



THE SUBURBAN

Newsletter of the Suburban Acres Civic League



MAY MEETING Monday May 11

Doors open at 6 pm
Meeting at 6:30 pm

Suburban Park
Elementary School

Meeting Program:

Casey Shaw
Elizabeth River Project

Political Columnist &
Commentator
Vivian J. Paige

50/50 Raffle

Letter from the President

For this edition I will borrow from a message recently sent by our Commander Navy Region Mid-Atlantic Chief of Staff, Captain Robert Geis.

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. There are many stories as to its actual beginnings, with over two dozen cities and towns laying claim to being the birthplace of Memorial Day.

Memorial Day was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic, in his General Order No. 11, and was first observed on 30 May 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. The first state to officially recognize the holiday was New York in 1873. By 1890 it was recognized by all of the northern states. The South refused to acknowledge the day, honoring their dead on separate days until after World War I (when the holiday changed from honoring just those who died fighting in the Civil War to honoring Americans who died fighting in any war). It is

now celebrated in almost every State on the last Monday in May.

Traditional observance of Memorial Day has diminished over the years. Many Americans nowadays have forgotten the meaning and traditions of Memorial Day. Some people think the day is for honoring any and all dead, and not just those fallen in service to our country.

I know we all know differently. I know many of us personally know someone who gave their life in defense of this great nation. More than a million Sailors, Soldiers, Marines, Airmen and Coastguardsmen have made the ultimate sacrifice since the Civil War. These men and women served their country fighting for the freedom that we all enjoy in the United States and they died knowing they were doing something that truly mattered. President Kennedy said "a nation reveals itself not only by the men it produces but also by the men it honors, the men it remembers." So let us remember, let us honor them.

Have a great Memorial Day...

Kevin

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Some of our neighbors and volunteers at the Great American Cleanup, where several projects were accomplished for Granby Elementary School on April 18. More photos on page 8.



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441-5610

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664-6532

Norfolk Cares
664-6510

Neighborhood Watch
Coordinator - Phil Cary
cdcary@cox.net 583-8165

**EARNN (Environmental Awards
for Recycling in Norfolk Neigh-
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Military Family Coordinator
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letychica70@gmail.com

Visit our website at
www.suburban23505.com

Suburban Acres Civic League Meeting Minutes for April 13, 2015

Meeting called to order by President Kevin Janney at 6:30 pm at Suburban Park Elementary. There were 20 members and family, and 2 guests present.

Pledge of Allegiance

The 9 March 2015 meeting minutes were approved without correction.

Community Resource Officer Report – Officer William Old, III.

There were 4 incidents noted. In the 7500 Block of Granby a Granby High student's cell phone was stolen at Starbucks. On March 26 on Thole Street, a roommate moved the TV and cable into their room and another roommate thought the equipment was stolen. On March 27 there was a larceny on Cromwell (money taken from a purse). The victim believed a visiting nurse stole the money. On April 8 a backpack taken from school.

Concerns from members: There are concerns about the Health Care scam reported in the newsletter. The CRO had no updates.

Officer Old asked the members if there was interest in doing something at the June meeting for the National Night out.

Program – Guest Speaker Senator Lynwood Lewis

He mentioned the upcoming Veto Session, and gave a recap of the general assembly session. Sen. Lewis spoke of needed SOL reforms, reducing the number of tests so teachers are not forced to teach only to the SOL instead of really teaching. Senator Lewis spoke about the Ethics reform and changes to the amendments. He also answered attendee's questions about transportation, other bills being considered, successful legislation he sponsored to cut down on tunnel hold ups at the HRBT, coastal resiliency legislation, and Veterans' issues.

