

FEBRUARY MEETING Monday February 10

Doors open at 6 pm Meeting at 6:30 pm Suburban Park Elementary School Special Guests:

Andy Kleeger Jackson Hewitt Tax Svc.

Willie C. Randall Democratic Candidate for 100th House of Delegates

Inside this Issue

Randall Democratic House of Delegates candidate after Feb. 1 primary...

Page 3

Group lobbies for property tax relief for seniors

Page 4

Norfolk Public Schools snow make up schedule...

Page 5

and...

- 2 Civic League Officers and Contacts
- 3-7 Civic League and Community News
- 6 Crimeview statistics
- 8 Suburban Acres Green
- 9 The Wellness Column
- 10 Announcements

Events.

11 Membership Form, Word Search

Neighborhood

12 Calendar Suburban Help

Newsletter of the Suburban Acres Civic League

From the President by Kevin Janney

So what's in a neighborhood? You are!

And there is a lot going on, or coming up, that will impact us either as individuals or as a neighborhood. I hope you find 'news you can use' in this edition of *The Suburban*.

The opening of Harris Teeter and other shops at K & K Square this month...a growing movement to convince the city to restore property tax relief for seniors and the disabled...a February 18th rally to bring mail processing back to Church Street Station—and faster mail service to all of us...and yet another special election, this time to fill former Delegate Lynwood Lewis's seat in the 100th House of Delegates District on February 25th.

And we have an Adopt-a-Spot neighborhood cleanup on Saturday morning Feb. 22nd.

These quarterly cleanups help keep the neighborhood looking good, and earn us EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) points.

Please join us for our meeting on February 10th. We will have at least one of the candidates for the special election...Democratic candidate Willie C. Randall. As of *The Suburban's* press time, the Republican candidate has not yet been decided, and neither of the two primary candidates have responded to my calls.

We'll also have Andy "The Tax Man" Kleeger from Jackson Hewitt, so bring all your tax questions. And a check or some cash for your 2014 dues (\$5 individual, \$10 family) and for the fifty-fifty raffle.

make enjoying your neighbors...and neighborhood...part of your the winter doldrums escape plan!

Hope to see you in February,

Kevin



WardsCornerNow.com photo.

Harris Teeter, other stores open this month

K & K Square celebrates the grand opening of its anchor tenant, Harris Teeter, on Wednesday February 19th. Danna Jones, Harris Teeter Corporate Communications Specialist at the grocer's head-quarters in Matthews, NC confirmed the grand opening, and an 8 am ribbon cutting.

According to WardsCornerNow.com developer Chris Perry said Starbuck's, Subway, Sleepy's, and Albano's Cleaners will also open on the 19th.

Harris Teeter was recently acquired by the Kroger Company, but both companies will likely stay put in Wards Corner competing under the two separate banners. A January 30 Virginian Pilot article quoted Kroger officials as having no plans "to close any stores at this time."

Harris Teeter will operate as a subsidiary of the 2,641 supermarketchain, the country's largest. Only eight Kroger stores are in Hampton Roads. HT has 12 stores in Eastern Virginia and one on the Outer Banks of North Carolina.

-The Suburban



NEIGHBORHOOD CLEANUP

Feb. 22 9 am
Meet corner of
Galveston Blvd. &
Thole St. (Suburban
Park Elementary)
Refreshments, trash
bags, gloves provided.





Suburban Acres Civic League Officers

Kevin Janney, President 587-1616

saclpresident@gmail.com

Lori Cloud, Vice President 583-0250

saclvicepresident@gmail.com

Diane Ruhl, Secretary 531-9121

saclsecretary@gmail.com

Jennifer McConnell-Hewitt, Treasurer 480-0839

sacltreasurer@gmail.com

Board of Directors

Susan Thornes 617-1635 Ingo Heidbrink 383-8553 David Moeller 587-5546

Phil Cary 583-8165

Newsletter/Communications Kevin Janney

jkjanney@verizon.net 587-1616

Newsletter Advertising suburbanacres@gmail.com

Newsletter Distribution Mary Verykoukis 587-1221

Community Resource Officer
Josh White Justin Berry

josh.white@norfolk.gov justin.berry@norfolk.gov 613-3296

Police (Non Emergency) 441-5610

Code Enforcement 664-6532

Norfolk Cares 664-6510

Neighborhood Watch Coordinator - Phil Cary cdcary@cox.net 583-8165

EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) Coordinator Marsha Lockard

343-2382

Military Family Coordinator Susan Thornes Suzyqqqq@cox.net 617-1635

Visit our website at www.suburban23505.com

Suburban Acres Civic League Meeting Minutes for January 13, 2014

Meeting called to order by President Kevin Janney at 6:35 pm with 34 members and visitors in attendance.

Pledge of Allegiance

December minutes approved without additions or corrections.

