

FEBRUARY MEETING Monday Feb. 11

Doors open at 6 pm Meeting at 6:30 pm

Suburban Park Elementary

Meeting Program:

Dr. Jay Taylor Save Talbot Hall

Scott Kennedy Headmaster, Norfolk Collegiate School

50/50 Raffle

Inside this Issue

Parkdale Channel, Lafayette flood-reduction...

Page 3

Collegiate to host Grand Opening for new Arts Center...

Page 4

Chief Deputy Commonwealth's Attorney speaks at January meeting...

Page 6

and...

- 2 Civic League Officers and Contacts
- 3-8 Civic League and Community News
- 5 Crimeview statistics
- 7 The Wellness Column
- 9 Suburban Acres Green
- 10 Announcements and Events
- 11 Membership Form Word Search
 - Neighborhood
- 12 Calendar

Suburban Help

Volume 10, Issue 2

www.suburban23505.com

February 1, 2013

Newsletter of the Suburban Acres Civic League



Around the Neighborhood

By Steve Collins

Suburban Acres Civic League has been a very proactive litter prevention partner in Norfolk; sponsoring an Adopt-a-Spot on Thole Street to help manage median litter between Granby and Tidewater Drive; facilitating a litter prevention partnership with the Archer's Green Community; and conducting numerous surge clean ups to address chronic litter problem sites in the neighborhood.

We are litter "preventers" because the presence of litter is evidence of things that we have resolved not to tolerate; apathy, complacency, neglect, blight, ignorance, etc,. When people do not care enough to pick up litter, that simple decision is evidence of a lack of resolve to deal with larger challenges. So, In Suburban Acres, WE pick up litter.

Ironically, everyone in our society generates trash. Most of our chronic litter issues stem from conveniences in life. Product packaging, fast food restaurant implements, and discarded beverage containers seem to litter our highways and road intersections. Litter, by definition is "improperly disposed trash".

I am grateful for the Norfolk trash collection service and leverage that service diligently. I would not want to imagine my trash *not* being collected each week. We may wonder why it has been considered a chore to take out the trash each week. Well, consider the consequences of allowing trash to accumulate in your home—not a happy thought. As a culture, we might reconsider our strategy concerning the

generation and disposal of trash. In the meantime, complacency and apathy will not be options for Suburban Acres. WE pick up litter and support trash collection unanimously.

Today, Suburban Acres enjoys a good reputation

Continued...see "Litter" on Page 4



Deputy Prosecutor Krystal Fulton (left) and Chief Deputy Commonwealth's Attorney Brent Johnson (right) were the guest speakers at January's SACL meeting. See story page 6.



Annual membership dues for Suburban Acres Civic League are due for the 2013 calendar year. Dues remain unchanged at \$10 family; individual dues are \$5.

You can pay your dues at this month's civic league meeting on Jan. 14, or use the form on page 11 and mail your dues to the treasurer.



Suburban Acres Civic League Officers

Kevin Janney, President 587-1616

saclpresident@gmail.com

Marsha Lockard, Vice President 343-2382

saclvicepresident@gmail.com

Diane Ruhl, Secretary

531-9121

saclsecretary@gmail.com

Treasurer

(vacant) sacItreasurer@gmail.com

Board of Directors

Jeb Clarke 626-0076

Chris Clagget 588-2261

Larry Tice 480-3194

Susan Thornes 617-1635

Newsletter/Communications Kevin Janney

jkjanney@verizon.net 587-1616

Newsletter Advertising

suburbanacres@gmail.com

Newsletter Distribution Mary Verykoukis

587-1221

Community Resource Officer Odell Davis

odell.davis@norfolk.gov 823-4433 390-0417

Police (Non Emergency)

Code Enforcement 664-6532

Norfolk Cares 664-6510

Neighborhood Watch Coordinator Larry Tice

Itice2@cox.net 480-3194

EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) Coordinator Marsha Lockard

343-2382

Military Family Coordinator Susan Thornes

suzyqqqq@cox.net 617-1635

Visit our website at www.suburban23505.com

Suburban Acres Civic League Meeting Minutes for January 14, 2013

ents or issues in our neighborhood, so police can maintain awareness.

Meeting called to order by Kevin Janney, President at 6:40 pm. Quorum was established. (20 members attended the meeting, 3 visitors).

Pledge of Allegiance

December minutes approved without correction or additions. Kevin reintroduced Marcus Calabrese who spoke about a Martin Luther King Day event, called "State of a Dream" being held at Webb Center at ODU on January 20. Our Vice President Marsha Lockard will be one of the panelists for this dinner event and forum. Kevin mentioned that 2013 civic league dues are due. **Pace Report—**Officer Odel Davis. There were 3 incidents this past month. One was a residential burglary on Forsyth that was still being investigated. One incident was a larceny in which an arrest was made and the third was a motor vehicle theft, pending investigation. Officer Davis mentioned that we have probably seen more law enforcement along Thole street for traffic control and speeding. He mentioned for us to continue notifying him of suspicious transi-

Guest Speaker— Brent Johnson, Chief Deputy Commonwealths Attorney and prosecutor Krystal Fulton spoke about a conference attended by the Commonwealth's Attorney (Greg Underwood) where they talked about setting up community satellite offices. This has actually been done in Norfolk; located at the Work Force Development Center at Wards corner near the Kroger's. Krista Fulton works out of that office. The center is called the Community Collaboration Center. They will address any issues or concerns we have in our community. They want to be proactive against crime, not reactive. If you have any ongoing issues you do not have to go downtown, you can go to the center for help.