Program – Guest Speaker Tim Mansfield, Norfolk Master Gardeners (EARNN Speaker)

Tim spoke about projects at the Hermitage, volunteering at Botanical Gardens, putting in rain gardens and the River Star Homes projects. There will be plant sales at Botanical Gardens throughout the year as well as the Stockley Gardens Spring Art Show. Tim spoke about how to cut certain grasses. For example, Fescue should be cut at 3 inches only after July 4th. Plant the Fescue in the Fall, not the spring or early summer like Bermuda. He spoke about trying to bring back the Monarch Butterflies. There has been a shortage due to the lack of the milkweed plant in the area. He brought seeds for everyone to plant. The monarchs lay their eggs on the milk weed as well as feed off the milkweed plants. If you have these plants, do not pull them out. If you put seeds in or plant the milk weed, plant it in full sun. Cut back in September. He talked about growing catnip to kill mosquitoes versus spraying chemicals.

Committee Reports –

Liaison-Nothing to report

Treasurer-Mary Ann Grogan reported we collected membership dues for 2 singles and one family. Total treasurer report amount was \$709.62

EARNN- Steve Collins was not at the meeting but he passed the following information: We will receive 15 points for the clean-up on April 18th because we have youth engagement. Normal clean-ups are 10 points for our two spots. We are also looking at receiving 30 points for our recycle bin set out. We are over 74% right now which is great! At the meeting on the 13th we have another EARNN speaker booked for the May 11 meeting, which will give us points towards EAARN. So come on out for some great information and great refreshments! All in all we are looking at receiving the top amount of cash rebate for the civic league for our EAARN efforts this year. Keep up the great work and thank you Steve Collins.

Old Business –

Refreshment help is still needed for upcoming meetings.

New Business –

A new business called Your Pie is slotted to go in next to the Harris Teeter at Wards corner. The owner will be Jeff Rhodes and he hopes to open up sometime this summer as well as plans to expand to other locations in the Hampton Roads area. Jeff spoke to the board of directors at their last meeting, and the board endorsed his application for a special exception permit to serve beer and wine on premises.

The Annunciation Greek Orthodox Church is holding the annual Greek Fest this year May 14-17th.

Continued...See "Meeting Minutes on back page"

Mission: The SACL will facilitate opportunities for neighbors to 1) build relationships, 2) keep aware and engaged in matters impacting the community, 3) enhance community preparedness and security, and 4) develop a culture in which the community youth learn (by example and participation) to be active and effective citizens.

Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509

Civic League and Community News

www.suburban23505.com

Suburban Park Elementary plans end-of-year Field Day; seeks donations

A committee of faculty and volunteers is planning the 2015 Suburban Park Elementary Field Day, to be held Friday, June 5, 2015. This is an annual end-of-the-year event that students and staff look forward to with great anticipation. For Field Day the school has each of its classes outside enjoying games, sports activities, a bounce house, music, snacks, drinks, lunch and treats.

The school does need help from our community. The committee is asking for donations of hamburgers, hot dogs, water bottles, juice drinks, small bags of chips, snow cone supplies, cotton candy supplies, etc. The school will also gladly accept monetary donations to help offset the cost of Field Day t-shirts, rental of machines, and supplies.

The students deserve a special day and Suburban Park welcomes your help in attaining that goal. Please contact Mrs. Claudette Dalmida at 531-3118 to discuss donations or ask questions.

-Suburban Park Field Day Committee

Wards Corner Gateway art installed

The new public art for the Wards Corner Gateway was installed on the median on Granby St., near North Shore Rd. in early May. Additional work around the sculpture's base, landscaping, and lighting remains to be completed.

In what was a very lengthy collaborative process with the artist, the Norfolk Commission for the Arts, Wards Corner Art Subcommittee selected artist Gordon Huether to design and fabricate the public art installation.

The vision of the subcommittee was to develop a concept that embraces local identity, fosters a strong sense of place and creates a significant gateway. The installation enables viewers, to pause and reflect about the continued positive and exciting changes taking place in the neighborhood.

The Wards Corner Gateway installation is made up of two components: a bird-like structure inspired by the famed intersection where Alfred C. Ward once operated his iconic general store, and a polished aluminum base. The large wing-like component features a black and white aerial photograph of the Wards Corner intersection taken by a Virginian Pilot photographer in 1956. This part of the installation is made of translucent polycarbonate. The wing-like component is then mounted atop an eleven-foot tall aluminum base, which causes the 'Wing' to point toward the sky.

