

burban Newsletter of the Suburban Acres Civic League

NOVEMBER MEETING Monday NOV 10

Doors open at 5:30 pm for flu shot clinic Meeting at 6:30 pm **Suburban Park Elementary School** Meeting Program: Norfolk Fire-Rescue 50/50 Raffle Door Prize Dickens Christmas **Towne Tickets**

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Open houses, meetings in November to present new FEMA flood maps...

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- 10 Yard of the Month

Events.

Announcements, Membership Form, **Word Search**

Neighborhood Calendar Suburban Help

Civic League cited for Best Overall Neighborhood in Norfolk

Suburban Acres and its surrounds is the best neighborhood in the city-at least for 2014. Suburban Acres Civic League was presented the COOL (Civic Opportunity and Outstanding Leadership) Award for Best Overall Neighborhood on September 20th at the Norfolk Neighborhood Expo by the city's Department of Neighborhood Development.

The COOL Awards were created in 2010 to recognize civic leagues and other groups that are improving the condition of their neighborhoods through grassroots efforts.

The city's criteria for the awards include: residents working together as volunteers to improve the community; encouraging individual and community responsibility for the neighborhood; increasing awareness of the importance of enhancing the quality of life in Norfolk through neighborhood programs, events or projects; and the promotion of neighborhood unity,

communication, interaction and cooperation.

Winners in other categories for 2014 are Jessy's Tienda y Taqueria (3201 East Ocean View Ave.) in the Best Small Business category. Lindenwood - Cottage Heights - Barraud Park Youth Board for the Best Youth Participation Award category, and the Pinewell neighborhood for the Healthy Neighborhood Award category.

The Suburban Acres Civic League was hailed for the partnerships it has developed with city government, neighborhood schools, and area businesses as well as its web site and newsletter communications. The league was recognized for its enduring programs like the annual July 4th parade and picnic, EARNN and other environmental programs, and active support by residents for Suburban Park Elementary School.

-The Suburban



Middle school students from Norfolk Collegiate helped with the Granby Park Neighborhood Gateway project on October 15 as a Service Day project for their class—see story on page 9.

SPECIAL 'DOORS-OPEN' TIME OF 5:30 PM FOR NOV.10 SACL MEETING Neighborhood Flu Shot Clinic provided by Wards Corner Farm Fresh Pharmacy



No cash up front required; Farm Fresh will bill your Flu Shot insurance carrier.





NEIGHBORHOOD **CLEANUP SATURDAY** NOV. 15, 9 am

Join us for an hour or so to spruce up the school grounds and Caton Park. Refreshments, trash bags, & gloves provided. Meet corner of Galveston Blvd. & Thole St. at Suburban Park Elementary



Suburban Acres Civic League Officers

Kevin Janney, President 587-1616

saclpresident@gmail.com

Lori Cloud, Vice President 583-0250

saclvicepresident@gmail.com

Diane Ruhl, Secretary

531-9121

saclsecretary@gmail.com

Mary Ann Grogan, Treasurer 531-9121

sacItreasurer@gmail.com

Board of Directors

Susan Thornes 617-1635

Ingo Heidbrink 383-8553

David Moeller 587-5546

Phil Cary 583-8165

Newsletter/Communications Kevin Janney

jkjanney@verizon.net 587-1616

Newsletter Advertising suburbanacres@gmail.com

Newsletter Distribution Mary Verykoukis

587-1221

Community Resource Officer William T. Old, III

william.oldiii@norfolk.gov 823-4433

390-0392 cell

Police (Non Emergency)

441-5610

Code Enforcement

664-6532

Norfolk Cares

664-6510

Neighborhood Watch Coordinator - Phil Cary cdcary@cox.net 583-8165

EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) Coordinator Steve Collins

416-4911

Military Family Coordinator Susan Thornes

suzyqqqq@cox.net 617-1635

Visit our website at www.suburban23505.com

Suburban Acres Civic League Meeting Minutes for October 13, 2014

Meeting called to order by President Kevin Janney at 6:30 pm at Suburban Park Elementary. There were 27 members and family, and 4 visitors at the meeting.

Pledge of Allegiance

Minutes from the September 9th meeting approved without correction.

Immediate past president Tim Fox was introduced and welcomed as a special guest. Voting instructions were given for the Crock Pot Cook-Off Contest.