Committee Reports—

Neighborhood Liaison: Karen Mayne reported on the latest Wards Corner Task Force meeting where they talked about the Wards Corner development. Concrete should start going in for the main infrastructure of Harris Teeter in April. She also mentioned they were looking for a restaurant to anchor the shopping center (approximately where Rom Thai used to be). If you know of anyone looking to put in a restaurant, please let Karen know and she will get the information to them. Also the Tidewater Drive underpass on Little Creek (near Southern Shopping Center) will be undergoing major repairs starting in January 2014. Thole Street will become a detour. Membership: SACL is collecting dues for 2013.

Yard of the Month: Flora is on hiatus for the winter. As soon as April showers bring May flowers...or as soon as the whole area starts to bloom, Flora will be out and about once again.

EARNN: Kevin announced the next Adopt-a-Spot event will be held 23 February. Our spot is located around the Suburban Elementary School area. Also Karen and Marsha are working with a group from Norfolk Christian High School on a youth engagement project.

<u>Meetings and Events:</u> - Marsha Lockard has asked for any ideas for speakers for 2013. She also mentioned that the SACL board was looking for folks to sign up to bring snacks to the meetings. You will be reimbursed up to \$30.00. Beverages will already be provided.

<u>Treasurer's Report:</u>: Income was down in 2012 due to our lull in advertising monies. But our charitable donations were up from 2011.

Old Business— Incorporation of civic league has been accomplished!! We are now a legal entity, and the board is working on filing for IRS tax exempt status.

The SACL board is looking for a new Treasurer due to resignation off Lori Cloud. If you are interested, please talk to Kevin or Marsha. Also, volunteers are needed for the annual audit team forming for upcoming audit.

New Business—Kevin and Karen Mayne gave a brief description of engineering work and studies regarding reducing flooding along the "Parkdale Ditch", and dredging in the marsh area of the Lafayette near Thole Street. This information has been updated on our web site, and individual property owners adjacent to the creek have been contacted by the City. The league's Web site domain has been renewed for 2013 (cost was \$18).

Announcements

- In December 77 Box Tops, 51 Campbell's Labels for Education, and \$3,558.45 in Farm Fresh receipts were collected for Suburban Park Elementary.
- Next SACL meeting will be 11 February at Suburban Park Elementary .
- Prime Plus Norfolk Senior Center's "Men Who Cook" fundraiser has been scheduled for April 13, 2013; this year the event will be held at the Norfolk Plaza ('Golden Triangle) Hotel downtown as it has outgrown the Masonic Hall.
- The RiverFest environmental festival will be April 27th in Colonial Place.
- Door Prizes/Raffle: Winners received: 50/50: \$12 cash, (Elyse Kalfus), \$15 Pancake House gift certificate (Susan Thornes), Golden Corral gift certificate (Iris Pappas), and decorative lamp (Taylor-Paris family)

Meeting Adjourned at 8:00 pm.

Respectfully submitted, Diane Ruhl, Secretary

Civic League and Community News www.suburban23505.com



The Parkdale Channel begins near Norva Park and drains under Virginian Drive and Suburban Parkway before broadening into an expansive marsh area and creek as it becomes a Lafayette River headwater and runs under Thole Street via a culvert.

City engineers study flooding in Suburban Acres, Parkdale Channel and Lafayette By Karen Mayne

The City of Norfolk's Storm Water Division is conducting an engineering study to evaluate solutions to some of the long-term flooding problems along the creek that runs from Thole Street (by Suburban Park Elementary School) up past Virginian Drive. This creek, called the "Parkdale Stream" or "Parkdale Channel," is part of the Lafayette River's headwaters.

The study has identified that removing sediment build-up and restoring the stream to a more natural configuration with native wetlands will help reduce flooding during heavy rains. However, since the stream is part of the Lafayette River, tidal flooding during hurricanes and northeasters is a natural event that cannot be controlled.

The City and their consultants gave a presentation to the property owners along Parkdale Drive in December 2012. The consultant's presentation can be found at http://www.norfolk.gov/publicworks/SW/pdf/Parkdale.pdf

At this point the Storm Water Division is continuing with engineering and environmental surveys, fine tuning the concept plan and beginning the permitting process.

According to the initial project schedule, culvert maintenance and dredging work where the stream passes beneath Thole Street could begin as early as September this year.

