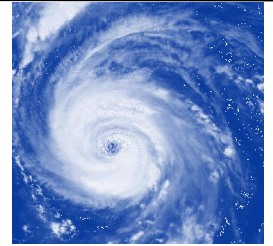




The Suburban

Hurricane Sandy Edition



NOVEMBER MEETING

Monday Nov. 12**Doors open at 6 pm****Meeting at 6:30 pm****Norfolk Collegiate School***(Suburban Park Elem. closed for**Veteran's Day)**(Suburban Pkwy entrance)***Meeting Program:****Randy Wright on****Transportation Issues****Annual Thanksgiving****Presentation to S.P.E.****& Food Drive**

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From the President

Wow, what an October! Fall is DEFINITELY my favorite time of year. The colors, the nip in the air and cooler weather, the wine festival circuit (thank you, house watchers and cat sitters!). And 'falling back' (remember to change the batteries in your smoke detectors). October was definitely busy.

Our second e-Cycling (home electronics) recyclables drop off site on October 20th was again a big success. You dropped off 4 or 5 cubic yards of stuff that will be recycled instead of going in the landfill, not to mention the batteries and other household haz-mat.

We're calling this the "Hurricane Edition" since Sandy caused the cancellation of Harvest Festival, which was scheduled of October 27th. Sandy also postponed our board of directors meeting, caused some anxious days watching flooding for those Suburban Park and Suburban Acres residents bordering the Lafayette River and marsh, and caused some extra yard work and cleanup duties for all of us. Thankfully I haven't heard of any injuries or serious damage in the neighborhood.

I will ask all of you to keep some of my co-workers in mind. My Navy fire department has two stations in Earle (Colts Neck) New Jersey. Three of my brothers and sisters up there experienced significant damage to their homes. In the worst, the house survived but the

contents and a car are a total loss from flooding. Let's keep everyone up in the New Jersey and New York area in our thoughts and prayers as they begin recovery from Sandy.

I hope to see you at our November 12th meeting for the annual election of civic league officers, and our annual presentation to Suburban Park Elementary for their holiday food drive. Please bring some non-perishable food items if you can.

Also, come on out and join us for an hour or two Saturday morning November 17th for our Fall Adopt-a-Spot neighborhood cleanup. We're meeting at 9 am at Suburban Park Elementary, corner of Thole and Galveston.

See you soon,

Kevin

Holiday Food Basket Drive for Suburban Park Elementary at November 12 SACL Meeting



◆ Please bring a
non-perishable
food donation

◆ Annual
presentation of
SACL's cash
donation to SPE



Oct. 29th, 11:45 am. This shot is looking from Kirby Crescent across the Lafayette River's branch toward Gunn Court, shortly after the highest tide we experienced during Hurricane Sandy.



Suburban Acres Civic League Officers

Kevin Janney, President
587-1616
saclpresident@gmail.com

Lori Cloud, Vice President
583-0250
sacvicepresident@gmail.com

Diane Ruhl, Secretary
531-9121
sacsecretary@gmail.com

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343-2382
sactreasurer@gmail.com

Board of Directors

Jeb Clarke 626-0076

Chris Claggett 588-2261

JoDee Cook 587-7918

Larry Tice 480-3194

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Police (Non Emergency)
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Code Enforcement
664-6532

Norfolk Cares
664-6510

Neighborhood Watch
Coordinator
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ltice2@cox.net 480-3194

EARNN (Environmental Awards
for Recycling in Norfolk Neigh-
borhoods) Coordinator
JoDee Cook
587-7918

Military Family Coordinator
Susan Thornes
suzyqqqq@cox.net
617-1635

Visit our website at
www.suburban23505.com

Suburban Acres Civic League Meeting Minutes for October 8, 2012

Meeting called to order by Kevin Janney, President at 6:35 pm. Quorum was established. (22 members attended the meeting, 1 visitor).

Pledge of Allegiance

September minutes approved without correction or additions.

Kevin introduced guest Terry LaBeff co-owner (co-owner and brother Chad Caldwell not present) of Two Brothers Inc. / Sal's Pizza, who just opened their store on Virginian Drive and Little Creek.

Pace Report—Officer Odel Davis

There were 6 incidents within 30 days (larcenies). These larcenies occurred on the 200 block of Granby PL, 300 block of Virginian Drive, two on East Kenmore, Thole street and Galveston. (Windows of cars broken, moving company stole a computer tablet and bikes taken from a yard). Make sure you stay vigilant and aware of your surroundings. Don't leave valuable items in your cars and be sure to lock up items like bikes at the end of day.