Wards Corner Gateway will be illuminated at night, featuring programmable color-changing lighting.

The installation and its

upward orientation references this neighborhood's future: its continued upward growth and development in cultural, economic and community matters.

-WardsCornerNow.com

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April 13, 2015 SACL Meeting—We were fortunate for the Monday, April 13 Suburban Acres Civic League meeting to have State Senator Lynwood Lewis (photo above left) stop in and provide a legislative update and recap of the 2015 Virginia General Assembly Session. Also on the agenda was Norfolk Master Gardner, and neighbor Tim Mansfield. Tim gave a presentation on the work and mission of the Master Gardeners, sustainable gardening and landscaping, and gardening using native plants. In the above photo on the right, neighbor Josh Knezic (right) enthusiastically accepts a packet of milkweed seeds from Tim (left). Neighbor Bud Raber looks on approvingly (lower right foreground).

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Civic League and Community News

www.suburban23505.com

EARNN...

**Environmental
Awards for
Recycling in
Norfolk's
Neighborhoods**



EARNN Update

by Steve Collins

We have EARNN'ed 60 points toward our 100 point goal (See the chart for our progress). Fiscal year 2015 started out slow but we have been moving deliberately toward the finish line. We will be celebrating soon.

April: 20 Points. The Granby Elementary Great American Clean up project netted SACL 15 points. We completed 6 projects with 35 volunteers. Yes! We enjoyed a presentation by Master Gardeners Tim Mansfield at the April civic league meeting, which EARNN'ed SACL 5 points.

May: 20 Points. We will enjoy an Elizabeth River Project presentation by Casey Shaw for 5 points on May 11, conduct our final Adopt-A-Spot(s) clean-up for 10 points on May 16, and will partner with Keep Norfolk Beautiful (KNB) for an electronic recycling collection on May 16 for another 5 points.

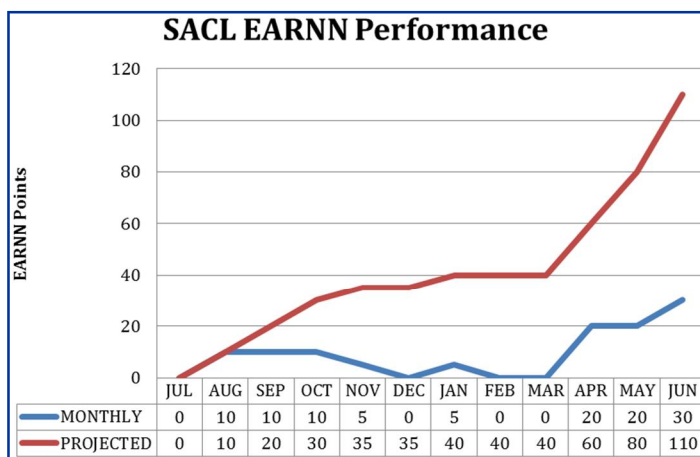
KNB has reported that Suburban Acres has consistently set out their Blue Recycling Bins at a rate of over 70% and if we continue the trend the EARNN points for our neighborhood recycling set-out rate will be awarded in June to push us to 100 points. Great Job SACL! Thank you all for your contributions to our EARNN program.

EARNN 2016. It is time to begin planning for EARNN 2016. EARNN is a marathon effort and litter prevention is a continuing action. EARNN training is being offered at the Ernie Morgan Center on May 6, May 19, June 11, and June 23 each evening at 6pm. You could be part of the SACL 2016 EARNN Team. See Steve Collins or Lilliana Machuca.

Once again, mark your calendars for the May 11 SACL Meeting for the Elizabeth River Project Environmental Presentation and May 16 for the SACL Adopt-A-Spot Clean up and the KNB Electronic Recycling collection.

