

Suburban Acres Civic League

Mar. 1, 2011
Volume 8, Issue 3

MARCH MEETING Monday Mar. 14

Doors open at 6 pm
Meeting at 6:30 pm

Suburban Park
Elementary School

Guest Speaker:

Lisa Renee Jennings
FONE (Friends of Norfolk
Environment) President

**Sustainable Living,
Recycling, & Litter
Prevention**

Inside this Issue

Norfolk CARES
Assistance Center Info
Page 5

Ocean View St. Patrick's
Day Parade information
Page 6

More St. Patrick's
Events...
Page 11

Civic League Officers
and Contacts
2

February Meeting
Minutes
3-5

Civic League and
Community News
7

Suburban Acres
Green
9

EARNN Report
10

Announcements &
Events
11

Membership Form
Word Search
12

Neighborhood
Calendar
Suburban HELP

The Suburban

www.suburban23505.com

Message from the President

It will happen any day now. The daffodils will soon push through and invite us outside once again with the promise that spring is near. And when they arrive, I will be among many with open arms welcoming the dawn of brighter and warmer days. I heard robins singing the prelude earlier this week...a beautiful cantata titled "Come Spring, For We Are Ready!"

Well...I didn't think you would have bought into it if I simply stated "c'mon spring, I'm anxious to put some engine hours on my Toro"...because that certainly would be a lie.

Daffodils and St. Patty's Day; these two are markers of relief from bitter grey skies. The snow was fun, yes...but overstayed its welcome, in my opinion. We're ready to get out and moving about...walking the streets and talking with neighbors, checking on those who you suspect found winter refuge in their respective hermitages, indulging in comforts of the remaining tins of butter cookies, aunt Patricia's homemade raspberry spread, and those salted sausage and cheese packages that went unclaimed at Christmas.

This winter felt like we lived in the mid-west and we were snowed-in for three months. I mean, I really did enjoy the butter cookies, but if it wasn't for the Civic League meetings, I could've

counted my neighbor-sightings on one hand! So now that we're almost liberated from the oppressing winter, it's time to spring back to life!

The SACL is gearing up to have some fun with our events this year, and as usual, focusing on getting our neighbors together. We've already begun to plan the 4th of July parade, and we're looking for help to step it up a notch! Contact us if you have a marching band, or anything to enhance the celebration. But don't wait for that grand event, come on and get engaged now!

There are things happening in our city and right here in our neighborhood. Tune into the website (www.suburban23505.com) and be sure to subscribe to the posts (top right). Look for our new Facebook page which is up and running! And most importantly, come join your neighbors at the monthly meetings. We have interesting speakers, and we actually learn and laugh a bit. I know...a Civic League...laughing and enjoying each other — who would have guessed. I'll look forward to seeing you!

Ok, turn the page and enjoy!

WARMest regards,

Timothy M. Fox

Monday March 14th is
an EARNN
MEETING!



*SACL needs 30 adult members
to attend in order to get EARNN
points toward the \$750 award.
See you there...bring a neighbor
or two!*

Your pot of gold is wait-
ing at the March 14
SACL meeting!



\$ 50 / 50 Raffle \$



Suburban Acres Civic League Officers

Tim Fox, President

338-0439

sacpresident@gmail.com

JoDee Cook, Vice President

587-7918

Deanna Adams, Secretary

353-1506

sacsecretary@gmail.com

Deidra Rader, Treasurer

(918) 695-3811

sactreasurer@gmail.com

Board of Directors

Jeb Clarke 626-0076

Kevin Janney 587-1616

Ray Henson 753-4679

Angeleck Nance 961-1850

Newsletter/Communications

Kevin Janney

jkjanney@verizon.net

587-1616

Newsletter Advertising

suburbanacres@gmail.com

Newsletter Distribution

Mary Verykousis

587-1221

PACE Officers

Officer Odell Davis

odell.davis@norfolk.gov

823-4433 390-0417

LT Bill MacKenzie

823-4448

william.mackenzie@norfolk.gov

Police (Non Emergency)

441-5610

Code Enforcement

664-6532

Norfolk Cares

664-6510

Neighborhood Watch

Coordinator

Ray Henson

753-4679

EARNN (Environmental Awards for Recycling in Norfolk Neigh- borhoods) Coordinator

Katrina Butler

dixiekat@mac.com

(703)655-2101 (cell)

Visit our website at

www.suburban23505.com

Suburban Acres Civic League

Meeting Minutes for February 7, 2011

Meeting called to order at 6:30 p.m. at Suburban Park Elementary School. Attendance - 33 members & guests (quorum established).

Pledge of Allegiance

President Timothy Fox welcomed members and visitors.

Minutes from the January meeting as published in the newsletter were approved unanimously.

PACE Report—Officer Davis

Officer Davis reported 13 incidents in Suburban Acres to include domestics, larcenies from auto, armed robbery (at La Boutique), vandalism, robbery to individual (100 block of Sub Pkwy – suspect in white van), burglary to house after open house event – owner out of area (appliances stolen).

Norfolk Cares forms were provided, giving information for home safety inspections. Residents advised to contact Norfolk Cares for handicap access curb installation requests. Questions from body included availability of flashing speed radar for Thole Street and how to get panhandlers off the street. Per NPD, some trespassing letters are being revoked in court because the letters are for all of Wards Corner, instead of individual businesses....which requires business owner to come to court.