Officer Davis spoke of a scam with people targeting the elderly (going directly to their homes) saying they were law enforcement personnel and that there was an issue with their bank accounts. They would escort them to their bank, have them take money out of their accounts and then rob them. Do not answer the doors for solicitors and be sure to contact the law enforcement to verify those saying they are law enforcement officers.

There were calls and concerns about city workers in the area during trash days. They are out there putting stickers on our recycle cans. This is for the Recycle perks program. You should see them for the next couple of weeks. Wards corner project: The demolition continues. Please stay away from that area for safety reasons.

Committee Reports—

Meetings and Events: Lori spoke about the October 20th recycling day (old computers, TV's etc) and upcoming Harvest Celebration Saturday October 27th. Jen from Archers Green will be the Room Mom for the event. There will be a "crock pot" cook-off, crafts, entertainment from a Jazz band, and costume contest. Anyone that can bring other food items to the Harvest celebration will be very much appreciated.

There will also be a food drive in November for students at the elementary school, please bring non-perishable food items to the next SACL meeting on November 12th at Norfolk Collegiate. Uniform drive for Suburban Park Elementary continues. Cash / check donations also accepted.

Neighborhood Liaison: Karen Mayne reported on first Wards Corner Task Force meeting since the task force's summer break: (\$2 million has been budgeted for Wards Corner). All the shops for the new Suburban Park Shopping Center have been leased but one; although not officially announced. Discussion of two constitutional amendments on November ballot.

Membership: 51 Household members and 24 Single Members to date and three members who have paid for their 2013 dues already.

Yard of the Month: YOTM for October is 210 Thole Street. (Bessie Peris)

Old Business—

The Nominating Committee has nominated a proposed slate of officers:

-President: Kevin Janney -Vice President: Marsha Lockard
-Secretary: Diane Ruhl -Treasurer: Lori Cloud
-Board Members (at large): Susan Thornes, Jeb Clarke, Larry Tice, and Chris Claggett

There will be an opportunity for nominations from the floor at the November 12th meeting at Norfolk Collegiate, then the election follows.

New Business—None

Treasurer's Report—Marsha Lockard

Beginning balance was \$2,295.27 and end balance after payment of newsletter, food/beverage, and other expenses was \$2,296.08. The revenue for September \$287.00 and our expenditure was 286.19. Good News, we were in the black for September/October. Note: With and advertisement budget of \$744.00 and donations from Chris Perry and Tinee Giant our SACL is actually coming in right on budget, though the cost of printing is going up.

Announcements

- Box Tops (collected 6 so far) will be collected at each SACL meetings for education as well as Farm Fresh receipts (collected \$505.15 in receipts so far!!) and Campbell Soup labels (20 collected).
- Next SACL meeting will be November 12th at Norfolk Collegiate. (Suburban Park Elem. will be closed for Veterans day).
- Door Prizes/Raffle: 1. Norfolk Library shopping bag and 2013 historical calendar, 2. a dozen tulip bulbs, and 3.) \$13 cash (50/50)

Meeting Adjourned at 8:10 pm.

Respectfully submitted,
Diane Ruhl, Secretary

Civic League and Community News

www.suburban23505.com

E-cycling a hit...again in Suburban Acres

The Suburban Acres Civic League held its second neighborhood e-Cycling collection point on Saturday October 20 from 9 am to 1 pm.

More than four (4) square yards (or 700 pounds) of electronics recyclables was collected and delivered to the Norfolk e-Cycling/Household HazMat collection center.

Old TV's, computers, electronic parts, lamps, and all manner of household electronics and small appliances, including batteries and compact fluorescent bulbs were collected.

The event earns the neighborhood five (5) points in the EARNN (Environmental Awards for Recycling in Norfolk

Neighborhoods) program and keeps a substantial amount of poisons and recyclable material out of the landfill.

THANKS if you came to drop off. If you didn't, save your recyclables for another neighborhood collection point, or take them to the Division of Waste Management collection center in the industrial part at 1176 Pine Ridge Road Monday through Saturday from 10 am-2 pm, or 24-hours a day at the city's towing facility at 1195 Lance Road. (Norfolk residents only, proof of address required).

-The Suburban

Suburban Park Elementary Food and Uniform Clothing Drive

The civic league will hold a Thanksgiving food basket and uniform clothing drive at the November meeting. The civic league will once again make a donation to the school of canned food and a cash donation to help with Thanksgiving baskets for needy school families. The school maintains a clothes closet for



Suburban Acres Environmental Guru Karen Mayne (left) and Board of Directors Member Chris Claggett (right) man the neighborhood e-Cycling collection point on October 20th.

students who cannot afford to purchase the required clothing and for the younger children who have "accidents."

