

Suburban Acres  
Civic League  
OCT 1, 2010  
Volume 7, Issue 10

OCT MEETING  
Monday Oct. 11  
Doors open at 6 pm  
Meeting at 6:30 pm

Suburban Park  
Elementary School  
Guest Speakers:  
Abry Cox, Lafayette  
RIVERFest  
and  
Introduction From  
Mr. Phillip Hawkins, Jr.  
Ward 7 City Council  
Candidate

## Inside this Issue

Halloween & Trick-or-Treat Information...	Page 7
Yard of the Month...	Page 8
Trash for Cash Recycling Contest...	Page 6
2 Civic League Officers and Contacts September	
3-6 Civic League and Community News	
6 Norfolk CrimeView Statistics for Sept.	
7 Letters from our Neighbors	
9 Suburban Acres Green	
10 Events, Volunteer Opportunities	
11 Announcements Membership Form Word Search	
12 Neighborhood Calendar	
Suburban HELP	



## Haunting Message from the President

I'm very glad for the turnout of neighbors and volunteers at the Thole Street Median Cleanup on Sept 25<sup>th</sup>. With approximately thirty pairs of hands, we cleared trash from the medians and entry way to the neighborhood from Tidewater Drive, pulled weeds and mulched the medians along Thole St, and even fought back some of the overgrowth on the south side of Thole St just before the R/R tracks. With a group of folks whose ages probably ranged from eight to eighty, it was very reassuring to know that we live among people who value their community enough to give a couple hours on their Saturday morning. Thank you all for helping to keep Suburban Acres beautiful!

It's likely that while working on this project, many were focused on getting the job done and getting home. But I think that whether we realized it or not, there were some relationships being cultivated and nourished. Where I come from, working together is much more valuable than playing together.

No less, we still need to play. So I hope you bring the family down to the school on Oct 23<sup>rd</sup> to celebrate the 3<sup>rd</sup> Annual Harvest Celebration. As always, there will be contests and prizes for Chili, Costume, Carved Jack-o'-Lanterns, and (a first time) Dessert Contest! The fun begins at 1:30 p.m. and will go on until 4 p.m. We'll meet in the cafeteria of the school and celebrate the changing season and our harvest of good neighborhood relationships that have been sowed and nourished to fruit.

See you soon!

Timothy M. Fox



### CHILI CONTEST



The Foe men: from left, Joshua, Kurma, and Micah. More photos from September 25th Thole Street cleanup on page 4.

### EARNN...

Environmental  
Awards  
for  
Recycling  
in  
Norfolk's  
Neighborhoods

### First EARNN Presentation of the new fiscal year!

Plans for RIVERFest, a new celebration of the Lafayette River in April 2011 will be presented by Abry Cox on Oct. 11. The meeting qualifies SACL for EARNN points if 30 people attend. *Please plan on coming, and bring a neighbor!*



Suburban Acres Civic League

3rd Annual

## FAMILY HARVEST CELEBRATION

Saturday October 23

1:30 to 4 p.m. Suburban Park Elementary Cafeteria

Reigning Chili Champions Arty & Marie Ray

### BEST JACK-O-LANTERN CONTEST

(Bring Already Carved)

### KIDS—WEAR YOUR COSTUMES



### DESERT CONTEST

For more information email Andrea Fox at [suburbanacres@gmail.com](mailto:suburbanacres@gmail.com)



## Suburban Acres Civic League Officers

### Tim Fox, President

338-0439

[saclpresident@gmail.com](mailto:saclpresident@gmail.com)

### JoDee Cook, Vice President

587-7918

### Eric Heard, Secretary

963-6996

[saclsecretary@gmail.com](mailto:saclsecretary@gmail.com)

### Lester Cavagnaro, Treasurer

963-6996

[lester7521@aol.com](mailto:lester7521@aol.com)