Homeless living in woods at Tidewater/ Thole St. area is creating a litter problem. This is state property and an issue for Virginia State Police, not NPD.

Neighborhood Watch—Ray Henson

Continuing to verify watch captains; attended city-wide Neighborhood Watch meeting last month.

Guest Speaker—Prime Plus Norfolk Senior Center. Gwen Kight & Candice Skinner provided information on membership and activities, and the upcoming "Men Who Cook" fundraiser.

Committee Updates

Communications

Web domain name renewed for one year at \$17

Meetings and Events—JoDee Cook

The July 4th Parade subcommittee will meet Feb 28th. Contact JoDee Cook if you would like to be a part of the event planning.

50 / 50 Raffle Winner: Susan Thornes (bonus gift certificate donated by Bud Rayber)

Sweet Seat Valentine Chair Prize Winner: Bud France

Membership

Please advise the Board if you learn of new neighbors so that we can welcome them to Suburban Acres (email suburbanacres@gmail.com)

Neighborhood Liaison

Wards Corner Now and Norfolk Federation of Civic Leagues next meetings announced. These meetings are open to all.

Update on ForKids Thrift Store in WC -- Suburban Acres (along with Wards Corner and Talbot Park) provided City Council and Planning Commission with letters disapproving the rezoning exception allowing used merchandise sale, fearing this would run contrary to the vision held for Wards Corner revitalization. ForKids withdrew their application at Planning Commission hearing.

Treasurer's Report

Balance: Not provided -- transition of duties in progress

Budget: 2011 Budget presented by President Fox and approved unanimously.

EARNN—Katrina Butler

Spring Cleanup planned for March 5th 9 - 11 am. Meet at Tinee Giant. A second neighborhood cleanup is being scheduled for later in the spring. Adopt-A-Spot cleanup with Norfolk Christian last month was unsuccessful due to turnout. (This event was mid-day on a weekday) – Our March 2011 meeting is an EARNN (environmental-themed) meeting; SACL needs 30 or more members to attend to earn points.

Old Business - None

New Business - None

Announcements

— SACL sign managers needed (meeting, sweeping, recycling)

— Next meeting March 14th at Suburban Park Elementary

Meeting Adjourned at 8:00 pm.

Civic League and Community News

www.suburban23505.com

Longtime Wards Corner Business Closes

Wards Corner Now reported on Feb. 7th that longtime Wards Corner business Sarah's Cards and Gifts has closed. WCN quotes one local businessman as saying, "To look at the glass as half full though, 34 years in business there says something very positive about Ward's Corner."

The shop, owned by Cathy Lane was formerly known as Sarah's Hallmark.

The business was an SACL supporter, purchasing ads in The Suburban on a regular basis. We will miss her colorful store.

-WardsCornerNow.com

Norfolk Public Schools to hold public hearings on school closure, consolidation, redistricting

Public hearings on cost-saving initiatives including consolidating some elementary schools are to be held in March. The system faces a \$21.7 million budget deficit for fiscal year 2012, and declining enrollment. Fourteen elementary schools are under-populated, and the system is considering closing as many as four of them over the next two years. Residences may attend any of three public hearings on the school system budget:

Thurs. March 3, 6:30 pm
Dreamkeepers Academy
2600 East Princess Anne Road

Wed. March 9, 6:30 pm
Oakwood Elementary School
900 Asbury Avenue

Thurs. March 10, 6:30 pm
Larimore Elementary School
7600 Halprin Drive

For residents wishing to speak at the public hearings, sign up begins at 6 pm outside the school auditoriums on the evening of each hearing. For more information contact the NPS Department of Communications and Media Relations at 628-3459.

-The Suburban

Citizens Police Academy to start April 7th

The Spring Citizens Police Academy begins Thursday, April 7 and runs through Thursday, June 23 at the Norfolk Police Training Center, 2500 N. Military Highway, 6:30 – 9:30 p.m. This free, 12-week session provides residents first-hand information about how the police department works and affords the opportunity to develop partnerships to help make Norfolk's citizens and communities safer.

To enroll in the academy, participants must: be 18 years of age or older, complete an application for enrollment, and pass a

limited background check. To request an application, contact Officer Miles Warren at 664-6921 or via miles.warren@norfolk.gov. Classes fill up fast, so submit your application as soon as possible.

-Norfolk Police Department



Gwen Kight (left) and Candice Skinner provide information on Norfolk Prime Plus Senior Center at Feb. 7 SACL meeting.

Eggleston Garden Center at Tanners Creek



30 % Off
all Flags and
Windchimes

eggleston
GARDEN CENTER

Phone: 625-3670

*Your purchase helps support
Eggleston's mission of
providing employment for
persons with disabilities.*

www.tannerscreekgardencenter.com

**Wards
Corner
Chiropractic**

*The healthiest people
on the planet are under
regular chiropractic care.*

Dr. Brad N. Robinson
Chiropractor

7400 Granby St., Suite F
(757) 588-8908

Norfolk, Virginia 23505
FAX: (757) 583-3069

www.wardscornerdc.com

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Norfolk CrimeView statistics Suburban Acres, February 1-27, 2011

#	Case #	Description	Date	Time	Location
1	1102174165 736727	LARCENY-FROM AUTO	20110218	0000	100 BLOCK CROMWELL PKWY



Delegate Miller is sworn in by Christie Heath, Deputy Secretary of the Commonwealth, accompanied by Jennifer Aulgur, Director of Appointments.