Community Resource Officer Report— Officers Justin Berry & Josh White

Officer Davis has moved onto another job in the area and Officer's Justin Berry and Josh White will now be our area Community Resource Officers. They reported that there were 4 incidents in our neighborhood this reporting period: An attempted burglary at 400 block of Suburban Pkwy. (a window was open with an attempt to go inside, but the home owner was home and burglar ran away), two car larcenies--if they see something of interest in your car they are going to break in and take it. Please do not leave valuables or anything in your car that may temp the thieves. And construction equipment at Wards Corner was tampered with or broken into.

Anyone interested in being added to the Neighborhood watch list (email) please contact Karen Mayne.

There was a concern from some residents who live on Thole street that people from outside the area are parking their cars on Thole street with "For Sale" signs in them. These cars have been there for several weeks. If you have a concern about a car which seems abandoned, please contact the CRO. Otherwise, if the cars are up to date with their inspections and tags and are not parked in an illegal spot, there really isn't much the police can do. But keep an eye out for cars that are not legal and report them.

There was also mention about the flashing school lights on Thole street. Some residents would like the lights moved closer to Norfolk Christian to warn traffic they are approaching a school. The lights right now fall after Norfolk Christian and before Suburban Park Elementary. The resident was told by the city that the lights may be moved when they are replaced due to age.

Guest Speaker—Anna Bowerman, Branch Manager, new Towne Bank branch at Wards Corner The bank will open in May or June 2014. It will have drive up teller lanes to include an ATM. There will also be safe deposit boxes, and free checking for kids and senior citizens. There will also be some special offers 2 to 3 weeks prior to bank opening. The ank will be open Monday thru Friday. This is the third branch in Norfolk with a fourth opening on Colley Ave as well; there are 27 total branches. This is a locally-owned bank with the main operations in Suffolk, founded in 1999.

Guest Speaker—Kathy Russell, Tidewater Fiber Corp. (TFC Recycling)

Kathy gave a great presentation to include a slide show of their facility and people who work for TFC. A few facts: All our trash gets burned for electricity and all our recycled items are used again. In 60 days, that aluminum can you recycled will be back on the store shelf as a new aluminum can. If your recycling bin is broken you can call to get it replaced. Each time you recycle, you get 50 Recycling Perks points. You can register for Recycling Perks at www.recyclingperks.com. The Perks program grants discounts and deals at area supermarkets, cafes and other area businesses based on points earned from recycling.

Committee Reports—

<u>Events</u>: (Chair Lori Cloud): Marsha Lockard submitted the first EARNN report of the year. We need one more speaker by May to receive all our points for meeting. The sustainability forms will need to be filled out again. Look for them at the next monthly meeting in February. An Adopt-a-Spot Cleanup is scheduled for February 22nd.

<u>Membership:</u> (Chair: Susan Thornes) We are taking dues for 2014. Single members is \$5 and Family \$10.

<u>Neighborhood Liaison</u>: No Wards Corner Task Force meeting in January. The Federation of Civics Leagues meeting will be held Thursday 16 January.

<u>Treasurer's Report</u>: Jennifer is absent tonight due to her step-daughter going into labor this evening. She reported \$764.87 on hand in checking at this time. Expect that to rise as we collect the dues for 2014 and several newsletter advertisers have renewed.

Old Business— New officers for 2014 assumed office on January 1st.

New Business—Street sweeping concerns were noted by a member. The last time the streets in our area were done was in November. Kevin also reported an email complaint on this subject and will address with the city.

Emphasis of tree planting in the area; a neighbor voiced concern that a many trees were being cut down in the neighborhood.

Minutes CONTINUED on Page 6

Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509

Civic League and Community News www.suburban23505.com

100 th State House of Delegates District Democratic Primary, Feb. 1, 2014							
	Accomack	Northampton	Norfolk	Total			
	County	County					
Willie C. Randall	235	274	28	537			
Peter Lalor	353	124	15	492			
Donald Hart Jr.	234	58	26	318			

1,347 votes were cast in the Feb. 1 Democratic primary for the 100th House District seat formerly held by Lynwood Lewis. Winning nominee Willie C. Randall (photo at right) won a majority of votes in his home county of Northampton, and in Norfolk. Republicans choose their nominee Feb. 8th in a mass meeting on the Eastern Shore. A special election will be held on Tuesday Feb. 25th.



Randall to be Democratic candidate in Feb. 25 special election for Lewis House seat

Former Northampton County Supervisor Willie C. Randall won a three-way primary on February 1st to win the Democratic Party's nomination to fill the 100th State House of Delegates seat formerly held by Lynwood Lewis. A special election to fill the seat will be held on Tuesday February 25th.

Randall defeated retired businessman Peter Lalor of Wachapreague and Accomack County Supervisor Donald Hart Jr.