Steve can be reached at scollins4@cox.net or 416-4911

Liliana can be reached at lmachuca7@gmail.com or 633-8903



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Civic League and Community News

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SUBURBAN ACRES GREEN

By Karen Mayne

May 2015 – Green Your Lawn...the Right Way

Warm weather brings those lawn care duties. Whether you do it yourself or hire a lawn care company, here are do's and don'ts for a good lawn while protecting the Lafayette River. No matter where you live, our entire neighborhood drains into the river through streets, storm drains, and ditches.

Get your soil tested. Before applying fertilizer, have the soil tested. Applying fertilizer when it isn't needed will just result in it being washed into the river, leading to algae blooms and fish kills. The Virginia Cooperative Extension Service will analyze your soil for a small fee and tell you the proper amount of fertilizer or lime to use. Call their Norfolk office at 757-683-2816 to find out how to get a soil sample mailing box. Most garden centers also have the boxes.

Know what kind of grass you have. The kind of grass you have determines the right time of year to apply fertilizer. If your grass stays green all year (unless you plant annual rye), it is a "cool season" grass, most likely fescue. If your grass turns brown in the winter, it is a "warm season" grass and is either zoysia, Bermuda or St. Augustine.



Apply the right fertilizer, at the right time, in the right amount. We tend to apply way too much fertilizer to our lawns, thanks to all the advertising by fertilizer companies. If your lawn does need fertilizer, once a year is enough. Fall is the proper time to fertilize fescue lawns, not spring. Zoysia, St. Augustine, and Bermuda lawns should be fertilized in early to mid-summer. Check the weather forecast and don't apply fertilizer if rain is expected, since rain will wash the fertilizer into the storm drains – and you will have wasted your money. A better alternative to chemical fertilizer is to use a thin layer of compost on your lawn in the fall. Compost will add nutrients and improve soil quality as it decomposes.

Don't give the lawn a buzz cut. Grass should be kept at 2-3 inches high all year. Taller grass means deeper roots and stronger plants. Stronger plants are better at handling drought, insects and diseases. Tall grass also helps shade out weeds.

Let grass clippings stay. Don't bag up and toss clippings or blow them into the street. Grass clippings decompose quickly and serve as a natural fertilizer each time you mow. If the clippings are too thick to leave on the grass, use the lawnmower's bagger and put the clippings in the compost pile or around vegetable and flower beds.

Use herbicides and pesticides sparingly, if at all. Maybe we can live with a less than perfect lawn and still win Flora the mermaid Yard of the Month! These toxic chemicals can have

Continued...see "Green", page 9



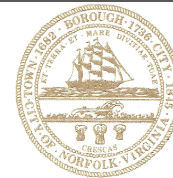
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www.norfolksheriffsoffice.com
www.sheriffbobmccabe.com

Civic League and Community News

www.suburban23505.com

Norfolk CrimeView statistics Suburban Acres & Bollingbrook, April 1-30, 2015

CRIME TYPE DESCRIPTION	ADDRESS	DATE/TIME/DAY	INCIDENT #
SIMPLE ASSAULT	100 BLOCK SUBURBAN PKWY	04/11/2015 17:00 SAT	150411000050
SHOPLIFTING AND CONCEALMENT	7500 BLOCK GRANBY ST	04/05/2015 13:00 SUN	150427000113
LARCENY-FROM AUTO	Not Reported	04/08/2015 13:00 WED	150408000062
LARCENY-PARTS FROM AUTO	7300 BLOCK EAST KENMORE DR	04/15/2015 14:00 WED	150415407603
TOTAL INCIDENTS: 4			

Neighborhood Watch Report

The Suburban reported in April that elderly residents are being "targeted" by scammers. The scam attempts are apparently continuing. An elderly neighbor on Kirby Crescent was targeted again on April 28. A short, black, chubby woman with a sweater wrapped around her waist knocked on her door. The neighbor didn't open the door, and spoke through the window. The woman asked, "can you help me I'm new in the neighborhood I just dropped off my daughter at Suburban Park Elementary, she goes to the MS program."

The woman then started crying dramatically, "I just need some information, can I walk to shore drive from here."