87th District Delegate Paula Miller appointed to commission

Norfolk Delegate Paula J. Miller was appointed by Governor Bob McDonnell to the Commonwealth Public Safety Memorial Commission.

Virginia's Public Safety Memorial was created to recognize all public safety officials who have lost their lives in the line of duty. Public safety officers, for the purpose of this Memorial, include law enforcement officers, firefighters, jail and correctional officers, members of the Virginia National Guard and Virginia Defense Force, emergency management and hazardous materials personnel, ABC enforcement agents, volunteer rescue squad members, emergency medical services personnel, conservation police, marine resource officers, state park rangers, and forest wardens.

-Delegate Miller Staff

Norfolk Reports on Litter Summit

The Norfolk Environmental Commission, in cooperation with the City of Norfolk, conducted part two of a Litter Prevention Summit on February 24 aimed at reducing litter at its source with the idea of improving the overall appearance and cleanliness of the City and reducing negative environmental impacts of litter in our City.

Over 100 were in attendance; participants represented 13 different City of Norfolk departments, local businesses and associations, 19 civic leagues, non-profits and other agencies. After brief presentations by stakeholder agencies on the state of litter in the city, city litter receptacles, litter prevention programs, volunteer programs and enforcement of litter laws, all joined in a round table discussion to brainstorm ideas and possible solutions.

Key points from the summit to use in building the long term strategy include:

- Build more strategic partnerships to target prevention efforts at problem sources of litter; Litter is everyone's issue not just the City's
- Improve and increase enforcement (bagging of household setouts, maintaining clean retail and construction sites)
- Increase public litter prevention awareness through more comprehensive education efforts.

-City of Norfolk

THE WRIGHT STUFF LAWN SERVICE (757) 588-7176

**Now's the time to schedule your
customized lawn treatment (including
fertilization & weed control)**

- Mowing
- Weedeating
- Edging
- Bushes
- Spring
- Mulch
- Aerating
- Seeding
- Fertilizing
- Customized Turf Programs



**WHY CALL ANYONE ELSE WHEN WE CAN SERVICE
ALL OF YOUR LAWN CARE NEEDS?**

A FAMILY BUSINESS OPERATING IN THE TIDEWATER
AREA SINCE 1998. CALL JIM WRIGHT TODAY FOR
A FREE QUOTE.



NORFOLK SHERIFF'S OFFICE

Robert J. McCabe
Sheriff / High Constable

Robert J. McCabe, Sheriff
811 E. City Hall Avenue
Norfolk, VA 23510

Office: (757) 664-4713
Fax: (757) 441-2531
E-Mail: robert.mccabe@norfolk.gov
Web Site: www.norfolksheriffsoffice.com

Civic League and Community News

For more news and events visit our website at www.suburban23505.com

Suburban Acres Civic League Featured Supporter

Dr. Brad Robinson has operated Wards Corner Chiropractic since 1988 and was joined by Associate Chiropractor Dr. David Milot in 2005. Prior to entering the medical field Dr. Robinson was a high school science teacher, and football and baseball coach. Coach Robinson's team doctor for the high school teams was a chiropractor, and he was impressed with the no drugs/no surgery approach to medicine.

"Dr. Brad" gravitated toward that approach and says he enjoys guiding people in techniques to improve their overall wellness, and calls his a conservative approach to health care used to relieve a myriad of symptoms including head ache and back pain.

Robinson earned his undergraduate degree at Central Michigan University (BS in Education) and his Doctor of Chiropractic at Life University Chiropractic College in 1983. Drs. Robinson and Milot use a family wellness approach, encouraging patients to participate in their care and renewal of their health versus purely short-term treatment of symptoms, including education about nutrition, exercise, and stress management.

Wards Corner Chiropractic has been voted "Best in Hampton Roads" by Virginian Pilot readers for the past three years. Dr. Brad is President of the Virginia Chiropractic Association, a commissioner on the Norfolk Hospital Authority, and team chiropractor for the Norfolk Admirals. Wards Corner Chiropractic is located at 7400 Granby Street Suite F and can be reached at 588-8908.



NNU to host sessions on energy efficiency and residential codes

Norfolk Neighborhood University provides opportunities for networking and sharing practical ideas for problem solving and decision making. NNU is offering the following workshops in the near future:

"Neighborhoods Going Green!" This workshop will provide residents with practical and economical ways to improve the energy efficiency of their home. Learn where and how to start. Neighborhoods Going Green" will be held March 14 from 6 to 8 p.m. at the Norfolk Wellness Center, 7300 Newport Avenue and April 11 from 6:30 to 8:30 p.m. at the Neighborhood Design and Resource Center, 111 Granby Street.

"AccessNorfolk: Resident Services and Codes Academy" is a three-part workshop. Residents will learn how to better connect to all of the major city services and programs over the three sessions. Also, they will learn how working collaboratively with their neighbors and the city contributes to safer, healthy and more thriving neighborhoods. "AccessNorfolk" will be held March 17, 24 and 31 from 6:00 to 8:00 p.m. at the Norview Community Center, 6380 Sewells Point Road.