A cascade of moves and special elections began with the general election in November when Norfolk State Senator Ralph Northam was elected Lieutenant Governor as part of a Democratic sweep of statewide offices. After quickly-organized Democratic and Republican primaries, Democratic State Delegate Lynwood Lewis, who had just won re-election in November, and Republican Norfolk businessman Wayne Coleman ran for Northam's seat in a January 7th special election. Lewis was heavily outspent by Coleman in the short campaign, but eked out a 9-vote win, which expanded to an 11-vote margin after Coleman requested a recount.

The campaign for Lewis's old seat will be even shorter. Republicans hold their nominating process on Saturday February 8th; the special election to fill the seat is scheduled for February 25th. Suburban Acres, part of the 100th, will once again vote at Suburban Park Elementary School. Polls will be open from 6 am to 7 pm.

Two Republicans, both from the Eastern Shore, have announced they are seeking their party's nomination. Melody Scalley, a conservative talk-show host from Northampton

County, and Rob Bloxom, son of former Del. Bob Bloxom, have said they will compete. The Republican nominee will be decided at a Feb. 8 mass meeting at Nandua High School in Onley.

Former Delegate Paula Miller, who ran against Lewis in the Democratic primary for Northam's 6th Senate District seat, did not participate in the Feb. 1 contest. Miller said, "It is very tough for someone from Norfolk to win it," unlike the 6th State Senate District, which has more of a Norfolk population base.

-The Suburban

Please Support our Advertisers

Please make an effort to support these communityminded local businesses by shopping with them when you can, and providing referrals to your friends.



GREGORY D. UNDERWOOD
Norfolk Commonwealth's Attorney

Suite 600 800 E. City Hall Ave. Norfolk, Virginia 23510 Telephone (757) 664-4835 FAX (757) 664-4445 gregory.underwood@norfolk.gov

http://www.norfolk.gov/commatty

THE WRIGHT STUFF

- Mowing
- Edging
- Weedeating
- Bushes
- Fall/Spring Cleanups

WHY CALL ANYONE ELSE WHEN WE CAN SERVICE ALL OF YOUR LAWN CARE NEEDS?



(757) 588-7176

LAWN SERVICE

- Mulch
- Fertilizing
- Seeding
- Customized
- Aerating
- Turf Programs

A FAMILY BUSINESS OPERATING IN THE TIDEWATER AREA SINCE 1998. CALL JIM WRIGHT TODAY FOR A FREE QUOTE.

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Reinstating property tax relief for seniors is goal of group

A grass roots organization has formed in an effort to convince the City of Norfolk to reinstate some of the property tax relief that seniors and the disabled had reduced this past year. The group invites seniors and the disabled who have seen real estate tax bills increase to join their effort.

The organization plans to address the issue at the Tuesday February 11th City Council meeting, and will meet in council chambers on the 11th floor of City Hall at 7pm. If you wish to address council, you should arrive early so that you can sign up to do so.

LeiAna's Cleaning Service

(Quality Service with a Smile)

Residential - Offices - Moveouts
Homes - Apartments - Condos
Specialty Cleaning - New Construction
Free Estimates - Impressive References
In House Pet Sitting

Please Voicemail 713-0145 Cell

Stop by your friendly neighborhood



Any compliments or concerns, please contact Bryan at 552-0000, Ext. 207.

For more information contact Barbara Scott at <u>bscott99@cox.net</u> or 451-3688.

-The Suburban

Recycling speaker guest for January meeting

Kathy Russell, public educator for Tidewater Fiber Corp., the city's recycling contractor, was the guest speaker at the January 13th civic league meeting. Kathy's talk focused on curbside recycling collection, what can and cannot be recycled, and the Recycling Perks program.

This was an EARNN meeting with more than 30 attendees present, so the civic league earned 5 points toward its 100 point goal in the Environmental Awards for Recycling in Norfolk Neighborhoods (EARNN). The majority of EARNN points are awarded based on the neighborhood's recycling blue bin set out rate.

-The Suburban



Tidewater Fiber Corporation's public educator, Kathy Russell, speaks at the January 13th SACL meeting.



Annual membership dues for Suburban Acres Civic League are due for the 2014 calendar year. Dues remain unchanged at \$10 family; individual dues are \$5.

You can pay your dues at this month's civic league meeting on Feb. 10, or use the form on page 11 and mail your dues to the treasurer.

Civic League and Community News www.suburban23505.com



This snow man on Thole Street (left) and the family of snow persons on Midfield Street (right) suffer the big melt on February 1st as warm weather swoops in, just days after Winter Storm Leon closed schools and businesses in Hampton Roads from Wednesday to Friday January 29th to the 31st.