Contractor selection for the Parkdale Channel portion of the



BARCLAY C. WINN

COUNCILMAN

SUITE 1006, CITY HALL BUILDING

Norfolk, Virginia 23510

Office (757) 494-1400 Cell (757) 636-3434 Fax (757) 494-1217

E-MAIL: barclay.winn@norfolk.gov

project is anticipated in September 2014.

There is a synopsis of the flooding issues and the city's plan on the civic league's Web site at www.suburban23505.com. Look under the tab for the new Lafayette River page.

The City will present their findings and plans to the civic league later this year.

Karen can be reached by e-mail at KarenLMayne@aol.com or by phone at 587-1287



\$25 OFF tax preparation

Offer valid on tax preparation fees only. Does not apply to financial products, online tax preparation product or other services. Present coupon at time of tax preparation. Valid at participating locations only and may not be combined with any other offer.

EXPIRES: 12/31/2013 COUPON CODE: 6LNKH

Call 757-480-2000

for nearest location



Civic League and Community News For more news and events visit our website at www.suburban23505.com

Litter (continued from Page 1)

for neighborhood cleanliness because of the interest and action of a few volunteers, backed by a community that cares about "that reputation". Our pride of home ownership, community spirit, and self respect tell us we cannot "look the other way" when it comes to litter. And as a community, we will *surge help* to areas that are chronic litter generators. Let it be so!

You will be a part of something bigger than you may first think when you participate in the SACL Adopt-a- Spot Clean Up on February 23. See you there!

-Steve is a frequent and appreciated contributor. He can be reached at scollins4@cox.net or 416-4911

Collegiate to host Grand Opening for new Center for the Arts

The public is invited to tour the new Norfolk Collegiate School Center for the Arts during an open house on March 1st from 10 a.m. to noon at the new center, 7336 Granby Street.

The state-of-the-art center will include a visual art studio and labs for filmmaking, video production, graphic design, computeraided design and student publications production. The facility also includes a 425 seat theatre to be used for student productions, and a regional venue for the performing arts.

Norfolk Collegiate School also invites neighbors to take part in an opportunity to support the center in an affordable, meaningful way by participating in the Take-A-Seat campaign. Sponsorship provides a unique recognition opportunity to celebrate a family's name, honor or memorialize a loved one or commemorate a special event. An engraved brass nameplate bearing the donor's inscription of choice will be affixed to the arm of the chair to create a lasting tribute.

For more information, please contact Michelle Adcock, Interim Director of Development, at 757-480-2348.

-The Suburban

Phone 757-625-2044 Cell 757-449-5704

Email: info@egglestongardencenter.com

Web: www.egglestongardencenter.com

Denby Park properties to be purchased by City

The City of Norfolk has reached agreements to purchase seven properties located in the 300 blocks of Fort Worth Avenue and East Little Creek Road in the Denby Park section of the city. These acquisitions further the Greater Wards Corner Neighborhood Plan.

The agreements include the acquisition of 37 apartments on seven properties for \$1.45 million. City Council approved the purchase and sale agreements during the Council session on January 29, 2013.

The addresses of the properties to be purchased are: 308 E. Little Creek Road, 317 E. Little Creek Road, 319 E. Little Creek Road, 325 E. Little Creek Road, 328 Fort Worth Ave, 334 Fort Worth Ave, and 338 Fort Worth Ave.

The property owners are working with their tenants to relocate them. Once the properties are vacant, the city will conduct an environmental impact study then the apartments will be demolished.

In August 2011, the City of Norfolk purchased 68 apartment units on seven properties in the 300 block of San Antonio Boulevard for \$2.68 million. Those apartments were demolished in April 2012. The city is working with the community to determine the best use for the open space.

-Norfolk Division of Communications

City to hold budget information sessions

The City of Norfolk invites residents to join in a Community Conversation on the 2014 budget on Thursday, February 7th 6:30-8:00 pm at the Huntersville Community Center, 830 Goff Street, or Thursday, February 21st 6:30-8:00 pm at the Mary D. Pretlow Anchor Branch Library, 111 W. Ocean View Avenue.

For more information, visit www.norfolk.gov and click on Budget 2014.

-The Suburban



Your bin COUNTS...

PLEASE put out the blue bins on recycling day!

Putting out your blue bins every 2 weeks -full or nothelps maintain a high recycling RATE, so SACL earns points... and cash for community events & projects

Civic League & Community News www.suburban23505.com

Norfolk CrimeView statistics	Suburban Acres, January 1-31, 2013		
CRIME TYPE DESCRIPTION	ADDRESS	DATE/TIME/DAY OF WEEK	INCIDENT#
STOLEN VEHICLE	100 BLOCK FIFE ST	01/03/2013 09:00 THURSDAY	130104153901
VANDALISM	7000 BLOCK KIRBY CRES	01/07/2013 14:00 MONDAY	130107460102
BURGLARY-RESIDENCE	100 BLOCK FORSYTHE ST	01/10/2013 09:30 THURSDAY	130110000103
LARCENY (ALL OTHERS)	7100 BLOCK MIDFIELD ST	01/19/2013 17:00 SATURDAY	130120202001
STOLEN VEHICLE	7300 BLOCK WEST KENMORE DR	01/27/2013 20:00 SUNDAY	130128000001
SIMPLE ASSAULT	7300 BLOCK GRANBY ST	01/28/2013 15:30 MONDAY	130131000003
LARCENY-FROM BUILDING	100 BLOCK GRANBY PARK	01/31/2013 01:46 THURSDAY	130201000057
TOTAL INCIDENTS: 7			

