassistant.gov](http://www.ftccomplaintassistant.gov) or call 1-877-FTC-HELP.

But there's another place to report international scams, too: [econsumer.gov](http://econsumer.gov). Maybe you've done business with an overseas

company that hasn't lived up to its end of the deal. Perhaps you got "winning" lottery notices from another country, or got asked to send money overseas to secure your international job. If you've spotted a scam that crosses international borders, you can file a report at [econsumer.gov](http://econsumer.gov).

The site is run by the International Consumer Protection and Enforcement Network (ICPEN), and is a partnership of 34 consumer protection agencies around the world. The [econsumer.gov](http://econsumer.gov) web site is mobile-friendly, has a user-friendly complaint form, and you can get consumer information and file complaints in multiple languages in addition to English.

Whether you use a smart phone, tablet or other mobile device, your complaints to [econsumer.gov](http://econsumer.gov) help consumer protection agencies around the globe – including the FTC – spot trends, conduct investigations, bring cases and prevent international scams. You also can learn practical steps to help combat fraud and get news from ICPEN members, including case announcements.

For information or to join the Neighborhood Watch contact Coordinator Phil Cary at [cd Cary@cox.net](mailto:cd Cary@cox.net) or 583-8165, Karen Mayne at 587-1287 or at [KarenLMayne@aol.com](mailto:KarenLMayne@aol.com) or visit our web site at [www.suburban23505.com](http://www.suburban23505.com).





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# SUBURBAN ACRES **GREEN**

By Karen Mayne  
November 2015  
Winter Energy Tips

The bright colors of autumn will soon give way to the cold and damp days of winter. Did you know that home heating and the hot water heater together account for about 43 percent of the average home's annual energy costs? The folks at the Department of Energy, Dominion Virginia Power, and Virginia Natural Gas provide the following tips for reducing heating costs.

**Seal Air Leaks** – This is the most cost effective action you can take. Check for and fix holes and cracks around doors, windows, lights, wall switches and outlets. Repairing leaky and uninsulated air ducts can save \$400 a year on heating and cooling bills, but is best left to a professional.

**Add Insulation** – Adding insulation in the attic and crawl space can save up to 20 percent on annual heating and cooling bills. It's the second most cost effective action you can take.

**Install a Programmable Thermostat** – Lowering the thermostat temperature while away from home and while sleeping can result in big savings – about \$180 a year if used properly. Every degree you lower the thermostat during the heating season will save between one and three percent on your heating bill. Wearing a cozy sweater can make a lower house temperature a little more comfortable!

**Regular Maintenance** – Replace or clean furnace and air return filters once a month. Dirty filters restrict air flow and

Increase the energy demand on your heating unit. Have your system checked before the start of the heating system to keep it running efficiently and safely and to extend the life of the unit. Do-it-yourselfers can check the owner's manual, or call in a professional heating and air conditioning company.

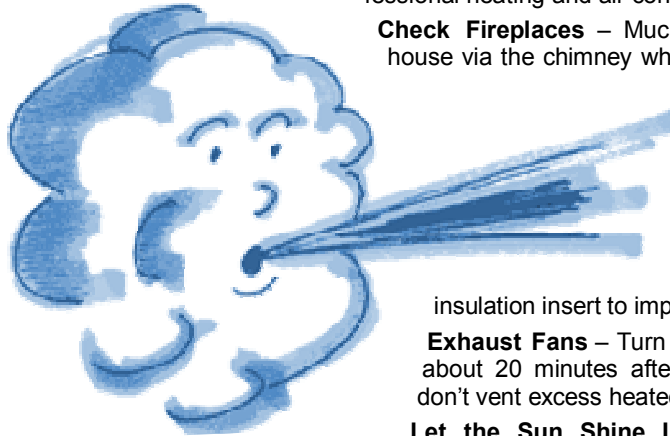
**Check Fireplaces** – Much heated air leaves the house via the chimney whether or not the fireplace is in use. Inspect the damper to make sure it closes properly and is not rusted, and keep it closed when the fireplace is not in use. If you no longer use your fireplace, add a foam insulation insert to improve the air seal.

**Exhaust Fans** – Turn off kitchen and bath fans about 20 minutes after you are done so they don't vent excess heated air to the outside.

**Let the Sun Shine In** – Open curtains and shades during the day to let the solar heat warm your house. Insulated curtains with heavy linings are a good way to make old windows feel less drafty at night.