NPS announces make-up plans for snow related closures

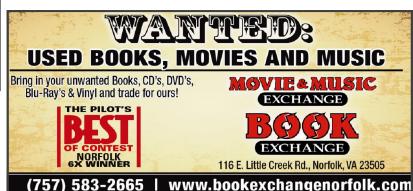
In order to make up the instructional hours lost due to snow the last week of January, Norfolk Public Schools will extend the early release day planned for Feb. 14 into a full instructional day. Staff development that had been planned for the afternoon of Feb. 14 will be

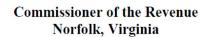
reconfigured. Presidents' Day, Feb. 17, 2014, will now be a full school day for students and staff, rather than a holiday. These two scheduling adjustments will be more than sufficient to allow NPS to meet the state requirement for 990 hours of direct instructional time each school year.

Wednesday, Feb. 5 will be the start of the second semester and third grading quarter, and report cards will be distributed on Friday, Feb. 7.

The Annual Hampton Roads Student Gallery scheduled for Saturday, Feb. 1 from 8-11 a.m. has been postponed to Saturday, Feb. 8 at The Selden Arcade, 208 East Main Street, Norfolk, for art students in 11th and 12th grades.

-The Suburban





C. Evans Poston, Jr.





DMV Select Services

- Titles

- Dealer Title

- Registration

- Voter Registration

- Name & Address Change - Special & Personalized Plates

Norfolk City Hall, West Wing, 810 Union Street Norfolk, VA 23510 757-664-7890 Hours of Operation: 8:30 am to 4:45 pm

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

January Meeting Minutes (continued from page 2)

New Business (continued)—SACL was nominated for the Norfolk Education Foundation's Together in Education (TIE) awards in the "collaborative" category with Tinee Giant. Awards presentation is on 23 January.

Good of the Order—

Announcements

- Need volunteers for refreshment help at meetings. You will be reimbursed up to \$30 on anything you provide. See Lori Cloud about signing up for your month.
- Next Meeting is 10 February at 6:30pm at Suburban Park Elementary.
- March: Event "Men who Cook" at the Norfolk Prime Plus Senior Center. (more info to follow)
- Harris Teeter will open in February.

Meeting Adjourned at 8 pm.

Respectfully submitted, Diane Ruhl, Secretary

Norfolk CrimeView statistics Suburban Acres, January1-31, 2013

ADDRESS	CRIME TYPE DESCRIPTION	DATE/TIME/DAY	INCIDENT#
VANDALISM	7300 BLOCK WEST KENMORE DR	01/07/2014 01:20 TUES	140107000004
LARCENY-FROM AUTO	200 BLOCK THOLE ST	01/11/2014 19:30 SAT	140112000033
LARCENY-FROM AUTO	7500 BLOCK GRANBY ST	01/14/2014 18:15 TUE	140115485101
LARCENY-PARTS FROM AUTO	7300 BLOCK WEST KENMORE DR	01/19/2014 21:00 SUN	140123485102
VANDALISM	100 BLOCK CROMWELL PKWY	01/23/2014 21:00 THURS	140124000022
STOLEN VEHICLE	7400 BLOCK WEST KENMORE DR	01/25/2014 23:00 SAT	140126000012
TOTAL INCIDENTS: 6			

Postal union to hold rally highlighting mail delays

Norfolk Local 262 of the American Postal Workers Union is holding a rally on February 17th at Greater Metropolitan AME Zion Grace Church in Norfolk in an attempt to convince Postal management to return mail processing to Norfolk.

In August the Postal Service switched processing of outbound mail from the Church Street Center downtown to the Sandston Center near Richmond as part of a national effort to consolidate mail processing to save money. A federal rule requiring the Postal Service to pre-pay retirement benefits contributed to a reported loss of \$5 billion in fiscal year 2013.

Moving outbound mail processing to Sandston resulted in the

Moving outbound mail processing to Sandston resulted in the loss of 23 positions. Processing of inbound mail, sent from other location into Hampton Roads, was also scheduled to be switched to Sandston but the Postal Service halted that phase of the consolidation in January without explanation.

The Virginian Pilot reported in a February 2nd article that many businesses, non-profits, and individual customers in Hampton Roads have seen significant delays in the delivery of first class mail. The Postal Service denies any change in on-time performance since the switch.

The church is located at 822 East Brambleton Avenue in Norfolk; the rally starts at 10 am.

-The Suburban





BARCLAY C. WINN
COUNCILMAN

Office (757) 494-1400

SUITE 1006, CITY HALL BUILDING CELL (757) 636-3434 NORFOLK, VIRGINIA 23510 FAX (757) 494-1217

E-MAIL: barclay.winn@norfolk.gov

Civic League and Community News www.suburban23505.com

SIGN UP FOR

Recycling (1) You Recycle Perks We Reward Perks

Suburban Acres Civic League earns EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) points for increases in residents signed up for Recycling Perks.

Recycling Perks help you save money and provides discounts on entertainment and leisure activities.