Neighborhood Watch Update

By Larry Tice

Residential break-ins are an ongoing problem in our area. While Suburban Acres has only had two in the past few weeks, the neighborhoods to the west and south of us have seen a notable increase. As we well know, most burglars will ring the doorbell or knock at the door to see if anyone is at home or get a response from a dog inside the house. Be wary of strangers at your door. Remember that you do not have to open your



door to strangers or door-to-door solicitors. If someone attempts to break into your home, call 911 and stay on the line with the dispatcher until the police arrive. We are fortunate to have an outstanding Police Department in Norfolk manned by well-trained officers who take pride in the job that they perform for the safety of our citizens.

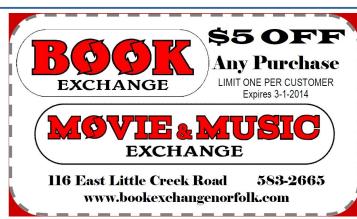
Norfolk Police on January 22nd released a warning due to reports of a solicitor possibly canvassing the area. The suspect was described as a black male in his late 20s - 30's wearing a black jacket and carrying a red & white golf umbrella.

A neighbor reported that a door-to-door solicitor was canvassing on Jamestown Crescent around 8 p.m. He was selling magazines and books but could not produce a solicitor license when asked

If you come into contact with a solicitor who cannot produce a license, please report this to the Norfolk Police Department at (757) 441-5610.

-Larry can be reached at ltice2@cox.net or 480-3194







Civic League and Community News For more news and events visit our website at www.suburban23505.com

Chief Deputy Commonwealth's Attorney guest at January SACL meeting

By Kevin Janney

Mr. Brent A. Johnson, the Chief Deputy Commonwealth's Attorney for Norfolk, was the guest speaker at the January 14th Suburban Acres Civic League meeting. Krystal Fulton, a prosecutor assigned to the new Wards Corner Community Collaboration Center, also spoke.

The Commonwealth's Attorney (CA) is an elected, constitutional officer position. According to Johnson, Commonwealth's Attorney Greg Underwood will be running for reelection in this November's general election.

If he wins reelection this would be Underwood's second full term; when former Commonwealths Attorney Jack Doyle was appointed to a circuit court judgeship in 2008, Underwood won a special election in March 2009 against Republican opponent John Coggeshall to fill the remainder of Doyle's term, then ran unopposed for the office in November 2009.

Johnson says the Commonwealth's Attorney is charged with prosecuting felonies, and by agreement with the locality a CA normally prosecutes some serious misdemeanors as well, such as domestic violence, DUI's, and school- and firearm-related crimes.

Johnson explained that the CA normally prosecutes suspects under state criminal code. Johnson said sometimes municipalities create local ordinances that mirror state code so that

municipalities can receive fines imposed on those convictions.

According to Johnson, the City Attorney's Office is responsible for prosecuting crimes when the suspect is charged under local codes.

A new concept in running the CA office is establishing satellite offices in the community.

Johnson said Underwood established the Community Collaboration Center in Wards Corner in early November. Prosecutor Krystal Fulton said the office, led by Deputy Prosecutor Linda Bryant, "is focused on addressing specific problems in your community."

"Essentially what we want to try to do is fight crime from the other side of the stick," said Fulton.

According to Fulton, while the main office downtown is focused on fighting crime by prosecuting charges already ongoing, the collaboration center is focused on meeting citizens, addressing specific complaints, and outreach, ideally encouraging victims and witnesses to work more closely with authorities.

Fulton encouraged residents to call or stop by the office so that any concerns about crime can be proactively addressed in the beginning stage.

The Commonwealth's Attorney's Community Collaboration Center is located in the Norfolk Workforce Development Center, in the Little Creek Gateway ('Kroger') Shopping Center. The phone numbers are 664-4849 and 823-4333.

-Kevin can be reached at jkjanney@verizon.net or 587-1287





Any compliments or concerns, please contact Bryan at 552-0000, Ext. 207.

THE WRIGHT STUFF

LAWN SERVICE (757) 588-7176

Now's the time to schedule your customized lawn treatment (including fertilization & weed control)

- Mowing
- Weedeating
- Edging
- Bushes
- Spring Cleanups
- Mulch
 - Aerating
 - Seeding
 - Fertilizing
 - Customized
 Turf Programs

WHY CALL ANYONE ELSE WHEN WE CAN SERVICE ALL OF YOUR LAWN CARE NEEDS?