## Board of Directors

### Jeb Clarke 626-0076

### Steve Collins 416-6158

### Robert Lain 469-3685

## Newsletter/Communications

### Kevin Janney

[jkjanney@verizon.net](mailto:jkjanney@verizon.net)

587-1616

## Newsletter Advertising

### Charles Wasserman

[claretuser@verizon.net](mailto:claretuser@verizon.net)

588-5987

## Newsletter Distribution

### Mary Verykoukis

587-1221

## PACE Officers

### Officer Odell Davis

[odell.davis@norfolk.gov](mailto:odell.davis@norfolk.gov)

823-4433

## LT Bill MacKenzie

823-4448

[william.mackenzie@norfolk.gov](mailto:william.mackenzie@norfolk.gov)

## Police (Non Emergency)

441-5610

## Code Enforcement

664-6532

## Norfolk Cares

664-6510

## Neighborhood Watch

### Coordinator

Rob Lain

469-3685

## EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) Coordinator

### Katrina Butler

[dixiekat@mac.com](mailto:dixiekat@mac.com)

(703)655-2101 (cell)

## Visit our website at

[www.suburban23505.com](http://www.suburban23505.com)

# Suburban Acres Civic League

## Meeting Minutes for September 13, 2010

Meeting came to order at 6:45 p.m. at Suburban Park Elementary School.

Quorum present

### Pledge of Allegiance

Welcome to new neighbors

August meeting minutes as published in the newsletter were unanimously approved by the members present.

### PACE Report - Officer Odell Davis

Complaints from community has resulted in increased radar monitoring. Cars with 'for sale' signs, legally parked cannot be ticketed. Be on the lookout for people using the streets or residences for selling multiple vehicles. This practice is illegal. Right now most of the crimes are occurring in the Wards Corner area.

### Neighborhood Watch - Robert Lain was unable to attend.

### Guest Speakers-

The Real Gang Busters - Norfolk Detectives Benny Serrano and Richard Creamer

There are approximately 67 gangs in Hampton Roads

A 20 minute video was shown to the membership. It depicted the issues that youth have that might make them turn toward gang activity. It seems attractive in the beginning but becomes more difficult and demanding as time goes on. Gangs can offer friendship, peer acceptance, protection, money, belonging and family. Norfolk gangs are not without their influence on our community and our children.

It is not illegal to belong to a gang. Consequently, the existence of gangs cannot be stopped. What we can do as parents and neighbors, is to keep our eyes open. Some of the signs of children involved in gang activity might be unusual hand signs, drastic change in clothing, wearing the same colors consistently, anxiety, change in closeness to family, listlessness, possessing unexplained money or goods, being disrespectful, and a change in friends. Det. Serrano and Creamer can be reached at 664-7020.

Phillip Hawkins - was unable to speak because of time issue. He wanted to introduce himself to the membership. He is running for Ward 7, vacated by Dawn Hester.

*(Note: Mr. Hawkins will return for the October meeting)*

### EARNN - Katrina Butler

Again Katrina is asking that residents get involved in the support of the EARRN program (Environmental Awards for Recycling in Norfolk Neighborhoods. Last year the civic league received \$750 for participating in this program. Some things to remember, recycle in the blue containers, keep the streets litter free and attend the EARNN civic league meetings. The Thole Street median cleanup will add points for this program.

### Announcements-

Food Drive for Suburban Park Elementary - Eric Heard

The collection of food and "boxtops" started at this meeting. Box tops and about 30 pieces of food have been collected.

Rain barrel class. Mikes Rain Barrels will give this workshop. It will take approximately 2 hours, cost is \$45 and you take your barrel home with you. Call 587-7918.

### Treasurer's Report

Beginning Balance -	\$ 1782.92	Revenue -	\$ 512.00
Expenses-	\$ 255.17	Ending Balance -	\$ 2081.42

Audit of the treasury for 2009 was completed by the audit committee (Iris Papas, Steve Collins). The books balanced.

Meeting Adjourned at 8:05 p.m.