Rewards are offered by local businesses as you earn points for putting your blue bin out every two weeks.



3 Easy Steps...

- Sign up at www.recyclingperks.com
- Recycle, and put out your blue bin every 2 weeks on collection day.
 An RFID tag on your bin is scanned and your points add up.
- 3. Live it up...with your rewards.



YOUR BIN COUNTS!

calling all Green Readers

Come and serve Norfolk's future generation, as a volunteer reader during the annual Green Reader Program, March 1 - 31, 2014! Keep Norfolk Beautiful, Norfolk Public Schools, Norfolk Public Libraries, Recycling Perks and the Literacy Partnership Organization partner this year to continue planting the seed for environmental stewardship in Norfolk's elementary students!

For 13 years, the Green Reader program has served to help students develop a better understanding of the role they play in keeping the City of Norfolk clean and beautiful. The program's educational activity of sharing sustainability-themed stories with elementary students supports the 2013-2014 Virginia SOL curriculum.

This year the Green Reader Program is proud to announce that it will be in all NPS Elementary Schools! As a result, the program needs over 500 volunteer readers! Each volunteer reader will share eco-friendly books with students in grades Pre-k to 3rd. The deadline to sign up is Monday, February 24, 2014. Volunteers are asked to allot a maximum of one hour for each reading time, and are encouraged to sign up for as many readings as desired.



Green Reader 2014 Book List Pre-K – Let's Reduce Garbage Kindergarten – I Can Save the Earth 1st – It's Earth Day

2nd – Michael Recycle Meets Litterbug Doug

3rd – Michael Recycle and the Tree Top Cops

You may also check these books out from any Norfolk Public Library location!



Sign up as a volunteer Green Reader today! How Can I Sign Up?

Online: www.Norfolk.gov | Email: knb@norfolk.gov | Phone: 757-441-1347





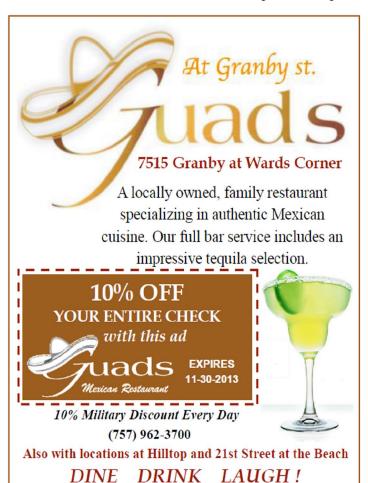
By Karen Mayne

February 2014 - Celebrate Trees

What's in a name? Suburban Acres, Suburban Park, and Glen Echo Shores, which comprise our civic league, were some of Norfolk's first suburban neighborhoods as the City expanded during and after World War II. The names "acres," "park" and "shores" in these names attest to the developers' marketing of large lots in a lovely suburban setting. Trees were planted on lots that had been farmland, and now, over sixty years later, our neighborhood is graced with some of the largest trees and prettiest yards in the City.

However, many of these trees are being removed by property owners. Tree removal is done for a variety of reasons – some people don't like to rake leaves, or people become scared of their large trees and worry they may blow down. While many trees did come down during Hurricane Isabel in 2003, the majority were street trees that had poor root structure due to the surrounding asphalt and concrete, and had never been pruned properly. Most healthy trees can stand up to high winds, and in fact serve as an effective wind screen to deflect winds up and over houses during storms.

Urban trees provide many benefits in addition to being good wind screens. Trees are the "green lungs" of our city, helping to clean the air. Trees and shrubs reduce heating and cooling



requirements by shading homes in the summer and deflecting cold winds in winter – cutting energy costs by up to 50 percent. Trees also reduce storm water runoff and flooding by absorbing up to 30 percent of rain through their leaves and another 30 percent through their root systems. Landscaping, particularly with trees, can increase property values by 20 percent. Trees provide all these public services for free, while also providing homes and food for birds and other wildlife. In short, our neighborhoods are better because of the trees!

Every now and then, a tree can be seen as a "problem." But



unless a tree is unhealthy, removing it should be the last option. A qualified tree arborist can provide recommendations on pruning and other actions to keep a tree healthy. Topping – cutting out the top – should never be done as this actually harms a tree. Some folks remove trees because herons have taken up nesting. Usually, re-

moving just the limbs with the nests (after nesting season is over) is sufficient to get the herons to move elsewhere next year. If raking leaves is the problem, then creating a bed of azaleas or other shrubs and flowers around the trees is a good place for the leaves to fall and will also reduce lawn mowing.