Community Resource Officer Report – Officer William Old, III. Officer Old reported ten incidents since the last meeting, most in the vicinity of Cromwell house and Kenmore Drive. Officer Old mentioned that lots of attention had been given to an apartment complex at the end of Diven Street which is a military complex for E4 and up off Terminal Blvd. near the naval station. He also asked if anyone had a young white male come to their door asking to cut grass. Several members had and identified him by first name Charles and his cousin Joe. Officer Old didn't recognize him so talked with him. One member confirmed that the young man cut her grass.

Member concerns included speeding on Thole and Virginian and phishing scam which targets elderly people. Officer Old promised to look into these complaints.

Officer Old confessed that he is growing a goatee for a contest to benefit Special Olympics.

Guest Speaker - Dennis Gronka, Citizens for an Elected School Board

Dennis Gronka addressed the membership in support of the initiative to move to an elected school board. He spoke at length on need for improvement in Norfolk Public Schools. He also distributed a flyer detailing the advantages of having elected school board members and asked for volunteers to hand out cards at polling places encouraging people to vote in favor of this change. **Guest Speaker –** Suzanne Patrick, Congressional Candidate

Suzanne, the Democratic candidate for Virginia's 2nd Congressional District spoke. She is a retired Navy Commander who talked about her background and what she would do when elected. Her emphasis was improving infrastructure in this area because of its economic importance locally, nationally, and globally. She also discussed her opponent, Scott Rigell's performance as the incumbent, saying he did not represent women, the military, this area's interests or family values. She took questions from the membership about the committees on which she wanted to serve, Affordable Care, and the concept of a balanced budget.

Committee Reports -

Committee Reports were brief because Secretary Diane Ruhl and Treasurer Mary Ann Grogan are out of town and Liaison to the Greater Wards Corner / Task Force Karen Mayne has a broken leg. President Janney made several announcements:

- October 21 The Wards Corner Business Association will meet at Farm Fresh at 8:30 am.
 They will be seeking volunteer for Keep America Beautiful.
- October 15 Norfolk Collegiate students will be working on the Granby Park median. Civic League members are invited to help.
- October 14 Voter registration de4adline for the November 4 General Election
- Dave Hunter (Honda of Norfolk) said that he will collect electronics and tires for recycling.

Old Business -

President Kevin Janney announced that a Nominating Committee was in the process of preparing a slate of officers for the Civic League. He asked anyone who would like to be considered for a position to contact him.

New Business -

Sarah Richman, a Cadet Girl Scout who lives on Galveston Street is working on a project to place an educational sign with information about the marsh/wetlands at the end of her street. She asked if anyone had old pictures of the marsh to include in a before and after visual display on the planned sign.

Announcements

- David Moeller announced that there would be a Pumpkin competition between Norfolk and Portsmouth. He encouraged us to bring pumpkins to Nauticus.
- Door prizes were awarded, including 4 tickets to Nauticus, 4 tickets to the Battleship Wisconsin Haunted Ship event, and a bag of Norfolk "propaganda."
- Adopt-a-Spot to be held in November, date to be announced.

The crockpot contest was won by Susan Thorne whose Lasagna was superb! Susan Winstin took second place with jambalaya. Wal-Mart gift cards were awarded as prizes.

Meeting adjourned at 8:10 pm.

Respectfully submitted, Susan Winstin

Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509

Civic League and Community News www.suburban23505.com

Updated flood maps to be presented to residents

The City of Norfolk received the new coastal study of the Flood Insurance Rate Maps (FIRM) and Flood Insurance Study (FIS) from FEMA in August. According to an August 14th letter from FEMA, these updated versions of the FIRM and FIS incorporate updated flood hazard information from the Chesapeake Bay, Mason Creek, other estuaries, and all areas of the city subject to tidal flooding. These new maps are part of an effort to make the maps more reflective of flood potential in the city.

A public meeting will be held by FEMA with City staff in November. At the November 19th open house you can find your property on preliminary flood maps and learn your flood risk, get answers to your questions from city and FEMA representatives, and learn about flood insur-

ance options from insurance specialists. City staff is hosting four additional open houses/public meetings on December 4th at the Lamberts Point Recreation Center, December 15th at the Mary Pretlow Anchor Branch Library, January 6 at the Southside Aquatics Center, and January 7 at the Norview Recreation Center. All public meetings start at 6 pm and will run to 7:45 pm.