-Norfolk Division of Communications

Mermaid Returns?

She's back...Yes, Flora the Suburban Acres Mermaid returns from her cold weather rest. Yard of the Month resumes in March!



Fitz & Sons
Garage Doors LLC
A DOOR THAT "FITZ" YOUR NEEDS
Dealer for the finest garage doors and parts by Amarr
Your Door. Your Style. Your Choice.



Full-service residential and commercial installer

- Raised panel & custom Wood
- Steel carriage house
- Door openers
- Service and repair

Read our customers' testimonials and see the many brands and door styles available at

www.fitzandsonsgaragedoors.com

(757)480-5083

10% product discount with this ad - free estimates



Suburban Acres Civic League...
IS NOW ON FACEBOOK!

BUSINESS
(757) 857-0371

FAX
(757) 857-4533

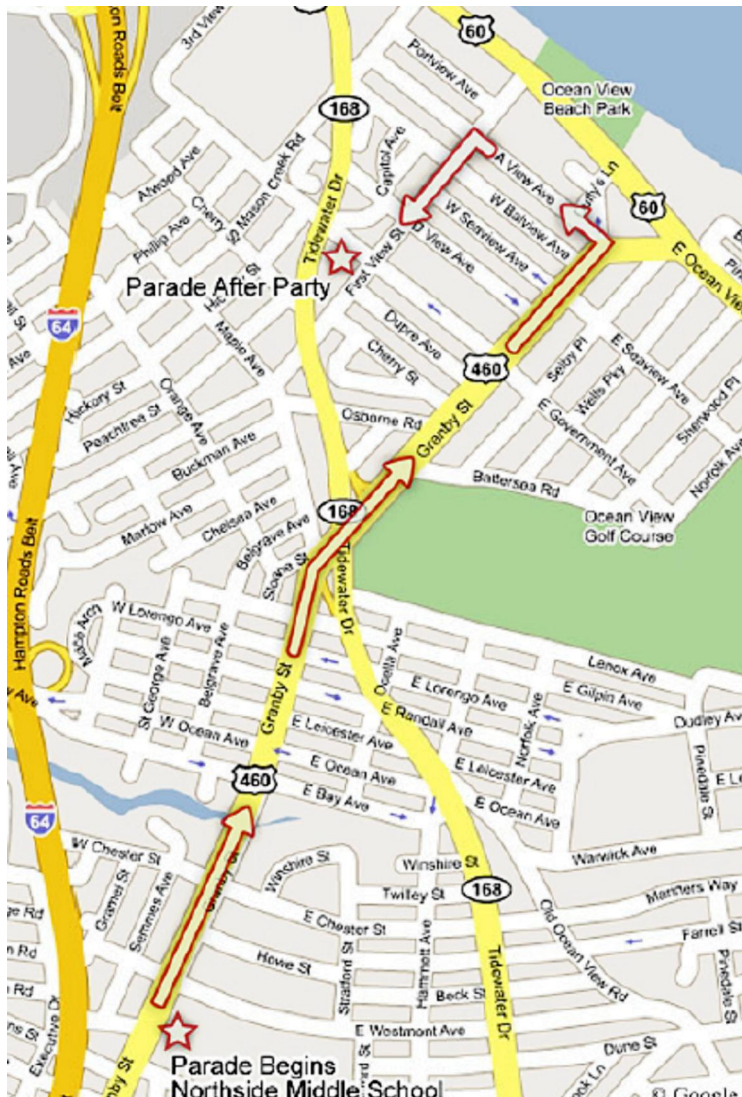
TERRELL'S LAWN & LANDSCAPE

2056 Kenlake Place
Norfolk, VA 23518

COMMERCIAL • RESIDENTIAL

MICHAEL TERRELL

OWNER



Parade route follows Granby St. from Northside Middle, loops left on A View, and ends at W. Government Ave. & First View St.

Parade on Saturday March 12 is 44th annual Saint Patrick's event for Ocean View

The 44th annual Knights of Columbus Ocean View Saint Patrick's Day Parade will be held on Saturday March 12 starting at 10 a.m. Ocean View business icon Judy Boone is the 2011 grand marshal. The parade, one of the country's longest-running, was first planned by the KOC's Father Kealey Council 3548 in 1967. According to local legend the first parade consisted of several Knights marching around their Government Avenue council home with trash can lids and brooms. After several trips around the building (including stops for liquid refreshment), the council decided to coordinate a "real" Saint Patrick's Day parade, which was held in March 1968.

The approximately one-and-a-half mile long parade route begins at Northside Middle School (corner of Granby St. and Westmont Ave.), travels North on Granby Street, turns left on A View Ave., turns left again on 1st View Street, and ends at the intersection of First View and Government Ave.

On street parking is available on most blocks adjacent to the parade route. Off-street parking is available at Sarah Constant Beach Park, Ocean View Beach Park, and Ocean View Elementary.

An after-parade party (ages 21 and up) is free and open to the public at the Knights of Columbus grounds at 211 West Government Avenue from immediately after the parade to 4 p.m. This year's party, hosted by the Columbian Club of Ocean View, features live music acts "Tidewater Drive" and "F.A.B." and a variety of food vendors.