The school uniform is: khaki colored shorts and long pants, skirts, and jumpers; polo shirts, collared shirts or turtlenecks in royal blue, light blue or white; and sweaters in royal blue, navy blue, white or brown. The uniform closet needs these clothing items in all children's sizes, but particularly the larger sizes. (No "cargo" type pants, please.) These can be purchased at stores like Wal-Mart, America's Kids (The Gallery at Military Circle), or the website www.FrenchToast.com.

Also needed is smaller boys and girls underwear in sizes 4 – 8 for the Pre-K and kindergarten children. The underwear should be new in its packaging (unwashed). There is also a need for khaki bottoms (pants or skirts) in these same sizes for the "accidents."

If you would like to contribute any of these items or make a monetary donation to the school, please bring them to the civic league meeting. Claudia Cary (583-8165 or cdcary@cox.net) and Karen Mayne (587-1287 or KarenLMayne@aol.com) are coordinating this project and will be glad to pick up your donations if you cannot attend the league meeting.

-The Suburban

City to pick up storm debris through November

The City of Norfolk will pick up building materials/yard waste and bulk waste at the curb through November 30th. Refuse collectors have their regular schedule of trash collection to meet as well as collection of the debris throughout the city left by Hurricane Sandy. The city asks residents to please keep in mind that the entire city is filled with additional debris from the storm and your patience in this matter is greatly needed and sincerely appreciated.

-Norfolk Division of Communications



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Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Norfolk Sheriff first to receive National Court Security Executive certification

Norfolk Sheriff Robert J. McCabe is the first sheriff in the United States to receive the National Sheriffs' Association's certification as a Court Security Executive. The certification recognizes McCabe's significant knowledge in the field of Court Security.

In order to achieve this national recognition, Sheriff McCabe submitted an approved comprehensive court and security plan to the National Sheriffs' Association which demonstrated procedures for providing safety and security in Norfolk's courthouses and detailed policy for handling fire and medical emergencies, hostage-barricade situations, bomb threats, required evacuations, escapes from custody or other situations threatening the life and safety of those working in and using the courthouses.

Norfolk's court and security plan was developed from a process initiated by the Supreme Court of Virginia which established a Court Security Assessment Review Committee. Sheriff McCabe served as chairman of the committee in 2006 and 2007.

The Court Security Executive Certification is a new recognition awarded by the National Sheriff's Association. Fred Wilson, Director of Operations for the NSA, called McCabe "a leader in court security both in the state of Virginia and nationwide." In order to receive the elite certification, the executive must also provide proof of advanced education and coursework in the field.

-Thanks to the Norfolk Sheriff's Office Times newsletter for this article and photo.



Norfolk Circuit Court Judge Charles Poston presents Sheriff Bob McCabe with the National Sheriff's Association National Court Executive Certification.

Earn Twice with Your Blue Recycling Cart

Putting out your blue recycling cart every two weeks (whether full or not) helps the civic league earn money from the City's Environmental Awards for Recycling in Norfolk Neighborhoods (EARNN) program. Now, it can also earn you rewards, too!

There is a new method of counting civic league recycling

participation rates. The City will count the number of blue carts and green carts on the street to obtain a percentage. In the past, the City compared the number of blue carts to the total number of homes in the community, and the carts had to be at least half full. This new method should result in a higher count for our civic league and more EARNN points. Yeah!




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2012

The Virginia-Pilot READER'S CHOICE AWARD

BEST of
Norfolk
2012

The City of Norfolk also has a new program to encourage greater participation in the curbside recycling program. The program, called **Recycling Perks**, rewards households who recycle with points that accumulate towards free and discounted products from local companies. The City is partnering with TFC Recycling, the company that handles its recycling, to bring us this program. You can sign up for **Recycling Perks** at www.NorfolkTrash.com.