Digital copies of the FIRM panels, FIS study materials, and the database used are posted on FEMA's Map Service Center's

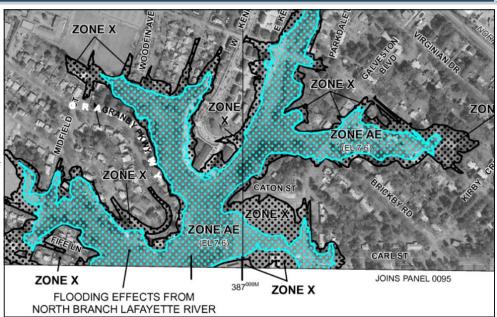




BARCLAY C. WINN
COUNCILMAN

SUITE 1006, CITY HALL BUILDING NORFOLK, VIRGINIA 23510 Office (757) 494-1400 Cell (757) 636-3434 Fax (757) 494-1217

E-MAIL: barclay.winn@norfolk.gov



web site at www.fema.gov/prelminaryfloodhazarddata. FEMA also has an interactive map of the area searchable by address at http://maps.riskmap3.com/VA/NorfolkCity/

For additional questions citizens can contact the Planning Department at 664-4752.

-The Suburban





Any compliments or concerns, please contact Bryan at 552-0000, Ext. 207.

Civic League and Community News

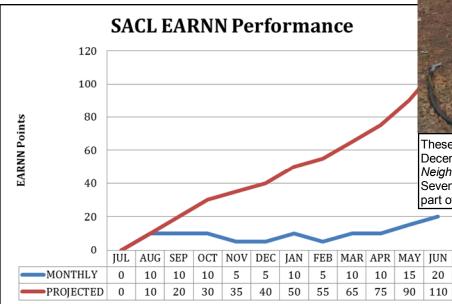
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OCTOBER POINTS (10): SACL EARNN'ed 10 points in October by meeting our STAR home (RiverStar and BayStar Homes) sign up goal (27 new homes) and participating in the "NeighborWoods" tree planting (11 trees). A potential Youth Engagement project was initiated as 49 Norfolk Collegiate Middle School students removed the grass from the Granby Park entrance median. Awesome work; we have pictures. SACL has EARNN'ed 30 points year-to-date toward our 100 PTS goal.

MONTHLY POINTS GOALS (See chart): NOVEMBER: SACL plans to EARNN 5 points in November for our 4th Environmental Article. Come out for our Second Adopt-a-Spot Clean Up on November 16. We will continue to improve the Granby Park entrance median with mulch for weed control on November 15. DECEMBER: Recycling PERKS sign ups (5). JANUARY: Electronics Collection (5), EARNN Presentation (5).

You can help SACL stay on our plan – EARNN'ing 10 PTS each month by 1) Setting out your Recycle Bin every other week, 2) Becoming a STAR



These trees, and a few others to be delivered in December, were provided to SACL as a

These trees, and a few others to be delivered in December, were provided to SACL as a *NeighborWoods* grant from Keep Norfolk Beautiful. Seven Suburban Acres neighbors requested trees as part of the program.

home, 3) Signing up for PERK Recycling Rewards, and 4) Participating in the upcoming Quarterly Adopt-A-Spot on November 15th.

For EARNN questions contact Steve at 416-4911 and or scollins4@cox.net

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Suzanne Patrick, the Democratic candidate for Virginia's 2nd Congressional District, was a guest speaker at the October 13, 2014 Suburban Acres Civic League meeting.

Litter Prevention Note

Please encourage neighbors to pick up the litter in the street in front of their homes. Help those residents nearby that may have limited mobility.

Be attentive to Thursday night and Sunday morning when trash collection over flow and passing motorists contribute to the litter problem.

Suburban Parkway, Virginian Drive, and East Kenmore, Thole, and Midfield streets tend to have the biggest issues from passing motorists.

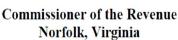
THANK YOU to those that pick up trash during your frequent Your efforts appreciated by the residents of Suburban Acres.

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SIGN UP FOR

Suburban Acres Civic League earns EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) points for increases in residents signed up for Recycling Perks.

Recycling Perks help you save money and provides discounts on entertainment and leisure activities. Rewards are offered by local businesses as you earn points for putting your blue bin out every two weeks.