The annual Emerald Ball, held to honor the Grand Marshal and "Princess Pat", will be held Saturday March 5 (the Saturday before the parade) from 6:30 p.m. to midnight. Tickets for the ball, which includes dinner and music by the band "Hot Cakes" are \$25.

More details and contact information can be found at the Council's parade web site, www.norfolkparade.com.

-The Suburban



Let's Go!

PET CARE

\$10 DOG WASH!

NO SIZE RESTRICTIONS...ALL DOGS JUST \$10 FOR SELF SERVICE!
OR LET OUR PROFESSIONALS WASH YOUR DOG FOR ONLY \$20!
**Offers End March 31st

SELF SERVICE DOG WASH
ALL NATURAL PET PRODUCTS
ALLERGEN FREE FOODS AND TREATS
PET SITTING & DOG WALKING

757-440-3565 110 LA VALETTE AVENUE
LETSGOPETCARE.COM

NORFOLK'S ONLY SELF SERVICE DOG WASH





Hey Neighbors...

You know all those tasty hot dogs at the July 4th parade...

That great newsletter...

The cleanups & other neighborhood projects...

Dues are Due for 2011

If you have not yet paid, please bring your check or cash for 2011 civic league dues to the March 14th meeting. \$5 individual, \$10 family.

SUBURBAN ACRES GREEN

By Karen Mayne

Spring house cleaning. Ugh! Does anyone actually do the kind of spring cleaning our grandparents did? In earlier times, every spring families would take the rugs outside and beat them clean, take down all the curtains and bed linens and wash them, and scrub the house from top to bottom. There was a reason for this intensive cleaning – soot. Coal and wood were the primary sources of heat and by the end of the winter, the insides of homes were coated with a layer of soot.

Luckily, we don't have to do the intensive cleaning of earlier generations. But our grandparents used some cleaning products we might want to try again. There are old-fashioned household cleaning products that will make our homes greener and are better for our families. Here are a few to try. Just make sure to use gloves when scrubbing with these products because, even though they are green, some can still hurt your skin and eyes.

Baking Soda – this has been a cleaning staple for years. A paste of baking soda and water can be used to clean up grime



on any hard surface, ovens, and refrigerators.

White Vinegar – Another staple, it can be diluted with water and used to clean floors, kitchens, and bathroom surfaces. Use it at almost full strength to remove lime deposits from coffee makers and bathtubs. To clean windows, make a solution of 3 tablespoons vinegar, ¼ teaspoon of liquid dish detergent, and 2 cups of water and put in a spray bottle.

An all purpose cleaner can be made by mixing ½ cup vinegar, ¼ cup baking soda, and 2 quarts of water.

Hydrogen Peroxide – This is a product we keep in the medicine cabinet but it has real benefits as a household disinfectant. It is great for killing mold, bacteria, and viruses. Just be careful getting it on your skin since it is a strong oxidizer (which is why we use it on cuts). Put full strength in a spray bottle to clean mold from grout in bathrooms and elsewhere in the house. Mix a quarter cup of hydrogen peroxide in a spray

Continued-See "Green Cleaning" page 8

Furnish Your Home Office or Business FOR LESS!



From ugly to gorgeous! Let us transform your existing pieces with our on-site refinishing, refurbishing and electrostatic metal painting services. Or, find your dream furniture in our huge inventory for up to 60% off retail.

**OFFICE
FURNITURE
OUTLET**
Quality New & Used for LESS!

- Moving & Delivery Services
- Refinishing & Refurbishing
- On-site Repair & Maintenance
- Electrostatic Painting

1124-B Kingwood Avenue, Norfolk, VA 23502
757.855.2800 • ofo@ofova.com

www.delvecchioswc.com



Hours of Operation
M-Th 11am – 10am
F & Sat 11am – 12am
Sun 12pm – 10am

Delivery Specials

(757) 588-6070

2 18" 1-Topping Pizzas
for only \$21.99!
2 14" 1-Topping Pizzas
for only \$17.99!

\$29.99
18" 1-Topping
Pizza,
20 Wings &
Garlic Cheese
Bread

Free Greek Salad
with any 18"
specialty pizza

\$16.99
18" 5-Topping
Pizza or Deluxe

\$16.99
14" 1-Topping Pizza
and 10 Wings

Green Cleaning (Suburban Acres Green, continued from Page 7)

bottle filled with distilled water to clean fresh vegetables and fruit before eating. You can also use this mixture to wash lettuce in a bowl. Rinse thoroughly before eating.

Toothpaste – Use a little dab of this to clean a whiteboard. Just rub it on, wipe it off with a paper towel, and then wipe the board with a wet sponge to remove all the residue. (The board is now ready to list the next day's errands and chores!)

Air Fresheners – Many folks like the smell of plug-in air fresheners or reed diffusers, but these products are often made from hydrocarbons or can aggravate asthma and allergies. Try a pot of cinnamon in water on the stove, a bowl of dried herbs, or essential oils like lavender, rosemary, lemon, or orange.

There are also some modern products that can help with cleaning chores. A microfiber cloth can be used for dusting – it picks up dust but doesn't leave a sticky residue on furniture like spray waxes (which are actually bad for wood). The product Magic Eraser is a white sponge that really is magic at removing marks on walls, cleaning dirty caulk, and just about any grime on hard surfaces. Rumor says it can even remove crayon marks. Murphy's Oil Soap is an old-fashioned product that is good for cleaning kitchen cabinets and wood floors.