-The Suburban

**You've 'bin'
advised...
Please put
out the blue
bins!**



Civic League & Community News

www.suburban23505.com

Norfolk CrimeView statistics Suburban Acres, October 1-31, 2012

CRIME TYPE DESCRIPTION	ADDRESS	DAY OF WEEK DATE/TIME	INCIDENT #
SIMPLE ASSAULT	500 BLOCK VIRGINIAN DR	MON 10/01/2012 18:33	121001000103
VANDALISM	500 BLOCK VIRGINIAN DR	TUES 10/09/2012 17:00	121013485202
LARCENY, SIMPLE ASSAULT	7400 BLOCK GRANBY ST	TUES 10/09/2012 01:20	121009000004
VANDALISM	7300 BLOCK GRANBY ST	FRI 10/12/2012 15:30	121013483501
SIMPLE ASSAULT	100 BLOCK CROMWELL PKWY	SAT 10/13/2012 20:10	121013000067
LARCENY-FROM AUTO	300 BLOCK THOLE ST	MON 10/15/2012 11:00	121016000009
LARCENY-FROM AUTO	7100 BLOCK KIRBY CRES	MON 10/15/2012 11:00	121016460101
LARCENY-FROM AUTO	100 BLOCK GLEN ECHO DR	MON 10/15/2012 20:00	121015432201
LARCENY-FROM AUTO	200 BLOCK FORSYTHE ST	MON 10/15/2012 20:34	121016000034
LARCENY-FROM AUTO	400 BLOCK THOLE ST	TUES 10/16/2012 00:30	121016000006
LARCENY-FROM AUTO	400 BLOCK THOLE ST	TUES 10/16/2012 05:28	121016000008
LARCENY-FROM AUTO	7300 BLOCK GRANBY ST	WED 10/24/2012 09:00	121031047301
LARCENY (ALL OTHERS)	7300 BLOCK GRANBY ST	WED 10/31/2012 14:15	121031000063

TOTAL INCIDENTS: 13

Neighborhood Watch Update

By Larry Tice

At the Oct. 11 Greater Wards Corner Task Force meeting LT Coghlan reported that crime remains low in the area – mostly larcenies and shoplifting from businesses. He reported that the vice squad was notified after last month's task force discussion of prostitution in the Wards Corner area, but they have not found anyone. He said that if the public sees what they suspect to be prostitution, they should immediately call the police and inform the dispatcher that it is suspected prostitution so that the police will respond quickly.

With the holidays rapidly approaching, remember to protect yourself and your property by using these simple crime prevention tips. While shopping, don't leave your purse in your shopping cart. Always have it in a secured grip to prevent it from being snatched. Don't leave purchased items in plain view in your car. Stow them in the trunk, or if in a van or SUV, cover them with a dark blanket or towel so that they will not be obvious. Never leave your car running while you are not in it. Don't leave the keys in the ignition and always lock the doors. Traditionally, robberies to individuals and businesses always spike during November and December. Always be aware of your surroundings and don't put yourself in a position to become a victim. I hope that everyone has a healthy and safe holiday!

-Larry can be reached at ltice2@cox.net or 480-3194



Norfolk's Neighbors Building Neighborhoods program offers code training

"Know the Code" training will be held on Saturday, November 17th from 9:00am – noon at the Third Patrol Division, 901 Asbury Avenue. The purpose of this training is to provide an introduction to code enforcement and how it affects our neighborhoods.

-Norfolk Division of Communications

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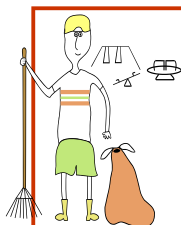


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Like the crisp fall weather? Like your neighbors? Want to meet more of them? How about a clean neighborhood?

Join SACL SAT Nov. 17, 9 am
Fall Adopt-a-Spot Cleanup

Meet corner of Thole St. & Galveston (Suburban Park Elementary). This takes about 1-2 hours and earns us EARNN points!

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Local Business Journal updates readers on redevelopment at Wards Corner

By Lydia Wheeler

Inside Business-The Hampton Roads Business Journal posted an article on October 12 announcing a TowneBank branch will be part of the redeveloped Suburban Park Shopping Center at Wards Corner.

A new branch for TowneBank will fill space in front of the Harris Teeter grocery store planned for Wards Corner in Norfolk.

Developer Chris Perry, president of Suburban Asset Management, said TowneBank will build a branch on the out-parcel of land along Granby Street. The grocery store and now the bank will be part of the redeveloped Suburban Park Shopping Center on the southeast corner of the neighborhood.

Though still in the early design stages, Keith Horton, TowneBank senior executive vice president, said the plan is to build a free-standing retail branch of about 4,500 to 5,000 square feet. It will have an ATM, drive-through teller and night deposit station.

Construction, Horton said, will follow the construction timeline of Harris Teeter, expected to begin in April.

TowneBank chose Wards Corner for its new retail branch location, Horton said, because of the redevelopment happening there.

"It completes our market for Norfolk," he said. "It fills a gap in the Hampton Roads community."

TowneBank will lease the acre parcel from Perry's company, which is spending \$18 million to \$20 million redeveloping the shopping center.