3 Easy Steps...

- 1. Sign up at www.recyclingperks.com
- 2. Recycle, and put out your blue bin every 2 weeks on collection day. An RFID tag on your bin is scanned and your points add up.
- 3. Live it up...with your rewards.



YOUR BIN COUNTS!

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Norfolk CrimeView statistics Suburban Acres, October 1-31, 2014

CRIME TYPE DESCRIPTION	ADDRESS	DATE/TIME/DAY	INCIDENT#				
SHOPLIFTING AND CONCEALMENT	7500 BLOCK GRANBY ST	10/01/2014 20:15 WED	141001000114				
LARCENY (ALL OTHERS)	100 BLOCK CROMWELL PKWY	10/02/2014 08:00 THUR	141005000026				
LARCENY (ALL OTHERS)	100 BLOCK CROMWELL PKWY	10/03/2014 23:24 FRI	141004000071				
VANDALISM	100 BLOCK FORSYTHE ST	10/06/2014 20:00 MON	141007000112				
AGGRAVATED ASSAULT Bollingbrook	100 BLOCK FILBERT ST	10/07/2014 12:30 TUES	141007000101				
STOLEN VEHICLE	300 BLOCK THOLE ST	10/14/2014 17:13 TUES	141014000096				
SIMPLE ASSAULT	100 BLOCK SUBURBAN PKWY	10/18/2014 13:00 SAT	141018000051				
ROBBERY-INDIVIDUAL	100 BLOCK CROMWELL PKWY	10/19/2014 12:46 SUN	141019000038				
RAPE	7400 BLOCK W KENMORE DR	10/26/2014 16:00 SUN	141027000003				
TOTAL INCIDENTS: 9							

Neighborhood Watch Report

Just a word of advice for everyone with a bike. It's a good idea to record the make, model, year and serial number of your bike along with a picture. If your bike is stolen, you can give the police that information to identify it, and you'll need the information to get it back from the city impound lot if it is recovered.

Better yet, register your bike with the city - it's free and will make it even easier for the police to call you if they recover a stolen bike. Here is the information from on how to obtain a bike decal. The 3rd Patrol Division is the registration location closest to us – it is in the business park south of Wal-Mart.

Individuals residing in the City of Norfolk may register and obtain a Bike Registration Decal by taking the bicycle to one of the locations listed below during normal business hours and completing the required registration application. Once obtained

the decal must be affixed to the bicycle as set forth in City Code Section 25-380.

The bicycle being registered must be present in order for an officer to verify the serial number.

Registration Locations

- Police Operations Center, 3661 E. Virginia Beach Blvd., 664-
- 2nd Patrol Division, 2500 N Military Hwy., 664-6900
- 3rd Patrol Division, 901 Asbury Ave., 823-4433
- ODU Police Department, 4516 Monarch Way, 683-4000 Neighborhood Watch issues, questions, or concerns?

Neighborhood Watch Coordinator Phil Cary can be reached at cdcary@cox.net or 583-8165 or visit our web site at

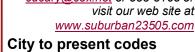
WARNING

ALL SUSPICIOUS PERSONS AND ACTIVITIES

ARE IMMEDIATELY REPORTED TO

OUR POLICE DEPARTMENT

NEIGHBORHOOD WATCH



workshop Nov. 17

The City of Norfolk presents a Landlord Resources Workshop, Monday November 17 at the Workforce Development Center, 201 E. Little Creek Rd from 10 am to noon. The workshop is appropriate for Code Inspectors, Property Management, Landlords, Housing Advocates. Renters. Homeowners, Realtors/Agents, Community Resource Officers, and Fire Fighters. Presenters are Halima Arias from Norfolk's Impact Call Center, and Sherry Johnson from Neighborhood Quality. For info and to RSVP by Nov. 14 contact Ms. Denise Wilson at denise.wilson@norfolk.gov or 664-6782.

-The Suburban





Holiday Open House

November 22-23

New Items & Special Discounts



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By Katie Cullipher

November 2014 - Get Ready for Winter!

The warmer temperatures of late may be nice, but are you ready for the winter weather that's lurking around the corner? Here are some tips to help you prepare for what's ahead this winter season.