These are just a few of the home remedies that can replace stronger cleaning products. If you want more ideas and actual cleaning "recipes," just type in "homemade cleaning products" in your Internet search engine. After all, spring is on its way – and after this long, cold winter, we all want to get outside!

Karen can be reached by e-mail at KarenLMayne@aol.com or by phone at 587-1287

TIDEWATER DRIVE STORAGE CENTER

Call Now (757) 333-7800

Save \$30, \$40 or \$50 on 1st Month*



6555 Tidewater Drive, Norfolk VA. 23509

Visit our web site! www.tdstorage.com

* offer expires Nov. 30, 2011

IMAGINE YOURSELF DEBT FREE

Dave Ramsey's

Financial Peace
UNIVERSITY

Financial Peace University is a 13-week, video-based small group study that teaches families how to beat debt, build wealth, and give like never before.

CLASS STARTS SOON!

Free Previews

Tuesday, March 15 6:00 pm

Sunday, March 20 3:00pm

Class starts Sunday, April 3 3:00pm

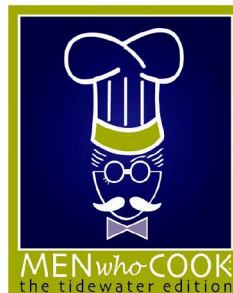
Call For More Information

TrinityLutheranNorfolk.org

daveramsey.com

Primeplus
Norfolk Senior Center

Announces its 2nd Annual Signature Event



**Men Who Cook:
The Tidewater Edition**

Saturday April 2, 2011
6:00 - 9:00 pm
Norfolk Masonic Temple
7001 Granby Street
Norfolk, VA

25 local amateur two-man chef teams present their delicious specialties to a panel of fabulous female judges

Dine and Dance!!

Entertainment by Hampton Roads' Jim Newsom Quartet

\$40 per person (\$50 at the door)
\$150 for a four-pack (Save \$\$\$)

Call 757.625.5857

for Information and Tickets
Or Email us: kcarey@primeplus.org



Primeplus is a not-for-profit corporation operated by Norfolk Senior Center and serving the older adult citizens of Hampton Roads since 1968.



EARNN Update
by Katrina "Kat" Butler

March EARNN Update

Thole Street Adopt-a-Street clean-up is Saturday, March 5th, from 9 to 11 a.m. Meet in front of the Tinee Giant. As official Adopt-a-Street stewards we are committed to picking up litter on Thole Street at least once every three months.

Great American Cleanup season runs from 1 March to 31 May. I desperately need volunteers to assist. If you can help, please call, text, or email, 703-655-2101, dixiekat@mac.com.

Where should we focus our Great American Cleanup efforts this year? Bring your suggestions to the March 14th SACL meeting or send me an email.

Key GAC dates...

March 16th – Kick off event. 5:30pm at the Norfolk Fitness and Wellness Center. Please come if you can. Pizza and drinks to be served.

April 23rd – This is the official "I" Keep Norfolk Beautiful Day. Take a walk with a trash bag in hand.

May 21st – **NEW DATE** for the Suburban Acres Great American Cleanup neighborhood clean-up. This date gives us time to organize (plus it's after soccer season.) Since Memorial Day is the following weekend, let's get the neighborhood ready for the "unofficial" start of summer!

Clean the Bay Day – June 4th. Additional information to follow.

EARNN Points– Christina Ohlrogge verified our storm drains still carry mermaid medallions warning against polluting the bay, EARNning another five points in February – for a total of 46. Remember **ONLY WATER DOWN THE DRAIN!**

Advertise in *The Suburban*

Printed single-copy distribution of more than 500, and availability on our web site.


Contact suburbanacres@gmail.com for rates and availability today.

Ways to provide financial support to Suburban Park Elementary

- Shop at Farm Fresh and turn in the bottom of your receipts.
- Shop at Kroger & link your store card to Suburban Park.
- Shop at Food Lion & link your store card to Suburban Park.
- Save **Box Tops** (www.BoxTops4Education.com)



Enjoy The Credit Union Difference



Wards Corner Branch
7420 Granby Street, Norfolk

Membership in LFCU opens up a world of opportunity for you and your immediate family.*
Better rates. Better service. Lower fees.

827-LFCU
www.langleyfcu.org

Langley
Federal Credit Union

* Immediate Family - spouse, children, parents, siblings, grandparents, grandchildren, step-parents, stepchildren, stepsiblings, and adoptive relationships. Federally insured by the NCUA. Membership eligibility required.

Aida's
Hair & Nail Salon
Full Service-Military Welcome!
757-587-5837

WE SPECIALIZE IN HAIRSTYLING, COLORING, MILITARY CUTS, CHILDREN'S HAIR, & NAILS

7637 Granby St.
Norfolk, VA 23505

Walk-Ins Are Welcome... Call or Visit Us Today!




\$20⁰⁰ OFF

TAX PREPARATION OR TAX SCHOOL REGISTRATION at Jackson Hewitt Tax Service®

Offer valid on tax preparation fees or tax school registration fees. Does not apply to financial products or other services. Present coupon at time of tax preparation. Valid at participating locations only and may not be combined with any other offer. Most offices are independently owned and operated.