TowneBank, founded in April 1999, has 26 bank branches from Williamsburg to the Outer Banks of North Carolina. The branch location closest to Wards Corner is in Harbor's Edge, a retirement community on Colley Avenue near downtown Norfolk.

Horton hopes to open the Wards Corner location at the same time the Harris Teeter debuts, in early summer 2014. The 53,000-square-foot grocery store will have a total of 10 shops on either side that add 20,000 square feet to the strip.

"Letters of intent have been signed on nine of the 10 store spaces," Perry said.

Though he would not disclose any of his potential tenants, Perry did say none of the lease agreements are for less than five years.

Now that A.J. Gators Sports Bar & Grill has been demolished, Perry said demolition of the bigger building, which once housed Dollar Tree, Subway and Ben Cooper Jewelers, will begin in three to five weeks, once asbestos abatement is complete.

Down the road, Farm Fresh is finishing upgrades to its store on Little Creek Road. The grocery chain spent close to \$2 million remodeling the interior, said Leonard Provost, a senior manager of project management and construction with Supervalu, the parent company of the Farm Fresh grocery chain.

The store expanded its wine and beer department, installed a bigger salad bar, upgraded its lighting to LED, energy-saving lights and installed new meat cases.

Contrary to popular belief, Provost said the upgrades were planned long before Harris Teeter announced it was opening a store in Wards Corner.

Farm Fresh is also hoping to construct a one-lane drive-through for its pharmacy on the left side of the store.

Provost said plans will go before the city planning commission later this month.

Across Little Creek Road, in the northeast quadrant of Wards Corner, the Midtown Shopping Center is nearing completion on its \$1.2 million exterior upgrade. Mike Norment, vice president of Midtown Development Corp., which owns the plaza, said the façade and architectural improvements that began in April will be finished in about three to four weeks.

"We're a little behind schedule," he said.

Norment said national retailers are showing interest in the property. He would not name the retailers.

The Midtown plaza was built in 1946 by Norment's uncle, Alexander Martone. His uncle saw a need for a shopping center in the mid-Atlantic like the great ones he'd seen in South Florida and New York.

This article reprinted with permission. The full text of the article can be found at insidebiz.com. Author Lydia Wheeler can be reached at 222-2351 or Lydia.Wheeler@insidebiz.com

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Commonwealth's Attorney's Office to open satellite site in Wards Corner

The Norfolk Commonwealth Attorney's office is opening a Community Collaboration Center (CCC) in the Workforce Development Center at Wards Corner.

The CCC supports the Commonwealth Attorney's Office and the City by having a small group of prosecutors evaluate and integrate specialized resources and programs into the daily prosecution of cases. The prosecutors are responsible for representing the Commonwealth in Norfolk Circuit Court's Drug Court, Mental Health Court, and Offender Re-Entry Court programs. The center's philosophy will encourage collaboration between prosecutors, criminal justice partners, and the community to develop safer neighborhoods and enhance the quality of life of citizens.

Deputy Commonwealth's Attorney Linda Bryant will serve as the site's Director.

Commonwealth's Attorney Greg Underwood said he believes the CCC is an important extension of the Office – enabling his office to remain committed to their duty of criminal prosecution while recognizing the importance of crime prevention initiatives in Norfolk.

According to Underwood, "Physically being located outside of downtown in a satellite office of sorts will increase our accessibility to citizens with public safety or criminal justice needs."

A grand opening is scheduled for Thursday, November 1st from 4pm-5pm at the Norfolk Workforce Development Center (NWDC). The program, which will include the ribbon cutting, will be brief and will be followed by a simple reception. Mayor Paul Fraim, City Manager Marcus Jones, and Norfolk Sheriff Bob McCabe have confirmed they'll be attending.

-The Suburban



Christmas in...October? Nope, this Santa is 3 year old Owen Kiernan getting his Trick-or-Treat on! We've got more great pics of Halloween in Suburban Acres provided by the Kiernan family on our Web site at www.suburban23505.com.

The Wellness Column

Presented by Dr. Brad Robinson



How is your Spinal Health?

Years ago a great friend had these tee-shirts made that said, "if your spine was on your face you'd take better care of it." How true that statement is. Many people simply just don't know and understand how important their Spinal Health really is.

So many times we hear from our patients how much better they feel overall since they began chiropractic care, along with the many comments about not getting sick as often as they used to. This comes from correcting the subluxations and misalignments in the spine.