Protect your water pipes. Insulate exposed pipes and replace any wet insulation; wrap outside faucets and keep the wrapping dry; eliminate drafts by caulking around cracks, vents, windows or doors near your pipes. When temperatures are in the teens and 20s for several days, keep the sink cabinet doors on exterior walls open and let their spigots drip slowly during the night. Using a little water overnight is cheaper than calling in a plumber to repair burst pipes. And make sure you know where your house water shut-off is outside in case a pipe does burst.

If you heat with a fireplace or wood stove: Have a professional check it, especially if it has been a long time since the last cleaning. Creosote residue can build up and catch fire.

Use space heaters safely. Never plug them into extension cords; plug into wall outlets. Keep space heaters at least three feet from other objects, and turn off before going to bed.

Get where you need to be before the weather gets bad or stay home. It's always best to stay off roads during winter storms. Most traffic crashes happen within the first two hours after a storm starts. Get road conditions by calling 511 or visiting www.511Virginia.org.

Stay informed during power outages. Be sure you have a battery-powered and/or hand-crank radio (and extra batteries). Get one with the NOAA Weather Radio band so you can hear winter weather reports directly from the National Weather Service as well as local radio stations. These are available at electronics, discount and sporting goods stores, and on-line from many retail outlets. Models are available for those with special needs.

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Stock up on food supplies. Winter storms can cause lengthy power outages just like hurricanes. Make sure you have enough non-refrigerated food and water to last several days.

Don't use candles during power outages. Many home fires in winter are caused by candles. Flashlights and LED lanterns are much safer. Be sure to have plenty of extra batteries.

Most importantly – You need a family emergency plan. If your family cannot return home because of severe weather or closed roads, you need to decide now on where you will meet to

reunite. You also need an out-of-town relative or friend to be your family emergency contact.

For more winter preparedness tips before, during, and after extreme cold, check out ReadyHamptonRoads.org.

Guest columnist Katie Cullipher is the Senior Environmental Education Planner for the Hampton Roads Planning District Commission. This article first appeared in the environmental e-newsletter of the Hampton Roads Planning District Commission in December 2012. You can sign up for e-mails to follow their bloggers at www.askHRGreen.org

Regular 'Green' columnist Karen Mayne can be reached at 757-587-1287 or at KarenLMayne@aol.com





-Raised panel & custom Wood -Steel carriage house

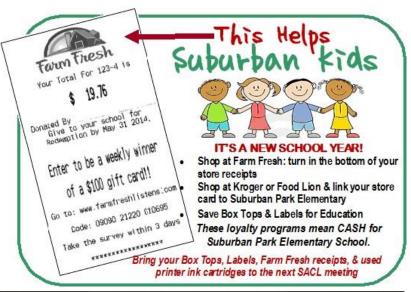
-Door openers -Service and repair

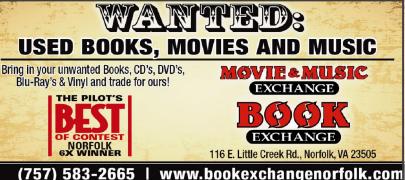
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Naval Station Transit Extension Study moves along

Hampton Roads Transit and the City of Norfolk are in the final phases of the early corridor planning process for a possible high capacity transit extension to Naval Station Norfolk. The work will define potential routes and transit modes in Norfolk that will link The Tide light rail system with the Navy base.

The findings will be studied in more detail in a formal Federal environmental review process scheduled to begin in mid-2015.

A series of public workshops have been held over the past 18 months to gather the public's thoughts and ideas on the need for the project and the best potential corridors to meet that need. The results of those workshops produced a wide range of possible routes that have been evaluated against technical feasibility.

The routes have been narrowed down to include those most preferred by the public and those most technically sound. Meetings were held in October to share the results of that work and to gain further public input that will lead to a final recommendation to the Norfolk City Council.

Citizens who missed workshops can still comment at HRT's public comment page at http://www.gohrt.com/ nsntes/nsntes-contact-comment/.

-Hampton Roads Transit and Norfolk Communications Division



The Wellness Column

Presented by Dr. Brad Robinson

The Latest on Exercise and Depression

A growing body of research show that exercise is extremely effective in combatting depression...and it's effective no matter who you are or how you exercise. Studies indicate that: 1) almost all types of exercise are equally effective, and 2) exercise fights depression in all life stages, from childhood—to pregnancy—to old age.