The neighbor opened the door at this point, but not the screen door. The conversation ended when the neighbor said she couldn't help her. At this point she was suspicious about the whole ordeal.

The SACL Neighborhood Watch reports there is a 2-1-1 number operated by the Virginia Department of Social Services for people who need assistance. Potential scammers can be referred to an agency which can actually help them with food, transportation, etc. just by calling 2-1-1.

Remember you can always call the Norfolk Police Department non-emergency number to report suspicious persons and provide tips at 441-5610, or just dial 9-1-1 if you feel threatened or the situation is urgent.

See the inset on page 2 of this newsletter for other helpful contact numbers.

Neighborhood Watch Coordinator
Phil Cary can be reached at
cdcary@cox.net or 583-8165,
or visit our web site at
www.suburban23505.com



Bring your Box Tops, Labels for Education, and Farm Fresh receipt stubs for Suburban Park Elementary to the meeting!



COMMONWEALTH OF VIRGINIA
Office of the
Commonwealth's Attorney



GREGORY D. UNDERWOOD
Norfolk Commonwealth's Attorney

Suite 600 Telephone (757) 664-4835
800 E. City Hall Ave. FAX (757) 664-4445
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Great American Cleanup April 18, 2015. For Great American Cleanup 2015 the Suburban Acres Civic League partnered with Granby Elementary School to beautify their grounds and work on their student vegetable garden. Volunteers from SACL, LEAP Norfolk, Girl Scouts, and the Navy cleaned and prepped 5 raised vegetable garden beds, cleaned ground areas near the vegetable garden to enlarge the school's gardening program, weeded and mulched shrub areas, replenished sand play areas and sandbox, spread mulch around playground areas, picked up litter and did a general cleanup, and planted an Eastern Redbud tree.



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Norfolk City School Board Announces Superintendent Search

The Norfolk City School Board will begin the superintendent search process by seeking public input on qualifications for a new superintendent.

The School Board has created a survey for superintendent criteria, available at www.surveymonkey.com/r/NorfolkSupt and will be made available on the school division's home page. Hard copies of the survey also will be made available at the Central Administration Building (800 E. City Hall Avenue, Norfolk, 23510), every school in the division, public libraries, and other outlets throughout the city that will be announced.

In addition to the survey, the board will hold four public hearings and two "chat and chew" sessions to receive input. The first public hearing is May 20, 2015 at 6:00 pm, Central Administration Building, 12th Floor, 800 E. City Hall Avenue. This hearing will be held prior to the Board's regular monthly meeting scheduled for 7 pm. Speakers are asked to sign up in advance by calling the Clerk of the Board at 628-3994 or by email at schoolboard@npsk12.com. Speakers may sign up at the hearing until 6:30 pm.

Other public input sessions include a Chat & Chew session on Tuesday June 2 at noon at the Norfolk Technical Center, 1330 N. Military Highway; a public hearing on June 3, 7 pm at Norview High School, 6501 Chesapeake Blvd.; a public hearing on June 4, 1:00 pm at the Berkley - Campostella Early Childhood Center, 1530 Cypress Street; a public hearing on June 6, 10:00 am at the Academy for Discovery at Lakewood, 1701 Alsace Avenue; and a Chat & Chew session on Tuesday, June 9 at noon at the Norfolk Technical Center.

-Norfolk Public Schools

Green continued from page 6

adverse effects on children, pets, pollinators, wildlife, and waterways. Always read and follow label directions – and never use more than the recommended amount. A green alternative to herbicides for the lawn is a product made out of corn gluten, which keeps weeds from germinating. This product can be found at garden centers, where they can tell you the right way to apply it.

Talk to your lawn care company. Make sure they follow these measures when taking care of your lawn. Not all companies are certified under the Virginia Water Quality Agreement Program. If your company isn't, then it's up to you to make sure they "do no harm" to our children and pets, and the environment.