So then, what is "Good Spinal Health"? For starters:

1. Each person in your family should get checked for spinal misalignments.
2. Are you under regular chiropractic care? Regular means, I have a standing appointment.
3. Are you doing your spinal exercises? How often? Are you trying to build up the core muscles to strengthen your spine?
4. Can you do a "self posture check" in the mirror? Can you do a posture check on your family members? Dr. Robinson finds improper posture is a widespread cause of vertebral subluxations and related pain.

Our goal is to educate and adjust as many 'families' as possible toward optimal health, through natural chiropractic care. Once educated on how the spine and nervous system work, it's easy to see how spinal health is critically important to your overall good health.



Wards Corner Chiropractic

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To find out more about chiropractic care, call us at (757) 588-8908 or visit our website at www.WardsCornerDC.com



Congratulations, Bessie Peris! Flora, the Suburban Acres mermaid discovered Bessie's home at 210 Thole Street...and declared it the **October 2012 Suburban Acres Yard of the Month**...on the spot! We hope you enjoy Flora's month-long visit, Bessie!



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SUBURBAN ACRES GREEN

By Karen Mayne

November 2012 – Winter Energy Tips

The bright colors of autumn will soon give way to the cold and damp days of winter. Did you know that home heating and the hot water heater together account for about 43 percent of the average home's annual energy costs? Taking steps to reduce heating costs can make a big difference in your monthly bills and helps the environment.

The folks at the Department of Energy, Dominion Virginia Power, and Virginia Natural Gas provide the following tips for reducing heating costs.

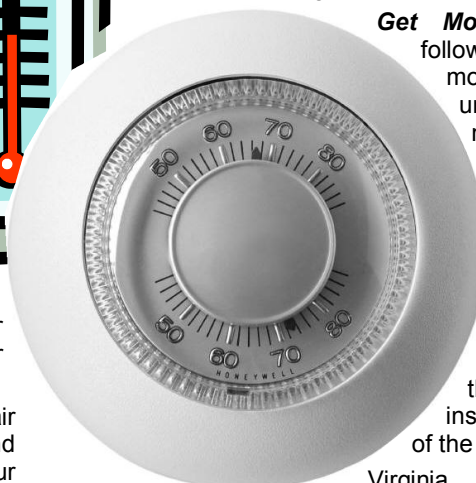
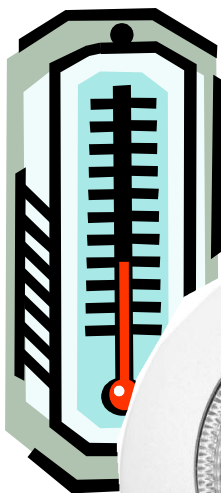
Seal Air Leaks – This is the most cost effective action you can take. Check for and fix holes and cracks around doors, windows, lights, wall switches and outlets. Repairing leaky and uninsulated air ducts can save \$400 a year on heating and cooling bills, but is best left to a professional.

Add Insulation – Adding insulation in the attic and crawl space can save up to 20 percent on annual heating and cooling bills. It's the second most cost effective action you can take.

Install a Programmable Thermostat – Lowering the thermostat temperature while away from home and while sleeping can result in big savings – about \$180 a year if used properly. Every degree you lower the thermostat during the heating season will save between one and three percent on your heating bill. And adding a cozy sweater can make a lower house temperature a little more comfortable!

Regular Maintenance – Replace or clean furnace and air return filters once a month. Dirty filters restrict air flow and increase the energy demand on your heating unit. Have your system checked before the start of the heating system to keep it running efficiently and safely and to extend the life of the unit. Do-it-yourselfers can check the owner's manual, or call in a professional heating and air conditioning company.

Check Fireplaces – Much heated air leaves the house via the chimney whether or not the fireplace is in use. Inspect the damper to make sure it closes properly and is not rusted, and keep it closed when the fireplace is not in use. If you no longer use your fireplace, add a foam insulation insert to improve the air seal.



Exhaust Fans – Turn off kitchen and bath fans about 20 minutes after you are done so they don't vent excess heated air to the outside.

Let the Sun Shine In – Open curtains and shades during the day to let the solar heat warm your house. Insulated curtains with heavy linings are a good way to make old windows feel less drafty at night.

Close Foundation Vents – If your crawl space has foundation vents, close them during the winter to reduce cold air flow.

Water Heaters – Most water heaters come preset to 140 degrees, which is a scalding temperature hotter than what most homes need. Lowering the setting on your hot water heater to 120 – 125 degrees will be plenty hot and could reduce water heating costs by up to 10 percent. Put an insulation blanket around your hot water heater if it is located in an unheated space – you could shave up to 15 percent off the cost of heating the water.