Clinical depression will affect about 7 to 18 percent of the population at least once in their lives.

Evidence suggests exercise improves depression symptoms because it:

- ♦ Positively affects levels of certain mood-enhancing neurotransmitters in the brain.
- ♦ Boosts feel-good endorphins, while reducing levels of the stress hormone cortisol.
- ♦ Releases tension in muscles, and improves sleep.
- ♦ Bolsters self esteem.

Dr. Robinson is thrilled about these research results, which confirm what doctors of chiropractic have been advocating for years: even a small amount of exercise can make a huge difference.

Remember to consult with your chiropractor or physician if you haven't exercised in some time. Here are some tips to get started: Choose an activity you enjoy, start small, and exercise two to five times per week for at least thirty minutes.



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Norfolk Collegiate Service Day Oct. 15

Norfolk Collegiate students helped the neighborhood move one step closer to completing the new neighborhood gateway improvement project at Granby Park on October 15th.

The project involves resizing the median on Granby Park at Granby Street, eliminating a thin portion of the median that jutted out to form a turn lane; eliminating this 'jut' improved truck access into Norfolk Collegiate's Upper School and created a more symmetrical median border. The work also includes removal of a dying tree, installation of a new Norfolk



Norfolk Collegiate students work on new Granby Park neighborhood gateway project October 15th.

neighborhood sign, and landscaping.

Steve Collins spearheaded the project and is serving as project coordinator. The city neighborhood development department coordinated Federal funds for the project, and an environmental survey, as well as funding for a new neighborhood sign. The civic league is responsible for landscaping.

The median resizing, street repaving, and tree removal was accomplished earlier this year.

Fifty Norfolk Collegiate students removed the turf from the median on October 15th to prepare the median for new plantings.

The project is possible through Norfolk's N.I.C.E. (Neighbors Initiating Community Enhancements) Block! Program, a joint



GREGORY D. UNDERWOOD Norfolk Commonwealth's Attorney

Suite 600 Telephone (757) 664-4835 800 E. City Hall Ave. FAX (757) 664-4445 Norfolk, Virginia 23510 gregory.underwood@norfolk.gov http://www.norfolk.gov/commatty

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effort between residents and city staff to identify feasible improvements using Capital Improvement Project (CIP) funding.

This was a great effort to improve interaction between the neighborhood and Norfolk Collegiate, and supported Collegiate's middle school students with their service day requirements. The students also built food boxes for a local charity as part of their service day.

The city is working with a contractor to produce the new neighborhood sign.

-The Suburban





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Veterans Affairs Commission Hosts **Annual Veterans Day Ceremony**

The Mayor's Advisory Commission on Veterans Affairs will host the city's annual Veterans Day Ceremony, Tuesday November 11, 2014 at 2:00 p.m. at the MacArthur Memorial Visitors Center.

Admiral Joseph Prueher, USN (Ret.) will serve as the guest speaker. ADM Prueher served as Commandant, U.S. Naval Academy, Commander, U.S. Sixth Fleet, Vice Chief of Naval Operations and Commander-in-Chief, Pacific Command. He also served as the China Ambassador and is currently the Vice Chairman of the National Committee on U.S.-China Relations.

Representatives from several American Legion posts and military organizations will also attend.

-Norfolk Division of Communications

City offices to close for Veterans Day

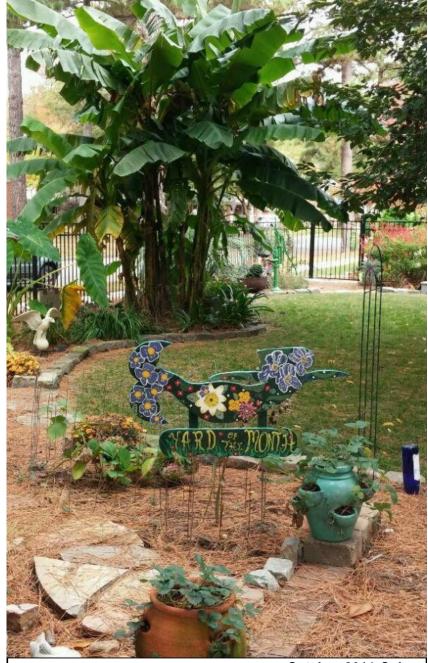
The City of Norfolk's government offices, including City Hall, will be closed on Tuesday, November 11, 2014 in observance of Veterans Day. The closure includes the offices of the Commissioner of the Revenue and the City Treasurer. Offices will reopen at normal business hours on Wednesday, November 12. 2014.