Respectfully submitted,  
Eric Heard

## Civic League and Community News

[www.suburban23505.com](http://www.suburban23505.com)

### Welcome Back Students!

Of course we recognize the businesses and institutions in and around Suburban Acres as neighbors, too. The three schools in Suburban Acres especially add interest and energy to the neighborhood. Our schools contribute to the community by hosting events and meetings, encouraging students to be good citizens and provide community service, and maintaining such nice looking facilities and landscaping. We thought it would be timely to hear from our heads of school, and give them the opportunity to periodically update us on school activities in our newsletter.

#### Dr. Jane Duffey, Norfolk Christian Schools

Norfolk Christian Schools proudly began its fifty-eighth year as a part of the Suburban Acres neighborhood. One of the core values of the school is service to others. Students from all levels of the school are committed to making sure the concept of stewardship begins with our own neighborhood.

In the spring, our Bio-Eco Club participated in the clean-up of our marsh and the creek that runs from the edge of the Thole Street campus to Wards Corner. Our students understood that their hard work on that Saturday not only contributed to improving the environment, but was also a direct benefit to them as citizens of this part of the city. They could see that the river ebbed and flowed far more cleanly. This summer students from our high school and middle school continued the clean-up efforts of the Lafayette River. We look forward to participating in more waterway projects in the future.

Our lower school students visit Ballentine House entertaining the residents with songs and bringing homemade treats. The faces of the residents clearly indicate their pleasure at connecting with memories of the holidays and with the joy of children. In addition to this holiday visit, the third graders focus on building relationships with the residents by committing to a year-long partnership with the residents.

The lower school at the back of the

Tabernacle Church property is very proud of its new outdoor classroom, a beautiful garden at the back of the Granby Street property. Please call Dr. Karen Upton, principal of the lower school, at 423-5812 if you'd like a guided tour.



**Dr. Jane Duffey, Head of School, Norfolk Christian Schools**

We love our neighborhood and are always interested in building strong relationships with the other residents here.

If you are interested in learning more about the mission of Norfolk Christian, call our Development Office at 423-5770. We have tours about twice a month. We would love to share our stories with our neighbors.

### Sales Tax Holiday for energy-saving products Oct. 8-11

Virginia's fourth Energy Star and WaterSense products sales tax holiday will begin Friday, October 8th and continue through Monday, October 11th. During the holiday, consumers can purchase a variety of "Green" products qualified for energy savings by the federal government and not pay the 5% state and local sales tax.

The products must cost \$2,500 or less each and be purchased for noncommercial or personal use. The Energy Star products include many larger items, such as air conditioners, refrigerators, dishwashers, ceiling fans, and washing machines, as well as compact fluorescent light bulbs (CFLs) and programmable thermostats.

WaterSense-labeled bathroom sink faucets, faucet accessories, and toilets will also be tax-exempt, along with new items added to the list this year such as showerheads. The sales tax exemption also applies to purchases of *used* Energy Star and WaterSense items that qualify.

The Department of Taxation has posted guidelines, frequently asked questions, and a list of approved Energy Star and WaterSense items on its Web site at [www.tax.virginia.gov](http://www.tax.virginia.gov).

*Paula Miller, Delegate, 87th District  
[delpmiller@house.virginia.gov](mailto:delpmiller@house.virginia.gov)*

**Have story or feature idea?  
Would you like to be a regular  
or occasional contributor to  
The Suburban? Contact the  
editor at:  
[jkjanney@verizon.net](mailto:jkjanney@verizon.net)**



**Shandre M Harasty**  
Financial Advisor  
309 West Bute Street  
Norfolk, VA 23510  
757-622-2892

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones®**  
MAKING SENSE OF INVESTING

**Wards  
Corner  
Chiropractic**

*The healthiest people  
on the planet are under  
regular chiropractic care.*

**Dr. Brad N. Robinson**  
Chiropractor

7400 Granby St., Suite F  
(757) 588-8908

[www.wardscornerdc.com](http://www.wardscornerdc.com)