A FAMILY BUSINESS OPERATING IN THE TIDEWATER AREA SINCE 1998. CALL JIM WRIGHT TODAY FOR A FREE QUOTE.



The **PERFECT** way to:

-Meet Neighbors
-Make the neighborhood look great
-Help SACL pick up E.A.R.N.N. points

Suburban Acres Civic League

Adopt-a-Spot Cleanup

Saturday February 23 9—10:30 am

Meet at the corner of Thole St. & Galveston Blvd. for an hour or two of litter pick-up.

Bags, gloves, refreshments provided.

Help us earn EARNN (Environmental Awards for Recycling in Norfolk's Neighborhoods) points.





Call for New Client Specials and Free Estimates
Locally owned and operated

www.doodycalls.com

1-800-DoodyCalls (800-366-3922)



NORFOLK SHERIFF'S OFFICE

Robert J. McCabe Sheriff / High Constable

Robert J. McCabe, Sheriff 811 E. City Hall Avenue Norfolk, VA 23510 Office: (757) 664-4713 Fax: (757) 441-2531 E-Mail: robert.mccabe@norfolk.gov

E-Mail: robert.mccabe@norfolk.gov Web Site: www.norfolksheriffsoffice.com

The Wellness Column



Presented by Dr. Brad Robinson

Forward Head Posture (FHP)

Side to side spinal curves (like Scoliosis) are abnormal, but front-to-back curves are not. These curves help the body carry its weight and distribute it down through the pelvis.

When one of the three curvatures decreases, the body's alignment is thrown off balance. For example, if the cervical (neck) spine's curve is lost, the neck begins to straighten causing a condition called "cervical kyphosis."

Kyphosis can progress to the point where the curve actually reverses, going in the opposite direction...this reversal is known as Forward Head Posture (FHP).

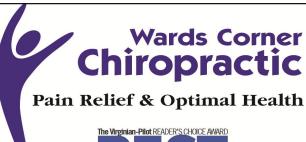
FHP can cause vast degenerative effects in the spine and neck, like chronic pain, reduced range of motion, and increasing risk of strain. With FHP, constant strain is placed on joints; joints that are strained continuously are predisposed to arthritis, sometimes even at early ages.

FHP also dramatically increases the risk of neck muscle strain since the neck and shoulder muscles are constantly working to prevent the head from falling over completely.

The good news is FHP can be reduced, and even corrected in many cases. Right now, whether you're sitting or standing, assess your neck posture. Is your head leaving forward with your neck and shoulders tense?

Even small postural misalignments can eventually lead to pain and health problems.

Learn about chiropractic's highly effective approach: call Dr. Robinson, a chiropractor and holistic-care provider, at (757) 588-8908 or visit our website at www.WardsCornerDC.com.





Voted Best of Norfolk 5 Years in a Row - 2008-2012

Gentle + Safe + Effective + Affordable

Military Discounts, Payment Plans Most Insurance, Major Credit Cards

Dr. Brad Robinson, D.C. **Dr. David Milot**, D.C.

588-8908

Official Chiropractor for the Norfolk Admirals 7400 Granby St., Norfolk • www.WardsCornerDC.com



Suburban Acres Civic League Vice President Marsha Lockard (center) served as a panelist at *The State of the Dream: MLK Day America's Sunday Supper* the evening of January 20th at Old Dominion University's Webb Center. The forum was presented by the Virginia Beach Chapter of Alpha Kappa Alpha Sorority and was moderated by local radio personality Ray Pope. With Lockard on the dais was Pam Brown, Chairman of the Republican Party of Norfolk (left), and columnist and political commentator Vivian Paige (right) among other community leaders including Dr. Carlos Campo, President of Regent University and Helen Sommer, Executive Director of Habitat for Humanity-South Hampton Roads.





THE NORFOLK COMMISSIONER OF REVENUE PROVIDES DMV SERVICES AT CITY HALL!

WE CAN HELP YOU WITH:

Titles
Registration
Name & Address Changes

License Plates
Dealer Services
Voter Registration

Norfolk Commissioner of Revenue

Norfolk City Hall Building, 810 Union Street, 1st Floor Norfolk, VA 23510 757-664-7884 www.norfolk.gov/revenue

"It is an honor to serve as YOUR Commissioner of Revenue!"
- SHARON M. McDONALD



Sustainable Living Fair at ODU Feb. 16-17

The 2013 Sustainable Living Fair, at ODU's Webb Center, presented by Five Points Community Farm Market is Saturday February 16 from 10 am to 5 pm and Sunday February 17 from 11 am to 4 pm.

The fair features a number of interactive displays and exhibits giving you an entire weekend of action. Visit the Kitsch Kid's Corner and have oodles of fun re-crafting with trash.

Get cozy with hens from Hampton Roads Hens, check out an aquaponics system brought in by Virginia State University, and watch a blacksmith in action on Saturday on the front lawn at ODU Webb Center.

The Sustainable Living Fair is free and open to all. Visit www.slfhr.com for more information.