Circuit Court. General District Court, and Juvenile and Domestic Relations Court will also be closed on Tuesday, November 11, 2014. All Recreation, Parks & Open Space facilities will be closed Tuesday, November 11, 2014. Norfolk's cemeteries will be open for Veteran's Day events providing residents an opportunity honor our nation's veterans. Norfolk cemeteries staff will be on call to assist residents as needed. Libraries will be closed on Tuesday, November 11, 2014.

There will be normal trash collection on Tuesday, November 11, 2014 and the HHW & E-Waste facility will be open. The Division of Waste Management's administrative offices will be closed. Requests for bulk waste collection must be made before 3:00 p.m. on Monday, November 10, 2014 by calling The Norfolk Cares IMPACT Center at (757) 441-5813 or by filling out a request online at http:// www.norfolk.gov/requesttracker.aspx.

The Division of Towing and Recovery, located at 1188-A Lance Road, accepts electronic waste and paper for shredding 24-hours and seven days a week. For more information, please visit www.norfolk.gov.

-Norfolk Division of Communications



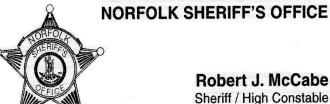
Congratulations, Ron and Teresa Geer, for earning October 2014 Suburban Acres Yard of the Month honors! Flora, the Suburban Acres Mermaid, was impressed by the colorful landscape at 501 Suburban Pkwy. Enjoy the envy of your neighbors and the month-long visit from Flora! See past Yard-of-the-Month winners at www.suburban23505.com.



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Robert J. McCabe Sheriff / High Constable

Robert J. McCabe, Sheriff 811 E. City Hall Avenue Norfolk, VA 23510

Office: (757) 664-4713 Fax: (757) 441-2531 E-Mail: robert.mccabe@norfolk.gov Web Site: www.norfolksheriffsoffice.com



If you're not currently receiving updates via email from SACL send us a brief email to

let us know you'd like to be added to our distribution list! Birthdays? Anniversaries? Lost & found? Let us know!

Christmas Bazaar at St. Pius X Nov. 23, 9 am-1 pm. Homemade crafts, candies, baked goods, thrift shop, raffles. 7800 Halprin Dr. 588-6171 for more info.

Tidewater Art Alliance: Artists' Favorites Exhibition (Free & Open to the Public) Norfolk Collegiate Upper School, Meredith Center for the Arts, 7336 Granby Street. Saturdays through Dec. 13, 11 am to 1 pm. To schedule weekday tours during school hours, email cwright@norfolkcollegiate.org.

Fall Workshop on Renter's Rights & Responsibilities Saturday, Nov. 15th from 10:30 am-12:30 pm at the Mary D. Pretlow Anchor Branch Library in Ocean View. Free. For more information contact Denise M. Wilson, Neighborhood Development Specialist, Norfolk Department of Neighborhood Development, 664-6782.

Hellenic Woman's Club annual Bake Sale and Craft Fair, Dec. 12 & 13, 10 am-5 pm, Annunciation Greek Orthodox Church. Greek pastries, bread, spanakopita, handmade crafts. Greek lunch served 11 am-noon. 7220 Granby St. 440-0500 for more info.



Shout Out!

Good News About Our Neighbors

Wards Corner TowneBank branch manager and down-Granby Street Belvedere neighbor Anna Bowerman was visiting a local store when she heard Jay Carson talking about her miniature American Eskimo dog, Kyosho. Kyosho was having health issues and Jay didn't know where to turn.

As an animal lover, Anna referred Jay to a local vet clinic. Jay and Kyosho arrived to find Anna had already paid the bill. Anna also paid for Kyosho's next visit, including shots and chest x-rays.

Word got around about Anna's kindness, and whe was honored with a People Taking Action award by WTKR Channel 3.

-WTKR-TV and Towne Today newsletter



The November Word Search features word related to THANKSGIVING hidden in the grid. The words may be hidden in any direction.