When all options fail and it is necessary to remove a tree, think about replacing it elsewhere on your property or in our city. The City of Norfolk initiated the *Celebrate Trees* project to increase tree coverage in the city. To reach that goal, we will need more trees planted on both public and private property. Prime tree planting time is mid October to the end of March when the weather is cooler. Go to the City's website (www.norfolk.gov) and look for the links under "Recreation, Parks & Open Space" to find the section called "City Trees & Landscaping" or call the Norfolk Tree Commission at 757-441-2400 for information on which trees do well here, how to plant them, and links to more information and advice. Through this website, you can also request that the City plant a "public" tree along the street or median where you live.

If you can't replace a tree on your property, or if you are interested in helping increase the number of trees elsewhere in Norfolk, consider donating to the City's Living Legacy Groves (see the above website). This program plants groves of trees in public parks and open space around the city. Donating to the Living Legacy Groves is a wonderful way to honor a special event like the birth of a child or to honor a loved one or pet.

Karen can be reached by e-mail at KarenLMayne@aol.com or by phone at 587-1287





The Wellness Column

Presented by Dr. Brad Robinson

Reasons to Get and Keep an Appointment

Chiropractic care is—quite literally—a hands-on endeavor that requires full patient participation.

Chiropractic Is Prevention Oriented. Regularly scheduled care is an integral part of the chiropractic lifestyle...a way of life that focuses on preventing illness and disease, not just masking symptoms with drugs.

Treatment Plans Are Not Arbitrary. Chiropractic is not a "cookie-cutter" approach to health care. Each patient receives an individual therapeutic protocol. Patients with identical symptoms and diagnoses may require different care due to many unique factors.

Chiropractic Care Is Cumulative. At each appointment, we make progress that builds on that obtained during the previous visit—a continuum of care.

Chiropractic May Boost Immune Function. One study showed chiropractic adjustments boost polymorphonuclear neutrophils (PMN) and monocytes—white blood cells associated with a healthy immune system.

Chiropractic Enhances Work Performance. Regular Chiropractic care may boost performance by warding off work-related injuries like carpal tunnel syndrome and low back pain. Patients receiving spinal manipulation experience greater reduction in pain and disability, translating into lower therapeutic costs and a faster return to work.

Wards Corner Chiropractic

Pain Relief & Optimal Health



Gentle • Safe • Effective • Affordable

Military Discounts, Payment Plans Most Insurance, Major Credit Cards

> Dr. Brad Robinson, D.C. Dr. David Milot, D.C.

> > 588-8908

Official Chiropractor for the Norfolk Admirals 7400 Granby St., Norfolk • www.WardsCornerDC.com

Learn about chiropractic's highly effective approach: call Dr. Robinson, a chiropractor and holistic-care provider, at (757) 588-8908 or visit our website at www.WardsCornerDC.com.

Who You Gonna Call? Norfolk Cares

The Norfolk Cares Assistance Center is a single point of contact for residents seeking information about or requesting service from the City of Norfolk. Through Norfolk Cares, citizens can request a city service (request a bulk waste pickup, problems with potholes, street lights, street trees, abandoned vehicles, etc.), obtain information on city services, or receive an update on a previous request for city service.

Anyone can contact Norfolk Cares by:

Call 664-6510 MON-FRI 7:00 am to 6:00 pm.

Fill out a Citizen Request Tracker form on-line or send an email (www.norfolk.gov under the "Care Center" tab).

TDD/TTY #711, ask for Norfolk Cares Assistance Center.

All requests for service are confidential and will not be revealed to anyone other than the city staff assigned to the request.

-Norfolk Division of Communications



NORFOLK SHERIFF'S OFFICE

Robert J. McCabe Sheriff / High Constable

Robert J. McCabe, Sheriff 811 E. City Hall Avenue Norfolk, VA 23510

Office: (757) 664-4713 Fax: (757) 441-2531

E-Mail: robert.mccabe@norfolk.gov Web Site: www.norfolksheriffsoffice.com



Full-service residential and commercial installer

-Raised panel & custom Wood

-Steel carriage house

-Door openers

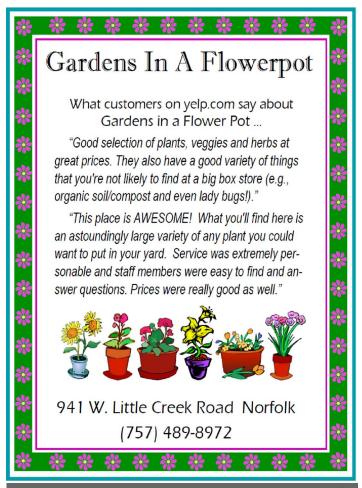
-Service and repair

Read our customers' testimonials and see the many brands and door styles available at

www.fitzandsonsgaragedoors.com

(757)480-5083

10% product discount with this ad - free estimates



Furnish Your Home Office or Business



From ugly to gorgeous! Let us transform your existing pieces with our on-site refinishing, refurbishing and electrostatic metal painting services. Or, find your dream furniture in our huge inventory for up to 60% off retail.