-The Suburban

Box Tops help Suburban Park Elementary

- Shop at Farm Fresh; turn in the bottom of your receipts.
- Shop at Kroger & link your store card to Suburban Park.
- Shop at Food Lion & link your store card to Suburban Park.
- Save Box Tops (<u>www.BoxTops4Education.com</u>)
- Save Labels for Education

(<u>www.LabelsForEducation.com</u>) and *Printer Ink Cartridges Bring your labels/receipts to the next SACL meeting*





ARTS ATHLETICS - ADADENICS



By Karen Mayne

February 2013 - Organize your Paperwork

Do you have boxes and piles of documents lying around and providing dinner for silverfish and nesting materials for mice? As we get ready for tax season, this is a good time to recycle unneeded paperwork.

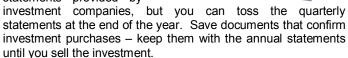
A good record keeping system starts with a paper filing system, a computer filing system for scanned documents and electronic bills, and a high quality fire safe and/or bank safe deposit box. The following tips come from Consumer Reports, *Money*

Advisor (January 2012). **To Keep or Toss?**

Tax Records – Keep these for at least the seven year statute of limitations. These can be kept in a file drawer or scanned into the computer.

Bank Records – Toss monthly statements after a year unless they are needed to document tax deductions.

Investment Records – Keep the annual statements provided by



HILL HILL

Purchase Records – Keep receipts needed for warranties, itemized tax deductions, and large purchases in case of insurance claims. Credit card receipts and statements can be tossed after you verify the statement unless you need them to document a tax deduction. Keep warranties with instruction manuals in a central location and toss when you get rid of the item.

Important Documents – Keep these in a fire safe or safe deposit box: birth and death certificates, Social Security cards (never carry them in your wallet), passports, marriage licenses, divorce decrees, and military discharge papers. Other important documents include life insurance policies, property deeds, vehicle titles, U.S. savings bonds, stock certificates, paperwork supporting your defined-benefit pension, and records that support capital gains improvements to your property. The originals of the following documents should be kept at home, but keep a copy in your safe deposit box if you have one: wills, trust documents, power of attorney, medical power of attorney and living wills. These documents need to be accessible to your family if something happens to you, and a bank may seal the safe deposit box upon your death.

Time to Toss!

When it's time to toss those unneeded papers, make sure you do not become a victim of identity theft. Shredding is the best way to get rid of documents that may reveal personal

Continued...see "Toss It", page 10

Furnish Your Home Office or Business



From ugly to gorgeous! Let us transform your existing pieces with our on-site refinishing, refurbishing and electrostatic metal painting services. Or, find your dream furniture in our huge inventory for up to 60% off retail.



- · Moving & Delivery Services
- Refinishing & Refurbishing
- On-site Repair & Maintenance
- Electrostatic Painting

1124-B Kingwood Avenue, Norfolk, VA 23502 757.855.2800 · ofo@ofova.com



Full-service residential and commercial installer

-Raised panel & custom Wood

-Steel carriage house

-Door openers

-Service and repair

Read our customers' testimonials and see the many brands and door styles available at

www.fitzandsonsgaragedoors.com

(757)480-5083

10% product discount with this ad - free estimates

Toss It...Continued from page 9

information. Shred anything that includes: Social Security numbers; financial, investment and credit card account numbers; unused convenience checks; credit card offers and applications; monthly bills; expired credit cards; papers with your signature; tax records more than seven years old. Most mail that just has your name and address does not need to be shredded since that information is available in public records. Toss those in your blue recycle can.

If you have a shredder, you can put ribbon-cut shredded material in your blue recycle cart if it is not the cross-cut type and if you put it in a paper (not plastic) bag. You may want to staple the paper bag shut so the shredded material doesn't blow away. The City will shred your sensitive documents for free, 24 hours a day, 7 days a week at the Division of Towing and Recovery, 1195 Lance Road. While-you-wait service is available for up to 100 sheets of paper, and drop-off service is available for up to a shopping bag full. Paper clips and binders must be removed.

When you get ready to replace a computer make sure to transfer your important files to the new computer. Then either remove the old hard drive and destroy it with a hammer, or use one of the free software programs that will erase (a computerized version of "shredding") all the files on your hard drive. Take the old computer and hard drive to the City's electronics recycling site at the Division of Waste Management, 1176 Pineridge Road (Monday through Saturday, 10:00 am to 2:00 pm).

> Karen can be reached by e-mail at <u>KarenLMayne@aol.com</u> or by phone at 587-1287



If you're not currently receiving updates via email from SACL send us a brief email to let us know you'd like

to be added to our distribution list! Birthdays? Anniversaries? Lost & found? Let us know!

Norfolk Christian Schools Fine Arts Showcase, Saturday, February 16th, 6:30 pm Visual Art Viewing (*Main Street*), 7:00 pm Living Water Program in the Ambassador Gym. Performances by choral, instrumental, theatre and visual arts groups, including students from all three NCS campuses.