Norfolk, Virginia 23505  
FAX: (757) 583-3069

# Civic League and Community News

For more news and events visit our website at [www.suburban23505.com](http://www.suburban23505.com)



**Clean Up Day!** Saturday September 25th neighbors joined to pick up litter and to mulch and spruce up the medians along Thole Street. Clockwise from top left, Geoffrey Peiscopgrau and Jeb Clarke move mulch, group from The Ryan Academy, street shot of the cleanup, and Michael Ervin clutches a Glad bag.

-Photos by Dennis Mori

## THE WRIGHT STUFF

- Mowing
- Weedeating
- Edging
- Bushes

WHY CALL ANYONE ELSE WHEN WE CAN  
SERVICE ALL OF YOUR LAWN CARE NEEDS?



(757) 588-7176

## LAWN SERVICE

- Mulch
- Seeding
- Fertilizing
- Customized Turf Programs

A FAMILY BUSINESS OPERATING IN THE  
TIDEWATER AREA SINCE 1998. CALL JIM  
WRIGHT TODAY FOR A FREE QUOTE.

# Civic League and Community News

For more news and events visit our website at [www.suburban23505.com](http://www.suburban23505.com)

## Northside Skate Plaza to Open October 2<sup>nd</sup>

After three years of anticipation, the City of Norfolk cut the ribbon on Northside Skate Plaza on Sat., Oct. 2.

Mayor Paul D. Fraim, Councilwoman Alveta V. Green and Councilwoman Dr. Theresa W. Whibley addressed the audience at the 11:30 a.m. ribbon cutting. Directly following were demonstrations by skate teams from Mike's Sk8 Park, Sole Brothers Shoe & Skate, Mekos, Anti-Gravity and 17<sup>th</sup> Street Surf Shop, as well as entertainment by bands Holly Would, O.C.D and The Sacred Code. Several skating-related vendors were also on-site.

Larchmont resident Adam Stant, 18, now a freshman at Virginia Tech initiated the skate park concept with a petition drive with the encouragement of his mother. Stant and other skate park supporters began lobbying City staff and City Council in 2006, resulting in a feasibility study. The skate park gained public momentum, and in August 2008 the City Council approved Northside Park as the skate park site and funded the \$850,000 project over three



years.

The Norfolk Dept. of Recreation, Parks and Open Space held two public charrettes in November 2008 and January 2009 and circulated a survey in order to garner citizen input on the

skate park's design. Construction began in January.

Northside Skate Plaza features mostly solid concrete construction ; double L-shaped bowls of 7 ft and 9 ft depth

*Continued on page 10*

## Gardens In A Flowerpot



Customers review  
Gardens in a Flower Pot  
on Superpages.com...

*"I lived in Norfolk for years and bought all of my plants here. When I moved to Chesapeake, I still drive out to Gardens In A Flower Pot to buy my plants ( passing several nurseries on the way )."*

*"I've been Gardening and landscaping for 40+ years. This little haven is just that.— I have been coming here for 10 years and never been disappointed."*

941 W. Little Creek Road Norfolk  
(757) 489-8972

[www.delvecchioswc.com](http://www.delvecchioswc.com)



**Hours of Operation**  
M-Th 11am – 10am  
F & Sat 11am – 12am  
Sun 12pm – 10am

### Delivery Specials

**(757) 588-6070**

2 18" 1-Topping Pizzas  
for only \$21.99!  
2 14" 1-Topping Pizzas  
for only \$17.99!