**Close Foundation Vents** – If your crawl space has foundation vents, close them during the winter to reduce cold air flow and prevent frozen water pipes.

Continued...see "Green" page 8



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### Green...continued from page 7

**Water Heaters** – Most water heaters come preset to 140 degrees, which is a scalding temperature hotter than what most homes need. Lowering the setting on your hot water heater to 120 – 125 degrees will be plenty hot and could reduce water heating costs by up to 10 percent. Put an insulation blanket around your hot water heater if it is located in an unheated space – you could shave up to 15 percent off the cost of heating the water.

**Fix Hot Water Leaks** – A hot water faucet leaking at 1 drip per second can waste up to 1660 gallons of water a year and up to \$35 in energy costs.

**Reduce Hot Water Use** – An on/off lever installed on the shower head will allow you to turn off the water while lathering up. Turn off the water while shaving, brushing teeth, or lathering hands.

**Get More Information** – The following websites provide more detailed information on undertaking these tips and more, including energy audits, utility rebate and assistance programs, and tax rebates.

Department of Energy – [www.EnergySavers.gov](http://www.EnergySavers.gov)

Virginia Natural Gas – [www.VirginiaNaturalGas.com](http://www.VirginiaNaturalGas.com)

Dominion Virginia Power – [www.dom.com](http://www.dom.com)

Taking steps to reduce heating costs can make a big difference in your monthly bills and helps the environment.

*Karen Mayne can be reached at  
757-587-1287 or at KarenLMayne@aol.com*

**Have story or feature idea? Recipe?**  
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## Wards Corner area, EOJ sweep annual COOL Awards

Wards Corner- and East Ocean View-based organizations and residents swept the 2015 COOL Awards in October.

Norfolk's Civic Opportunity and Outstanding Leadership (COOL) Award program was created in 2010 to recognize civic leagues that are improving the condition of their neighborhoods through grassroots efforts focused on enhancing the quality of life in Norfolk through neighborhood programs, events or projects; and the promotion of neighborhood unity, communication, interaction and cooperation.

Crossroads Civic League was voted awarded the "Best Overall Neighborhood" for 2015. During the civic league's 6-month anniversary, members were asked if they were up to the challenge of hosting city-wide National Night Out (NNO). The civic league president said "sure." Bringing it to committees he said "Keep it Simple." By August NNO was a very large, very successful celebration enjoyed by at least 500 to 600 hundred guests. Organizers collected about \$5,000 dollars in donations from local businesses to fund the event.

A significant part of the civic league's success seems to be that people like each other and bring out the very best in each other. Another significant part of the success for this civic league is the strong effort that is put into solving problems for neighbors.

Suburban Acres Civic League was the 2014 Best Overall Neighborhood.

The winner of the "Neighborhood Advocate of the Year Award"



From Left to Right: James Rogers, Director of Neighborhood Development; Sheri Hogue, Vice President, Crossroads Civic League; Candice Savannah, Crossroads Civic League, Neighborhood Watch Coordinator; Neighborhood Development Specialist Carlton "Ray" Ransom; John Greene, East Ocean View Civic League President.

is Hank Brown, TFC Recycling Director of Fleet Operations and President of Crossroads Civic League. Born and raised in Norfolk, he has the gift of the biggest, warmest and most genuine smile and can "touch" anyone he meets with his passion for his community, according to his nominators. Under his leadership, Crossroads Civic League developed committees

**Continued...see "Cool" on page 10**



## The Wellness Column

Presented by Dr. Brad Robinson

### Tips for Safe Lifting

The more you lift, the more opportunities you have to injure your back. After the common cold, back pain is the single most common complaint that causes people to seek medical help. While there are many causes of back pain, injuries sustained while lifting are often to blame.

Depending on your job, you may or may not receive formal training in safe lifting technique. Perhaps you only lift heavy items occasionally, or your lifting takes place outside of work—while doing chores, caring for a young or elderly relative, practicing a hobby, or volunteer work.

The following tips from Dr. Robinson can help:

- ✓ Correct posture cannot be overstated: lift with your legs and knees, not your back. Research shows trunk muscle activity and load on the spine are significantly higher when subjects bend their backs while lifting.
- ✓ Start with your body as close to the load as possible, and hold the load close to your torso for minimal back strain.
- ✓ Don't arch or twist your back—keep it straight.