Fix Hot Water Leaks – A hot water faucet leaking at 1 drip per second can waste up to 1660 gallons of water a year and up to \$35 in energy costs.

Reduce Hot Water Use – An on/off lever installed on the shower head will allow you to turn off the water while lathering up. Turn off the water while shaving, brushing teeth, or lathering hands.

Get More Information – The following websites provide more detailed information on undertaking these tips and more, including energy audits, utility rebate and assistance programs, and tax rebates.

Department of Energy – www.EnergySavers.gov

This incredibly thorough website includes maps that show the proper amount of insulation for various regions of the country.

Virginia Natural Gas – www.VirginiaNaturalGas.com Look under the Energy Savings section of the website for information on VNG's energySMART program.

Dominion Virginia Power – www.dom.com Look under the Energy Conservation section for energy saving tips, rebates, and calculators to find out how much energy your home uses.

Karen can be reached by e-mail at KarenLMayne@aol.com or by phone at 587-1287



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Announcements

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like to be added to
our distribution list!*

Birthdays? Anniversaries? Lost & found? Let us know!

6th Annual T.I.E. (Together In Education) Awards Gala & Silent Auction, Norfolk Waterside Marriott, Nov. 28th 2012 5:30 PM (5:30 p.m. reception, 6:30p.m. dinner). Gala is hosted by new NPS Superintendent of Schools and his wife, Dr. Samuel T. and Pearl King. Tickets and information at www.norfolkedfoundedevents.com/events. Fundraiser and awards for Norfolk Education Foundation.

The **Norfolk Freedom Marathon** will take place the morning of Sunday, November 11th along Waterside Drive to Boush Street, Brambleton Avenue, Hampton Boulevard, Little Creek Road, and Granby Street to Town Point Park. For more information, visit <http://www.freedommarathon.org/>

Part time job opportunity...Jackson Hewitt Tax Service will hire more than 24,000 tax preparers for the 2013 tax season (January-April). Jackson Hewitt's Basic Income Tax Course has been completely revised for compliance with Internal Revenue Service requirements and guidelines for 2012, and is accredited by Phoenix University! Earn up to 4.5 college credits. Second class offering of the 2012 season begins on Monday Nov. 5th. Classes meet on Mondays and Wednesdays from 6 PM until 10 PM. Last class session is Wednesday, Dec. 19th. Course is "Tuition Free!" The two books required for the course will cost \$79. Bring a friend, and earn a REFERRAL FEE when your friend registers for class with you! For more information and to register call Andrew Kleeger at 480-2000!

Granby High School Community Town Hall, Thur. Nov. 8, 6 pm. The purpose of the Town Hall Meeting is to engage our community stakeholders, to form new partnerships and identify reciprocal needs between the school and community. Parking for Granby High is located on the gym side (Granby St. & Oxford St.) or on the bus loop side (Newport Ave. & Harvard St.). Enter through main entrance; refreshments. RSVP at tsmigiel@nps.k12.va.us or 451-4110 ext. 2.

Expanded Pool Hours at NFWC begin November 7th. The indoor pool at the Norfolk Fitness and Wellness Center will be open on Wednesdays from 6:30am to 8:00pm. For more information, call 823-4301 or visit <http://www.norfolk.gov/rpos/wellness.asp>.

Get Tuned in to NPSNow! Tune in to Norfolk Public School's newest program for of news, sports and information to keep you up to date on the school system. The Norfolk Education Foundation is featured in this edition of NPSNOW! To watch, tune to Ch. 47 or go online to www.npsk12.com.



NORFOLK SHERIFF'S OFFICE

Robert J. McCabe
Sheriff / High Constable

Robert J. McCabe, Sheriff
811 E. City Hall Avenue
Norfolk, VA 23510

Office: (757) 664-4713
Fax: (757) 441-2531
E-Mail: robert.mccabe@norfolk.gov
Web Site: www.norfolksheriffsoffice.com

Gardens In A Flowerpot

What customers on yelp.com say about
Gardens in a Flower Pot ...

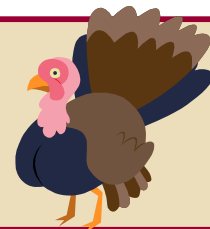
"Good selection of plants, veggies and herbs at great prices. They also have a good variety of things that you're not likely to find at a big box store (e.g., organic soil/compost and even lady bugs!)."

"This place is AWESOME! What you'll find here is an astoundingly large variety of any plant you could want to put in your yard. Service was extremely personable and staff members were easy to find and answer questions. Prices were really good as well."