- Moving & Delivery Services
- Refinishing & Refurbishing
- On-site Repair & Maintenance
- Electrostatic Painting

1124-B Kingwood Avenue, Norfolk, VA 23502 757.855.2800 · ofo@ofova.com



Announcements Send your announcement to:

suburbanacres@gmail.com

If you're not currently receiving updates via email from SACL send us a brief

email to let us know you'd like to be added to our distribution list! Birthdays? Anniversaries? Lost & found? Let us know!

Sign up to be a volunteer reader during the annual Green Reader Program, March 1 - 31, 2014! Keep Norfolk Beautiful, Norfolk Public Schools, Norfolk Public Libraries, Recycling Perks and the Literacy Partnership Organization partner to plant the seed for environmental stewardship in Norfolk's elementary students! Each volunteer reader will share ecofriendly books with students in grades Pre-k to 3rd. 500 volunteers are needed to deliver this program al all Norfolk schools. The deadline to sign up is Monday, February 24, 2014. Email: knb@norfolk.gov, phone: 441-1347 for info and to sign up.

A child's socks and scarf were found near the intersection of Kirby Crescent and Carl Street around January 23rd. For information call the Kiernans at (757)618-7331.

Norfolk Collegiate "Book Chats" free and open to the public. Strategies and perspectives on raising happy children with Raising Happiness Book Chats. Group discussions based on the book Raising Happiness: 10 Simple Steps for More Joyful Kids and Happier Parents by Christine Carter, Ph.D., facilitated by Jan Weintraub, Norfolk Collegiate guidance counselor. February 13 - Step 8: Enjoy the Present Moment, 8:30 am, Lower School at 5429 Tidewater www.NorfolkCollegiate.org/raisinghappinessbookchats more information.

Career and Technical Education Month-Norfolk Technical Center (formerly known as Votech) is hosting our annual Open House on Wednesday, February 12, 2014 from 6-8 PM. For more information about Norfolk Technical Center, call (757) 892-3300 or visit http://schools.nps.k12.va.us/ntc.

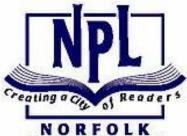


Achilles Still Missing Janette Woodruff-Whitlock is missing Achilles after being out of town; Achilles gave caretakers the slip. He is a large black cat with bright green eyes. Achilles also answers to "Kitty-kitty meowmeow." Janette lives on the of Thole Suburban. If anyone has seen him at all she would love to know he is OK and where he has been frequenting. Please contact Janette at 757-735-4357 if you've seen Achilles.

Volunteer to care for crepe myrtles around the city.

Recreation, Parks and Open Space will provide crepe myrtle desuckering kits complete with loppers, gloves, safety glasses, and safety vests for groups of up to 30 volunteers who have approved project leaders that have gone through a brief training on pruning, safety, and clean up. Email the City Michael.Nentwich@norfolk.gov Forester at for information.

AFRICAN AMERICAN HISTORY MONTH Enjoy Free Entertainment and Booklists All Month Long at the Library



PUBLIC LIBRARY

www.npl.lib.va.us

Explore African-American history and culture with special events at Norfolk Public Library for all ages during February. Events coincide with this year's national theme, "Civil Rights in America," and are free and open to the public. Enjoy gospel music performances, films,

historical reenactments, a history quiz bowl and more! Be sure to pick up your Black History Month booklist! Go to http://www.npl.lib.va.us and click on the õEventsö tab for more information.

Weekend Series @ Pretlow Anchor Branch

111 W. Ocean View Avenue ~ (757) 441-1750

SAT February 8 @ 2 pm African-American Artifacts, Presented By Curator Therbia Parker

SAT February 15 @ 2 pm, African Dancing Infusion, Presented By Ubuntu Dance Collective

SUN February 23 @ 2 pm, Fannie Lou Hamer, Historical Character Reenactment



Neighborhood Cleanup SAT Feb. 22 9 am

Join us for an hour or so to spruce up the school grounds and Caton Park.

Refreshments, trash bags, & gloves provided.

Meet corner of Galveston Blvd. & Thole St.



For February, host of Valentine's Day, this puzzle features CANDY you might buy for your sweetheart. Words may be hidden in any direction.