Awkward lifting posture, and heavy or repetitive lifting are common triggers of low back pain. So follow the above tips, and schedule an appointment for a lifting training session—Dr. Robinson will evaluate your particular lifting circumstances and help you fine-tune a safe technique.



## Wards Corner Chiropractic

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Learn about chiropractic's highly effective approach: call Dr. Robinson, a chiropractor and holistic-care provider, at (757) 588-8908 or visit our website at [www.WardsCornerDC.com](http://www.WardsCornerDC.com).

**Cool continued from page 9**

for Neighborhood Watch, Neighborhood Quality, the Arts and Social committees, and a community garden.

The "Best Small Neighborhood Business" award went to Jessy's Tienda y Taqueria for the second year in a row. Jessy's "friendly staff, unique atmosphere and unwavering support of the local community," according to nominators. Jessy's supports each and every community celebration in East Ocean View, from donating food for annual neighborhood cleanups, participating in a multi-cultural festival attended by several hundred people, as well as East Ocean View seasonal community garden events. This small business has been described as "an integral part of the community" and "a true multi-cultural experience."

For the "Best Youth Participation" category, the Club Sandwich organization, and its leader Debbie Winn are the winners.

Club Sandwich has served more than 2,500 Norfolk Public School students in its 11 years of homework assistance for at-risk students during the school year, and as a free school lunch site in the summer. This summer, Club Sandwich reinvented itself as an enrichment program focused on the idea of students teaching students. Twenty-five high school volunteers from Norfolk Public Schools and Norfolk Academy worked for 10 weeks with a group of 2nd to 8th grade youth from Wards

Corner and the surrounding area. The enrichment program was led by volunteer Patti Wainger. The literacy skills curriculum was headed by two volunteers, Norfolk Academy's Dr. David Kid and reading specialist Mary Ellen Trivette.

The "Healthy Neighborhood" award went to the East Ocean View Children's Garden under the direction of Juanita Sneed. Founded in 2004 as a way to teach children in the neighborhood about gardening, the East Ocean View Children's Garden also provides healthy food to children who might otherwise go hungry. According to the award nomination, "a substantial number of people in the neighborhood have little to no access to a grocery store" due to lack of transportation. This project also provides a way for children in the neighborhood to be productive members of their community, as they assist volunteers from Norfolk Master Gardeners in planting, weeding and harvesting.

-Norfolk Division of Communications and The Suburban



**Join PrimePlus Norfolk Senior Center for Fun Fitness** from 2-2:30 pm every Wednesday starting Dec. 2. Each session with

Certified Fitness Trainer & Nutrition Specialist Jason Nichols costs \$4. Jason takes you through a series of functional everyday movements in this fun and upbeat 30-minute class. 7300 Newport Ave. in the Norfolk Fitness & Wellness Center.



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## Announcements

Send your  
announcement to:  
suburbanacres@gmail.com

You're Invited! Join The Elizabeth River Project at the Mermaid Factory for a **MERMAID PAINT PARTY** to benefit the Elizabeth River Project, Thursday, December 3rd from 6:30-8:30pm. Tickets are just \$30 each and include a 12" mermaid and base, all paint and glitter, and light refreshments. Mermaid "To Go" Kits in "Shelly" or special Elizabeth River Project "River Star" (complete with seahorse charm!) are also available for order at just \$25 each. Order at [www.elizabethriver.org](http://www.elizabethriver.org). Not only do mermaids "to go" make great holiday gifts, they help support your home river! "To Go" Kit orders are available for pick-up at the party or after the event.



## Shout Out!

### Good News About our Neighbors

Congratulations to local businessman, neighbor, and State Senator Kenneth C. Alexander, who was awarded as a Distinguished Alumni by the Norfolk Education Foundation and Norfolk Public Schools at their October 28<sup>th</sup> Together in Education & Distinguished Alumni Awards Gala.

Elizabeth "Boo" Twohy, Robert C. Nusbaum, Charles "Chuck" Rigney, Ulysses Turner, Dr. Keith Newby, and Regina Mobley were also honored.

A State Senator in the neighboring 5<sup>th</sup> Senate District since 2012 (Kenny won a September 2012 special election after incumbent Yvonne Miller passed away in office), Kenny served ten years in the House of Delegates representing the 89<sup>th</sup> District. Suburban Park and Suburban Acres were within the 89<sup>th</sup> District, and represented by Kenny, prior to a 2010 redrawing of district lines, placing the neighborhood in the 100<sup>th</sup> House District.