941 W. Little Creek Road Norfolk
(757) 489-8972

NOVEMBER WORD SEARCH



I C M I T S E V R A H T L L L
A E R A I P O C U N R O C R O
D L B S T U F F I N G F F C Y
I E C U A S Y R R E B N A R C
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F R L P G P R T E M D C F U N
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E I L T F L K D G I K L U D E
M O I N F E Y P E R I E R A H
E N D Y E A A N M M I T Y R T
A S A E M E D S A U R M O A A
L M Y S I S U F T R P B S P G

AUTUMN	FEAST	MEAL
CANDIED YAMS	FRIENDS	PARADE
CELEBRATION	GATHERING	PILGRIMS
CORNUCOPIA	HARVEST	PUMPKIN PIE
CRANBERRY SAUCE	HOLIDAY	STUFFING
FAMILY	MAYFLOWER	TURKEY

Shout Out! Good News About our Neighbors...

THANKS, **Norfolk Sheriff's Office Community Corrections Work Force Crews** for helping with the Wards Corner Community Clean-up! The October 13th cleanup also got some help from nine **Norfolk Collegiate students and their parents**, plus a couple of volunteers from the Dam Neck Training Support Center. Deputy Cuffee's crews get a special shout out from Wards Corner!



The NSO crews will be back working in Wards Corner again in December.

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Suburban Acres Civic League Membership Form 2012

☐ Individual \$ 5.00 ☐ Family \$ 10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting
or mail this form to Marsha Lockard, Treasurer, Suburban Acres Civic League,
7311 Woodfin Ave. Norfolk, VA 23505. **And thank you for your support!**



**We need your involvement
in the Suburban Acres Civic League. The larger our
membership, the louder
our voice will be heard!
Please join today!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping
Friday November 2
& December 7



Recycling Pick Up (Blue Bins)
November 8 & 24;
December 6 & 20

Holiday Trash / Recycling Collection: Thanksgiving falls on our normal collection day. The make-up collection day for Suburban Acres is Sat. November 24th.

NOV 8 Greater Wards Corner Partnership, 8:30 am. Norfolk Fitness & Wellness Center, 7300 Newport Ave.

NOV 8 Norfolk Federation of Civic Leagues, 7 pm, Lake Taylor Hospital Cafeteria, 1309 Kempsville Rd.

NOV 8 Granby High School Education Town Hall 6 pm.

NOV 12 Suburban Acres Civic League Meeting... doors open at 6 pm, meeting at 6:30, Norfolk Collegiate School, Suburban Pkwy. *Non-Perishable Food Drive for Suburban Park Elementary school.*

NOV 17 Fall Adopt-a-Spot Neighborhood Cleanup, 9-11am, meet corner of Thole St. & Galveston Blvd. at Suburban Park Elementary School. Bags & gloves provided.

DEC 10 SACL Holiday Get-together. 6 pm, Suburban Park Elementary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November				1	2	3
4 Daylight Savings Time Ends 	5	6 2 pm Council Work Session Election Day	7	8 8:30 am Greater Wards Corner Task Force 7:00 pm Norfolk Federation Civic Leagues	9	10
11 <i>Veteran's Day</i> 	12 SACL Meeting 6:30 p.m. <i>Veteran's Day Observed</i>	13 5 pm Council Informal Session 7 pm Council Formal Session	14	15	16	17 9 am Adopt-a-Spot Cleanup Thole & Galveston
18	19	20	21	22 Thanksgiving	23	24
25	26	27 5 pm Council Informal Session 7 pm Council Formal Session	28	29	30	

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Community Resources and Contacts

Norfolk Commissioner of the Revenue
664-7860
Norfolk Treasurer
664-7800
Animal Control, Lost & Found Animals
441-5505

Norfolk Public Works

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks
823-4050

E-waste recycling (common household electronics)

Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators)

Free to Norfolk residents at waste management facility:

1176 Pineridge Road
MON-SAT 10 am-2 pm

For complete list of recyclable e-waste items call 441-5813

Virginia Office of Consumer Affairs (investigation of consumer complaints)
1-800-552-9963

Five Points Community Farm Market, 2500 Church Street
640-0300

Norfolk Public Libraries
664-7328

Norfolk Neighborhood Design & Resource Center
664-6770

PRIME PLUS Norfolk Senior Center, 7300 Newport Ave
625-5857

Norfolk Cares... City services, citizen complaints & concerns
Mon-Fri. 8 am-6 pm 664-6510

Norfolk Department of Utilities

Customer Service

664-6700

Emergency-Water Main Breaks & Sewer Leaks
823-1000

Miss Utility (Call Before You Dig)
1-800-552-7001