O J D N T C T L P X C O U G H C A N D Y F M P V E P K J Y Q R G Y T K W Q H Q D R M U P BXTLTBMRNHRVCAMARACGEM LNKRLDMCRFVRNRPRNGEAIW PQDDSYCSFMNQNFKKMLRLCV H L M L E K B C R Q Q X K C R M B D K C T V X M Q M R N L E S E N L K B R B R Y P L T F K Z W K U M R I A E S X D R U O B J A P T R PXKHTLJMQNCECBPAMCSNTE SDMYXGKZWUSATSRFTLTXND M S H X I T G K G N O L L L M Z N R I B T O ETYQMLZWFPERREAWZJLYHF G E K C Y Y W N P M M B I M O M C F L M M R YERHLTXMARKRSCDHRQEBMO N W F E L K V R X N T N P K E N S K S T R G ISRROPAHVFODMFSREKCINS TLMRDCDMDBGOBSTOPPERST L E T Y V D B M N T W K Y B J X C X K G K R RVGLMCLOZSPORDWOBNIARM V A W I W Q B Y L J M P R T T Z R Q H T H W R R J P V L F R U I T G U M S Q L P T H T B MTDSCXKZSPEARMINTCHEWS

bon bons	dolly mixtures	maltesers	snickers
bubble gum	fredo frog	milky bar	spearmint chews
caramac	fruit gums	pastilles	tiny gems
caramel	gobstoppers	pear drops	travel sweets
cherry lips	jelly beans	rainbow drops	
cough candy	liquorice	shoelaces	



We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!

Suburban Acres Civic League Membership Form 2014	Suburban	Acres	Civic	League	Membership	Form	2014
--------------------------------------------------	----------	-------	-------	--------	------------	-------------	------

☐ Individual \$ 5.00 ☐ Family \$ 10.00

(Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

Name

E-mail Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Jen McConnell-Hewitt, Treasurer, Suburban Acres Civic League, Inc. 6555 Tidewater Drive #14, Norfolk, VA 23509. **And thank you for your support!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping Friday February 7th & March 7th.



Recycling Pick Up (Blue Bins) Feb. 13 & 27; Mar. 13 & 27.

FEB 10 Suburban Acres Civic League Meeting...doors open at 6 pm, meeting at 6:30, Suburban Park Elementary

FEB 13 Greater Wards Corner Task Force, 8:30 am. Norfolk Fitness & Wellness Center, 7300 Newport Ave. (meetings now bi-monthly).

FEB 13 Norfolk Federation of Civic Leagues, 7 pm, Lake Taylor Hospital Cafeteria, 1309 Kempsville Rd.

FEB 22 Adopt-a-Spot Neighborhood Cleanup, 9 am, meet corner of Galveston Blvd. and Thole Street. Lasts about an hour. Refreshments, trash bags, and gloves provided.

FEB 25 Special Election, VA 100th District House of Delegates, Suburban Park School, polls open 6 am-7 pm.

MAR 29 5th Annual Men Who Cook Amateur Chef Competition, fund raiser for Norfolk Prime Plus Senior Center, 6 pm, Norfolk Plaza Hotel. Be one of 20, 2-man chef teams or just enjoy the food! 625-5857 for information, tickets.

Sunday	Monday.	Tuesday	Wednesday	Thursday	Friday	Saturda	ıy
	7eb	rue	ry	201	4		1
2 Groundhog Day	3	2 pm Council Work Session	5	6	7	2	8
9	Civic League Meeting 6:30 pm	5 pm Council Work Session 7 pm Council Formal Session	12	13 8:30 am Greater Ward Corner Task Force 7:00 pm Norfolk Federation Civic Leag	Valentine's	Adopt A SPOT	15
16	17 President's Day	18	19	20	21		
23	24	5 pm Council Work Session 7 pm Council Formal Session	26	27	28	·	

eggleston GARDEN CENTER



Mulch * Garden Soil * Plants* Pond Items & Fish * Beautiful Garden Accessories

'tis the season for...

INDOOR PLANTS & VALENTINES



25% off Wind

Chimes & Flags

BEST OF 2013 GOLD NORFOLK

www.egglestongardencenter.com 110 LA VALETTE AVE., NORFOLK, VA 23504 Phone 757-510-5651

Email: info@egglestongardencenter.com

Community Resources and Contacts

Suburban

Norfolk Commissioner of the Revenue

664-7860

Norfolk Treasurer

664-7800

Animal Control, Lost & Found Animals

441-5505

Norfolk Public Works

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks

823-4050

E-waste recycling (household electronics)

Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators)

Free to Norfolk residents at waste management facility: 1176 Pineridge Road

MON-SAT 10 am-2 pm For complete list of recyclable e-waste items call 441-5813

Commonwealths Attorney's Community Collaboration Center (Wards Corner) 823-4333 Virginia Office of Consumer Affairs (investigation of consumer complaints) 1-800-552-9963

Five Points Community Farm Market, 2500 Church Street 640-0300

Norfolk Public Libraries

664-7328 Norfolk Neighborhood Design & Resource Center

664-6770

PRIME PLUS Norfolk Senior Center, 7300 Newport Ave 625-5857 Norfolk Cares...City services, citizen complaints & concerns Mon-Fri. 8 am-6 pm, 664-6510

Norfolk Department of Utilities Customer Service

664-6700

Emergency-Water Main Breaks & Sewer Leaks 823-1000

Miss Utility (Call Before You Dig) 1-800-552-7001