EXPIRES: 12/31/2012 COUPON CODE:RLPRH

YOUR CHOICE. YOUR SAVINGS

Call 757-480-2000 for more information
or visit www.jacksonhewitt.com



GATORS SPORTS BAR & GRILL



NEW Wards Corner
store NOW OPEN

SPECIALS

MON	All you can eat steamed shrimp \$12.95 5:30-8:30 PM
TUE	All you can eat wings \$13.49 or 2 FOR \$25.99 5:30-8:30 PM
WED	25% off Entire Bill—all Military 5:30-8:30 PM
SAT	Kids eat free (from kid's menu, 1 per adult) 11 AM-9 PM
SUN	BYGO Appetizers 5:30-8:30 PM

Gators

COUPON
Buy one menu item
get SECOND item
(EQUAL OR LESSER VALUE)

FREE



Does not apply to daily specials

Cannot be used with other coupons. Offer good for inside dining only.

Offer Expires 4-30-2011

Corner of Granby & Little Creek, Ward's Corner, Norfolk
And 10 other Hampton Roads Locations
622-5544 www.gatorsportsbar.com

Announcements

Send your announcement to
suburbanacres@gmail.com

If you're not currently receiving updates via email from SACL send us a brief email to let us know you'd like to be added to our distribution list!

Birthdays? Anniversaries? Lost & found? Let us know!

Our sincerest condolences to the Padgett and Nolan families on your recent losses.

The Best Neighborhood 4th of July Parade in Norfolk needs planning committee members. Please contact JoDee Cook if you would like to assist with planning and coordinating the annual SACL Independence Day Parade.

Real Estate Tax Relief for Seniors and permanently disabled. Assistance in applying by Norfolk Commissioner of Revenue April 6 and May 4, 10 am—2 pm, Norfolk Prime Plus Senior Center, 7300 Newport Ave. March 16, April 20, and May 18, 10 am—2 pm, Mary Pretlow Anchor Branch Library, 111 W. Ocean View Ave.

Speaker Change for Federation... There has been a change in the speaker lineup for the Thursday March 10th meeting of the Norfolk Federation of Civic Leagues...Norfolk columnist, blogger, and politico Vivian Paige will speak on citizenship at the 7 pm meeting at Lake Taylor Hospital's cafeteria at 1309 Kempsville Road in Norfolk.

Girl Scout Cookies are still available. Although the pre-order deadline has passed, your favorite variety may still be available from the Girl Scout Council of the Colonial Coast's extra council stash. If your normal Girl Scout missed you, call neighborhood scout C.J. at 559-1157 or email her Mom at mar-sha.lockard@gmail.com.

Challenger Baseball for any child with a disability aged 4 through high school, leagues forming now. Children with disabilities can feel part of a team, make friends, and have fun. Parents, siblings, and grandparents are encouraged to join in. Contact Gary Owens for information at 480-3304 (evenings) or NorfolkChallenger@cox.net.

Lots of Tops! A LOT of Farm Fresh receipts, and Box Tops and Labels for Education were turned in by neighbors at the February meeting...each Box Top is worth 10 cents. Suburban Park Elementary receives funding from businesses for school programs & supplies based on these loyalty campaigns...please start saving them and bring to the March meeting.

Rose & Womble Essay Scholarship... For all college bound high school seniors, two \$2500 awards. Submit an essay describing volunteer achievements, application form, and requested supplemental materials. Application & criteria available at www.roseandwomblefoundation.com/scholarships. Entries must be postmarked by April 1, 2011.

Tidewater Builder's Association Scholarship applications for high school seniors are available from school guidance counselors at www.tbaonline.org ("scholarship" link). Deadline to apply is April 15th.

Maury Alumni Community Stories event March 12, 8-11 am, Maury High School Library. 100th anniversary committee seeking Maury high school experience stories. Tour the school, connect with old friends, and tell your story.

Have story or feature idea? Would you like to be a regular or occasional contributor to The Suburban? Contact the editor at:
jkanney@verizon.net

Gardens In A Flowerpot



Customers review
Gardens in a Flower Pot
on Superpages.com...

"I lived in Norfolk for years and bought all of my plants here. When I moved to Chesapeake, I still drive out to Gardens In A Flower Pot to by my plants (passing several nurseries on the way)."

"I've been Gardening and landscaping for 40+ years. This little haven is just that. — I have been coming here for 10 years and never been disapointed."

941 W. Little Creek Road Norfolk
(757) 489-8972

MARCH WORD SEARCH



S	C	L	O	V	E	R	S	L	N	A
A	T	E	R	S	T	E	L	N	U	G
C	O	P	J	O	D	N	Y	C	T	E
L	E	R	A	I	N	B	O	W	A	M
E	U	E	N	T	G	U	I	N	S	E
S	O	C	Y	I	R	U	G	L	F	R
X	H	H	K	M	E	I	A	O	E	A
P	G	A	W	A	E	R	C	A	L	L
A	I	U	M	R	N	I	H	K	I	D
U	B	N	U	R	E	S	H	A	Z	I
L	I	U	C	C	O	H	R	L	D	N
U	T	R	A	H	A	C	Y	S	A	C
C	P	A	R	A	D	E	K	M	Y	L

CLOVER	IRISH	PARADE
EMERALD	JIG	PINCH
GOLD	LEPRECHAUN	RAINBOW
GREEN	LUCK	SHAMROCK
IDES	MARCH	ST PATRICK

Saint Patrick's Festivities

Shamrockin' in Ghent Colley Avenue street party
March 11, 6-10 pm. Free Saint Patrick's Day celebration. Enjoy authentic Irish music from 6 to 7:30 pm with the Havers from Williamsburg, and Hampton Roads' favorite 80s band The De-loreans from 8 to 10pm. All proceeds benefit Hope House Foundation.