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I	Ε	С	U	Α	S	Υ	R	R	Ε	В	Ν	Α	R	С
Ν	В	1	Α	Ε	Ν	1	G	Ν	R	С	Ν	Т	0	G
F	R	L	Р	G	Р	R	Т	Ε	М	D	С	F	U	N
R	Α	Н	Ν	Ν	G	1	W	U	I	U	F	Т	G	-
Α	Т	0	0	М	1	0	L	Ε	R	R	Т	Υ	Ε	R
Ε	1	L	Т	F	L	Κ	D	G	1	Κ	L	U	D	Ε
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Ε	Ν	D	Υ	Ε	Α	Α	Ν	М	М	1	Т	Υ	R	Т
Α	S	Α	Ε	М	Ε	D	S	Α	U	R	М	0	Α	A
L	М	Υ	S	I	S	U	F	Т	R	Р	В	S	Р	G

AUTUMN	FEAST	MEAL
CANDIED YAMS	FRIENDS	PARADE
CELEBRATION	GATHERING	PILGRIMS
CORNUCOPIA	HARVEST	PUMPKIN PIE
CRANBERRY SAUCE	HOLIDAY	STUFFING
FAMILY	MAYFLOWER	TURKEY



We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!

Suburban Acres Civic League Membership Form 20	14	4
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☐ Individual \$ 5.00 ☐ Family \$ 10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Jen McConnell-Hewitt, Treasurer, Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509. **And thank you for your support!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping Friday November 7 and December 5



Recycling Pick **Up** (Blue Bins) November 6 & 20: December 4 & 18

NOV 2 Daylight Savings Time Ends

NOV 10 Suburban Acres Civic League Meeting...doors open at 6 pm, meeting at 6:30, Suburban Park Elementary.

ANNUAL HOLIDAY FOOD **DRIVE FOR SUBURBAN** PARK STUDENTS. PLEASE BRING NON-PERISHABLE FOOD DO-NATIONS TO THE MEET-ING TO BE USED FOR **HOLIDAY FOOD** BASKETS.

NOV 13 Norfolk Federation of Civic Leagues, 7 pm, Lake Wright Hospital cafeteria, 1309 Kempsville Rd.

NOV 15 Adopt-a-Spot Cleanup, 9 am, meet corner of Galveston Blvd. & Thole St., Suburban Park Elementary.

NORFOLK PUBLIC SCHOOLS **DATES TO REMEMBER:**

NOV 11-Schools closed **NOV 14-Report Cards** NOV 26-Early release day (1:25 pm) at Suburban Park NOV 27-28 Schools closed DEC 22-JAN 5 Winter Break

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No	rve	ml	ber	2024		1
Daylight Savings Time Ends	3	2 pm Council Work Session Election Day	5	6	7	8
9	Civic League Meeting 6:30 pm	Veterans Day	12	7:00 pm Norfolk Federation Civic Leagues	14	Adopt A SPOT Adopt-a- Spot Cleanup No More Litter! 9 am
16	17	18	19	20	21	22
23	24	25 5 pm Council	26	27	28	29
30		Work Session 7 pm Council Formal Session		Thanksgiving Day		



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NORFOLK'S ONLY SELF SERVICE DOG WASH

Community Resources and Contacts

Suburban

Norfolk Commissioner of the Revenue

664-7860

Norfolk Treasurer

664-7800

Animal Control, Lost & Found Animals

441-5505

Norfolk Public Works

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks

823-4050

E-waste recycling (household electronics)

Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators)

Free to Norfolk residents at waste management facility: 1176 Pineridge Road

MON-SAT 10 am-2 pm

For complete list of recyclable e-waste items call 441-5813

Commonwealths Attorney's Community Collaboration Center (Wards Corner) 823-4333

Virginia Office of Consumer Affairs (investigation of consumer complaints) 1-800-552-9963

Five Points Community Farm Market, 2500 Church Street 640-0300

Norfolk Public Libraries

664-7328

Norfolk Neighborhood Design & Resource Center

664-6770

PRIME PLUS Norfolk Senior Center, 7300 Newport Ave 625-5857 Norfolk Cares...City services, citizen complaints & concerns Mon-Fri. 8 am-6 pm, 664-6510

Norfolk Department of Utilities **Customer Service**

664-6700

Emergency-Water Main Breaks & Sewer Leaks 823-1000

Miss Utility (Call Before You Dig) 1-800-552-7001