Karen Mayne can be reached at 757-587-1287 or at KarenLMayne@aol.com

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The Wellness Column

Presented by Dr. Brad Robinson

Chiropractic & Motor Vehicle Collisions

A common result of car accidents, whiplash is an umbrella term for injuries caused by sudden flexion followed by extension of the neck. Researchers have found this chain of events triggers a complex set of distortions throughout the spine. Most cases of whiplash occur at vehicle speeds below 14 (fourteen) miles per hour.

Whiplash often forces spinal bones (vertebrae) of the neck out of alignment. These misalignments, called vertebral subluxations, interfere with nerves that radiate from the spinal cord. Dr. Robinson detects and corrects vertebral subluxations with precise and gentle chiropractic adjustments, which relieve spinal stress.

Research shows chiropractic is a proven therapy for whiplash, and is particularly effective in alleviating pain and improving range of motion.

It is important to be checked by a chiropractor after a motor vehicle accident for two reasons:

First, it is essential to identify all injuries before settling with insurance companies. The effects of whiplash are not always evident right away, so a prompt chiropractic exam is crucial to avoid paying out of pocket for debilitating symptoms that may emerge later.

Secondly, evidence shows prompt care is more effective than delayed care for whiplash.



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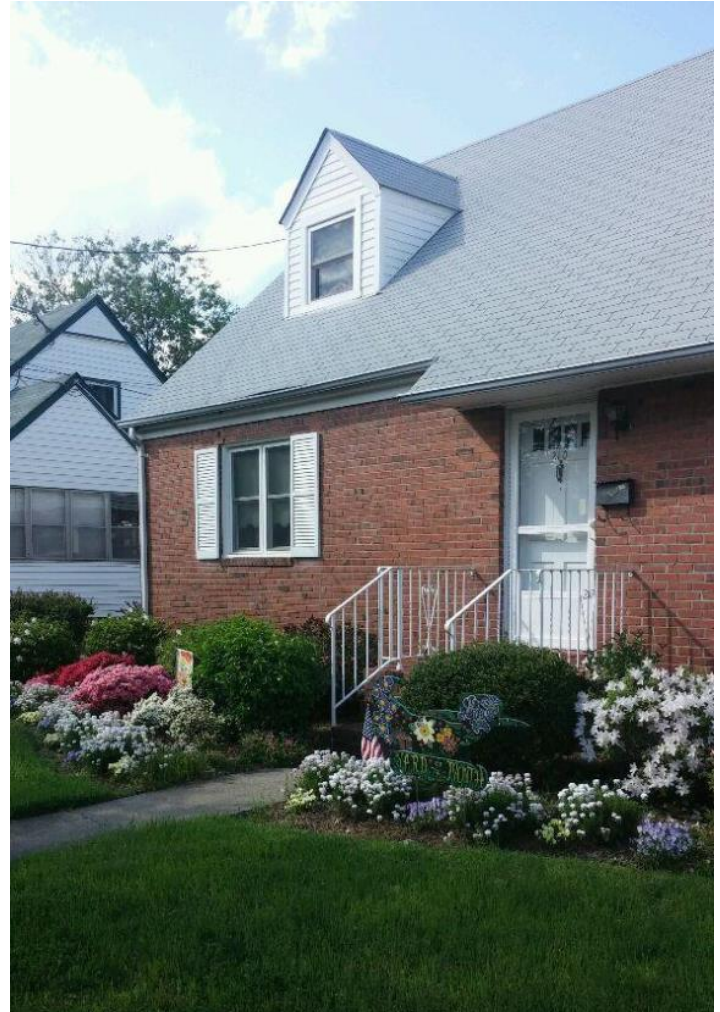
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VISIT US: MON-FRI 9 AM - 9 PM
SAT 8 AM - 7 PM, SUN 10 AM - 6 PM



**Flora, the Suburban Acres
Yard-of-the-Month Mermaid,
returns!**

For Flora's inaugural trip through the neighborhood for 2015 she selected the home of Bessie Peris at 210 Thole Street as the April, 2015 Yard of the Month... *Congratulations, Bessie!*



**Norfolk Commissioner's and Sheriff's
Community Day**

Friday May 22, 9 am - 3 pm

Lakewood Park, 1612 Willow Wood Dr.