Girl Scout Troop 327 is holding an All-You-Can-Eat Breakfast Fundraiser on Sunday, February 24 between 9 and 11 a.m. at Legion Post 327 on Tidewater Drive. Price is \$7 for adults \$4 for children. GS Troop 327 is raising funds for a trip to Savannah, Georgia to Girl Scouts founder Juliette Gordon Low's birthplace.

February is Fun Month at Norfolk Botanical Gardens. \$5.00 Guest admission. Ride bikes all day, every day. NBG is celebrating its 75th Anniversary Celebration throughout 2013. For additional 75th Anniversary events, including the 2013 Plant Society Shows & Sales, visit the Norfolk Botanical Garden website at www.nbq75.org.

Norfolk Public Library's Mary D. Pretlow Anchor Branch hosts **African American History Month Weekend Series** in February with musical salutes, the Elliott Family String Quartet, and African-American artifacts display & lectures. 441-1750 or www.npl.lib.va.us for more information.

IN MEMORY

Our good friend and neighbor Reverend Father Savas Christos Constantinou, 82, of Carl Street, passed away on January 2, 2013 in his home with

his loving family at his side.

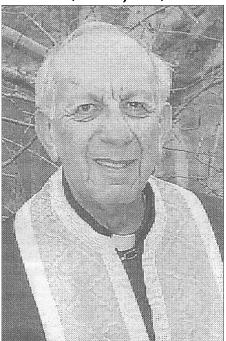
He was a native of New York City and a resident of Norfolk since 1942. He was the son of the late Christos and Sophia Constantinou and was preceded in death by his brothers Andrew and Gus Constantinou and John Stanton. He was a graduate of Granby High School and served his country in the United States Army and was a Veteran of the Korean War. He married Athena Pallas in May 1964.

Fr. Savas was a member of Annunciation Greek Orthodox Cathedral and formerly served as an Acolyte, Choir member and Sunday School teacher, parish Sexton/Custodian, Parish Council member and Parish Council President.

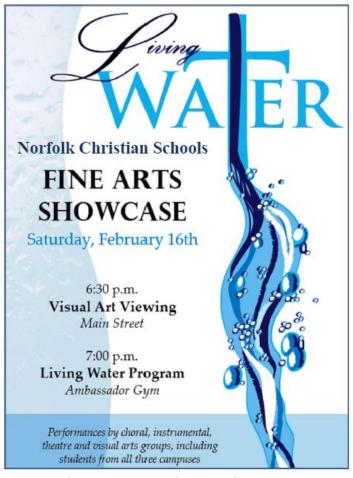
"Father Sav" was ordained on Feb. 6, 1976 and had a long history with the Greek Orthodox Church, serving as youth minister and director in the Eastern Virginia District and New Jersey Diocese, as well as Priest with lay profession and youth work at Annunciation in Norfolk, and Saint Nicholas in Virginia Beach. Survivors include his loving wife of 48 years, Presvytera Athena of Norfolk, his daughter, Presvytera Renee and her husband Reverend Father Michael I. Lambakis of Houston, Texas, his sister Mary Kypros of Norfolk and his grandchildren; Andrew Michael and Nicholas Savas Lambakis.

Many neighbors and friends from the neighborhood attended the funeral service on January 8th. Memoriams may be sent to: Virginia District Orthodox Christian Charities, 621 First Colonial Road, Virginia Beach, Va. 23451.

SAVAS CHRISTOS CONSTANTINOU Nov. 21, 1930-Jan. 2, 2013



Rev. Father Savas Constantinou of Carl Street served at Annunciation Greek Orthordox Church, and at St. Nicholas Greek Orthodox Church in Virginia Beach. Father 'Sav' passed away on January 2nd.



Create a Butterfly Way Station:

A Fellow River Star Invites You to Her Home

Saturday, Feb. 9, 2 pm-3:30 pm, Home of Ruth Burch 5333 Challedon Drive, Virginia Beach

Work on your Wildlife Habitat Ribbon - Learn how to help the declining butterflies with native plants that also reduce runoff from your River Star Home. Ruth Burch, four-time past president, Butterfly Society of Virginia, will show how she attracts butterflies to her River Star Home on the Eastern Branch with a beautiful and organic garden. RSVP to imcleod@elizabethriver.org by Feb. 7.