*Photo courtesy Norfolk Education Foundation*



## Word Search

Find all of the words related to the **THANKSGIVING** holiday. Words may be hidden in any direction. Here's hoping you and yours have a great Thanksgiving!

I	C	M	I	T	S	E	V	R	A	H	T	L	L	L
A	E	R	A	I	P	O	C	U	N	R	O	C	R	O
D	L	B	S	T	U	F	F	I	N	G	F	F	C	Y
I	E	C	U	A	S	Y	R	R	E	B	N	A	R	C
N	B	I	A	E	N	I	G	N	R	C	N	T	O	G
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M	O	I	N	F	E	Y	P	E	R	I	E	R	A	H
E	N	D	Y	E	A	A	N	M	M	I	T	Y	R	T
A	S	A	E	M	E	D	S	A	U	R	M	O	A	A
L	M	Y	S	I	S	U	F	T	R	P	B	S	P	G

AUTUMN	FEAST	MEAL
CANDIED YAMS	FRIENDS	PARADE
CELEBRATION	GATHERING	PILGRIMS
CORNUCOPIA	HARVEST	PUMPKIN PIE
CRANBERRY SAUCE	HOLIDAY	STUFFING
FAMILY	MAYFLOWER	TURKEY

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**We need your involvement  
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Civic League. The larger  
our membership, the louder  
our voice will be heard!  
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### Suburban Acres Civic League Membership Form 2015

☐ Individual \$ 5.00

☐ Family \$ 10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Mary Ann Grogan, Treasurer, Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509. **And thank you for your support!**

## Neighborhood Calendar



**Street Sweeping** Friday November 6 & December 4



**Recycling Pick Up** (Blue Bins)  
November 5 & 19; December 3, 17, & 31

**NOV 1** Daylight Savings Time begins

**NOV 3** **Statewide General Assembly election**, polls open 6 am to 7 pm.

**NOV 9** **Suburban Acres Civic League Meeting**...doors open 6 pm, meeting at 6:30, Suburban Park Elementary School.

**NOV 11** **Veteran's Day**

**NOV 12** **Norfolk Federation of Civic Leagues**, 7 pm, Lake Taylor Hospital cafeteria, 1309 Kempsville Road.

**NOV 26** **Thanksgiving**

**DEC 6** **Hanukkah begins** Sunday evening Dec. 6; ends Monday evening Dec. 14

**DEC 14** **Suburban Acres Civic League Meeting & Christmas Party**...doors open at 6 pm, Suburban Park Elementary School.

### Norfolk Public Schools Calendar:

**NOV 11, 26 & 27** Holidays, school closed

**NOV 20** Report Cards

**NOV 25** Early Release Day

**DEC 21-JAN 1** Winter Break

**JAN 18** School closed, MLK Day

## Suburban



Community Resources and Contacts

Norfolk Commissioner of the Revenue 664-7860

Norfolk Treasurer 664-7800

### Norfolk Public Works

Accessibility issues, potholes, streetlights  
in need of repair, curbs & sidewalks  
823-4050

Virginia Office of Consumer Affairs (investigation of consumer complaints)  
1-800-552-9963

Five Points Community Farm Market, 2500 Church Street  
640-0300

Norfolk Public Libraries  
664-7328

Norfolk Neighborhood Design & Resource Center  
664-6770

PRIME PLUS Norfolk Senior Center, 7300 Newport Ave  
625-5857

Animal Control 441-5505

Wildlife Response Inc. wildlife rescue hotline 543-7000

### E-waste recycling (household electronics)

Free to Norfolk residents at waste management facility:

1176 Pineridge Road

**For complete list of recyclable e-waste items call 441-5813**

**Norfolk Cares...** City services, citizen complaints & concerns  
Mon-Fri. 8 am-6 pm, 664-6510

**Commonwealth's Attorney's Community Collaboration Center** (Wards Corner) 823-4333

Tidewater Beekeepers Assoc. (swarm removal) 285-4509

### Norfolk Department of Utilities Customer Service

664-6700

**Emergency-Water Main Breaks & Sewer Leaks**  
823-1000

**Miss Utility**  
(Call Before You Dig)  
1-800-552-7001

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