Personal Property Taxes: The Personal Property bills for vehicles will be mailed out the first week of May. If you feel your tax assessment is too high, please joining us for this event for a "drive through" assessment. The value can be adjusted based on body and interior damage, or high mileage.

The Norfolk Sheriff's Office will provide Safety Print Identification Cards for children age 0 to 15 and seniors over age 55, including photograph and fingerprint.

For more information visit:

www.norfolk.gov/revenue

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Sheriff Robert McCabe
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Word Search

To celebrate our entry into summer, find all of the types of **FLOWERS** hidden in the grid. Words may be hidden in any direction.

ASTER	LILLY
CARNATION	MARIGOLD
CLEMATIS	ORCHID
DAFFODIL	PETUNIA
DAISY	ROSE
FUCHSIA	SNAPDRAGON
GERANIUM	SUNFLOWER
HOLLYHOCKS	TULIP
IRIS	VIOLET
LILAC	

R M G C A L I L L D S M S
 L A N E T R A L A I K L D
 A R N F R S C F R R C L A
 L I I O T A F I E T O R I
 A G N E G O N W T D H F S
 I O R U D A O I I U Y S Y
 S L Y I T L R H U O L U E
 H D L L F E C D T M L I A
 C N I N I R P D P S O I P
 U Y U K O L R S R A H L E
 F S C A R N A T I O N C S
 L V I O L E T O Y P A S O
 S I T A M E L C F E A C R

ANNOUNCEMENTS

ODU Research study on Communicating Nuisance Flooding. Volunteers (18 years and older) are sought to participate in a study on how drivers respond to flooded roads. One-on-one interviews between May 18 and June 5 (exact day and time to be scheduled individually), 60 minute focus group in June (day/time to be determined) on the ODU campus. Participants will receive Amazon gift cards. Fill out a short questionnaire at : <https://odu.co1.qualtrics.com>. Contact Dr. Michelle Covi, mcovi@odu.edu for info.

Expanded program for the 11th year of Club Sandwich, Wesley Memorial Church's after school and summer program at 288 East Little Creek Road. Students 7-18 may attend June 22-August 28, 11:30-2:30, Mon.-Fri. and receive free lunches. A limited number of students will be able to choose from new

programs including hip hop dance, Chihuly arts and crafts with a visit to see glass blowing at the Chrysler Museum, computer training, and literacy training through journal writing and a book club. For applications contact Joann McClung at 587-2996.

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We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!

Suburban Acres Civic League Membership Form 2015

☐ Individual \$ 5.00 ☐ Family \$ 10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Mary Ann Grogan, Treasurer, Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509. **And thank you for your support!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping
Friday May 1 &
June 5



Recycling Pick Up (Blue Bins)
May 7 & 21; June 4 & 18

May 11 Suburban Acres Civic League Meeting... doors open at 6 pm, meeting at 6:30, Suburban Park Elementary.

May 14 Norfolk Federation of Civic Leagues, 7 pm, Lake Wright Hospital cafeteria, 1309 Kempsville Rd.

MAY 16 Adopt-a-Spot Cleanup 9 am, Suburban Park Elementary School, tools, gloves, refreshments provided.

NORFOLK PUBLIC SCHOOLS DATES TO REMEMBER:

MAY 22 Informal Progress (ES) evals for middle & high schools

MAY 25-Memorial Day Holiday

Got your float started yet?
Annual Suburban acres 4th of July Parade and Picnic SAT July 4th



YOUR BIN COUNTS!

Suburban Acres Civic League earns EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) points based on our recycling RATE. Put out the bin!

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Meeting Minutes *continued from page 2* Announcements

- Next meeting is Monday 11 May 2015 at 6:30pm. Casey Shaw of the Elizabeth River Project and columnist Vivian Paige are the speakers.
- Great American Clean-up is 9 am Saturday 18 April at Granby Elementary.
- Prayers and wishes to James White

Meeting adjourned at 7:55 pm.

Respectfully submitted,
Diane Ruhl, Secretary