А	E	D	A	W	Н	J	E	K	A	С	G	N	Ι	K
R	С	W	I	F	K	В	K	W	В	Н	F	Z	D	Х
R	E	F	G	P	F	Т	S	M	E	L	G	I	R	М
R	0	V	Х	Х	U	Н	P	S	Μ	K	Т	Z	A	A
A	J	A	0	Y	Μ	С	L	D	I	A	Х	Y	С	R
A	L	Х	R	L	Х	A	W	М	N	Т	M	Х	E	D
L	М	С	0	R	0	V	S	J	E	A	V	W	Н	I
K	S	Н	S	S	0	Z	I	Q	S	Н	E	Т	В	G
Н	D	М	E	Μ	A	W	I	K	U	R	G	В	Μ	R
E	A	D	S	I	W	N	D	D	K	E	W	L	Т	A
A	E	Q	Т	Т	Т	Х	F	I	A	A	R	С	N	S
R	В	W	Н	Т	E	N	I	Т	N	E	L	A	V	R
Т	0	S	Z	E	Х	G	I	С	G	G	D	F	D	W
V	С	E	E	N	Y	С	A	N	D	Y	0	Т	P	Ε
Z	Т	E	R	Т	D	E	D	A	R	A	P	F	0	С

lover	King Cake
Mardi Gras	krewe
mask	roses
masquerade	smitten
parade	Valentine
roses	
	Mardi Gras mask masquerade parade



We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!

Suburban Acres Civic	League Me	embership F	Form 2012
----------------------	-----------	-------------	-----------

☐ Individual \$ 5.00 ☐	Family	\$	10.00
------------------------	--------	----	-------

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail Phone

Please make check payable to **Suburban Acres Civic League.** Bring to the next meeting or mail this form to Marsha Lockard, Treasurer, Suburban Acres Civic League, 7311 Woodfin Ave. Norfolk, VA 23505. **And thank you for your support!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping Friday February 1 & March 1.



Recycling Pick Up (Blue Bins) February 14 & 28; March 14 & 28.

FEB 11 Suburban Acres Civic League Meeting...doors open at 6 pm, meeting at 6:30, Suburban Park Elementary. Join us!

FEB 14 Greater Wards Corner Partnership, 8:30 am. Norfolk
Fitness & Wellness Center,
7300 Newport Ave.

FEB 14 Norfolk Federation of Civic Leagues, 7 pm, Lake Taylor Hospital Cafeteria, 1309 Kempsville Rd.

FEB 16 Fine Arts Showcase, 6:30 pm, Norfolk Christian Schools Upper School, 255 Thole Street.

FEB 16-17 Sustainable Living Fair, ODU Webb Center, Sat. 10
am-5 pm, Sun. 11 am-4 pm.
Free.

FEB 21 City Budget Information Meeting, 6:30-8 pm, Mary D. Pretlow Anchor Branch Library, Ocean View.

FEB 23 Adopt-a-Spot Cleanup, 9-10:30 am, meet at corner of Thole St. & Galveston Blvd. (Suburban Park Elementary).

MAR 1 Open House, new Norfolk Collegiate School Center for the Arts, 7336 Granby Street, 10 am-noon.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CHONGO	Fel	ou	ry	~ \range \range (\range \range \range \range (\range \range \rang	1	Groundhog Day
3	4	5 2 pm Council Work Session	6	7	8	9
10	SACL Meeting 6:30 p.m.	Lincoln's Birthday 5 pm Council Informal Session 7 pm Council Formal Session	13 Ash Wednesday	Day 8:30 am Greater WC Task Force 7:00 pm Norfolk Federation Civic Leag	15 ues	16
17	18 President's Day	19	20	21	22 Washington's Birthday	9 am Adopt-a- Spot Cleanup
24	25	5 pm Council Informal Session 7 pm Council Formal Session	27	28	20	13

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M		rc]	h 2	013	Norfolk Collegiate Open House	2
3	4	5 2 pm Council Work Session	6	7	8	9
10 Daylight Savings Time Begins	SACL Meeting 6:30 p.m.	Lincoln's Birthday 5 pm Council Informal Session 7 pm Council Formal Session		14 8:30 am Greater WC Task Force 7:00 pm Norfolk Federation Civic Leag	15 ues	16
St. Patrick's Day	18	19	First Day of Spring	21	22	23
Palm Sunday 31 Easter	25 Passover Begins at sundown	5 pm Council Informal Session 7 pm Council Formal Session	27	28	29 Good Friday	30

Suburban 👭



Community Resources and Contacts

Norfolk Commissioner of the Revenue

664-7860

Norfolk Treasurer

664-7800

Animal Control, Lost & Found Animals

441-5505

Norfolk Public Works

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks 823-4050

E-waste recycling (common household electronics)

Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators)

Free to Norfolk residents at waste management facility:

1176 Pineridge Road MON-SAT 10 am-2 pm

For complete list of recyclable e-waste items call 441-5813

Virginia Office of Consumer Affairs (investigation of consumer complaints) 1-800-552-9963

Five Points Community Farm Market, 2500 Church Street 640-0300

Norfolk Public Libraries

664-7328

Norfolk Neighborhood Design & Resource Center

664-6770 PRIME PLUS Norfolk Senior Center, 7300 Newport Ave 625-5857 Norfolk Cares...City services, citizen complaints & concerns Mon-Fri. 8 am-6 pm 664-6510

Norfolk Department of Utilities

Customer Service 664-6700

Emergency-Water Main Breaks & Sewer Leaks 823-1000

Miss Utility (Call Before You Dig)

1-800-552-7001