ShamROCK N' ROLL Town Point Park, Downtown Norfolk
Thursday, March 17, 5pm-10pm, Towne Bank Fountain Park
Headlining the evening's festivities is dance band "Cheap Thrills", known for performing tunes from Michael Jackson to Black Eyed Peas, this band promises to help you channel your own inner-Irish! Prepare to dance the night away with your friends and soon-to-be-friends!

Please Support our Advertisers

Advertisers in The Suburban help defray the cost of production and printing of our newsletter, and support other civic league activities and projects.

Please make an effort to support these community-minded local businesses by shopping with them when you can, and providing referrals to your friends.



We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!

Suburban Acres Civic League Membership Form 2011

☐ Individual \$ 5.00

☐ Family \$ 10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Deidra Rader, Treasurer, Suburban Acres Civic League, 7400 Yorktown Drive, Norfolk, VA 23505. **And thank you for your support!**

Neighborhood Calendar

Calendar Notes...



Street Sweeping
Friday Mar. 4 &
April 1



Recycling Pick Up (Blue Bins)
Mar. 3, 17 & 31;
April 14 & 28

MAR 5 SACL Thole Street Cleanup, 9-11 am. Meet in front of Tinee Giant.

MAR 10 Mayor's Wards Corner Taskforce Norfolk Fitness & Wellness Center, 8:30 a.m.

MAR 10 Norfolk Federation of Civic Leagues, Lake Taylor Hospital Cafeteria, 1309 Kempsville Rd., 7 pm

MAR 11 Shamrockin' in Ghent. 16th annual greening of Ghent, 6-10 pm, live music, benefits Hope House. Colley Ave.

MAR 12 44th Annual Ocean View St. Patrick's Day Parade 10 am. After party at noon @ Knights of Columbus Hall, 211 Government Ave.

MAR 14 Suburban Acres Civic League meeting, doors open at 6 pm, meeting at 6:30 pm, Suburban Park Elementary

MAR 19 Wards Corner Now Norfolk Fitness & Wellness Center, 8:30 a.m.

April 2 Men Who Cook-Tidewater Edition. Fundraiser for PrimePlus Norfolk Senior Center. 6-9 pm, Norfolk Masonic Temple, 7001 Granby St.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2011 March		1 2:30 pm City Council Mtg.	2	3 	4 	5 9-11 a.m. Thole Street Adopt-a-Spot Clean-Up
6	7	8 7 pm City Council Mtg.	9 Ash Wednesday	10 8:30 am Wards Corner Taskforce	11 6-10 pm Shamrockin' in Ghent	12 10 am Ocean View St. Patrick's Parade
13 Daylight Savings Time Begins	14 SACL Meeting 6:30 p.m.	15	16	17 St. Patrick's Day	18	19 8:30 am Wards Corner NOW
20	21	22 7 pm City Council Mtg.	23	24	25	26
27	28	29 7 pm City Council Mtg.	30	31 	<i>When you 'spring ahead' on March 13th, don't forget to change the batteries in your smoke detectors.</i>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2011					1 April Fools	2
3	4	5 2:30 pm City Council Mtg.	6	7	8	9
10	11 SACL Meeting 6:30 p.m.	12 7 pm City Council Mtg.	13 7 pm City Council Mtg.	14 8:30 am Wards Corner Taskforce	15	16 8:30 am Wards Corner Now
17 Palm Sunday	18 Passover Begins	19 2:30 pm City Council Mtg.	20	21	22 Good Friday	23 <i>Keep Norfolk Beautiful Day</i>
24 EASTER SUNDAY	25	26 7 pm City Council Mtg.	27 Administrative Professionals Day	28 	29	30

Suburban



Community Resources and Contacts

Norfolk Commissioner of the Revenue

664-7860

Norfolk Treasurer

664-7800

Animal Control, Lost & Found Animals

441-5505

Norfolk Public Works

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks
823-4050

E-waste recycling (common household electronics)

Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators)

Free to Norfolk residents at waste management facility:

1176 Pineridge Road
MON-SAT 10 am-2 pm

For complete list of recyclable

Virginia Office of Consumer Affairs (investigation of consumer complaints)
1-800-552-9963

Five Points Community Farm Market, 2500 Church Street
640-0300

Norfolk Public Libraries
664-7328

Norfolk Neighborhood Design & Resource Center
664-6770

PRIME PLUS Norfolk Senior Center, 7300 Newport Ave
625-5857

Norfolk Cares... City services, citizen complaints & concerns
Mon-Fri. 8 am-6 pm 664-6510

Norfolk Department of Utilities

Customer Service

664-6700

Emergency-Water Main Breaks & Sewer Leaks
823-1000

Miss Utility (Call Before You Dig)
1-800-552-7001