**\$29.99**  
18" 1-Topping  
Pizza,  
20 Wings &  
Garlic Cheese  
Bread

**Free Greek Salad**  
with any 18"  
specialty pizza

**\$16.99**  
18" 5-Topping  
Pizza or Deluxe

**\$16.99**  
14" 1-Topping Pizza  
and 10 Wings

# Civic League and Community News

For more news and events visit our website at [www.suburban23505.com](http://www.suburban23505.com)

Norfolk CrimeView Community crime statistics for Suburban Acres, Sep. 1-Oct. 1, 2010

Crime Type	Description	Date	Time	Location
LARCENY - FROM AUTO/OF AUTO PARTS	LARCENY-FROM AUTO	20100929	0740	7300 BLOCK GRANBY ST
LARCENY - FROM AUTO/OF AUTO PARTS	LARCENY-PARTS FROM AUTO	20100922	1500	100 BLOCK CROMWELL PKWY
LARCENY - FROM AUTO/OF AUTO PARTS	LARCENY-FROM AUTO	20100927	2230	7000 BLOCK KIRBY CRES
LARCENY - FROM AUTO/OF AUTO PARTS	LARCENY-FROM AUTO	20100927	1845	300 BLOCK THOLE ST

## Planning underway for RIVERFest-Lafayette River Celebration

Over a year ago, the Chesapeake Bay Foundation and the Elizabeth River Project brought together a multidisciplinary group of public and private experts as well as citizens to start talking about how to help the Lafayette River. This Steering Group developed a watershed plan with three main parts: a swimmable, fishable Lafayette; a healthy river life; and citizens making a difference. The draft Lafayette River Watershed Plan is being reviewed and hopefully will be endorsed by the Norfolk City Council within the next few weeks. The strategic goal is a swimmable, fishable Lafayette River by 2014.

Since Suburban Acres is situated on and drains directly into the North Branch of the Lafayette, the neighborhood is considered an important part of this city-wide effort.

Planning is underway for a one day celebration of the Lafayette River – RIVERFest on the Lafayette on Saturday 30 April 2011 (rain date 1 May 2011). Organizers hope the spring celebration will evolve into an annual river appreciation day. Think block party with food, music, arts, the Elizabeth River Project's Learning Barge, education tables and activity tents. The Steering Group has met with Colonial Place neighborhood residents and their civic league and they support the plan. The location will be the 500 block of Mayflower Road – a prime location along the Lafayette River. They will begin working with the City of Norfolk for permits and permission to temporarily close that block on April 30, 2011.

The plan is to ask school choirs and local musicians to volunteer their time and talent. Also we are asking for local artists

(photographers, painters, sculptors, potters, etc.) to display their pieces. More information will be forthcoming throughout the fall, winter and spring. Currently the Elizabeth River Project has basic RIVERFest information on their web site, [www.elizabethriver.org](http://www.elizabethriver.org) under events.

Abry Cox from Lafayette River RIVERFest is the featured speaker at the October 11<sup>th</sup> Suburban Acres Civic League meeting. Due to the subject matter, this is considered an EARNN (Environmental Awards for Recycling in Norfolk Neighborhoods) presentation, and the civic league will receive points towards its EARNN goal if at least 30 adults attend the presentation.

*Information for this article contributed by Wards Corner NOW and Karen Mayne*

## Norfolk announces Trash for Cash recycling contest for November

For two weeks in November (Nov. 1-5 and 8-12), Keep Norfolk Beautiful staff will visit Norfolk residents participating in the City's curbside recycling program and who have pledged to recycle. Interested residents can fill out a recycling pledge form at [www.norfolk.gov/public](http://www.norfolk.gov/public) works online, or print the form and fax it

to 441-8285 or mail it to Cash, 3500-A Granby St., Norfolk, VA 23504. The form can also be found in City advertisements in the Virginian Pilot's COMPASS.

If your residence is selected from a drawing and your recycling cart is out and contains acceptable items, you win \$100. The contest is for Norfolk residents only, and entries/pledge forms must be received by October 29<sup>th</sup>.

Norfolk boasts a community recycling rate of more than 50%. Keep Norfolk Beautiful is sponsoring the contest in conjunction with America Recycles Day, which is November 15<sup>th</sup>.

*The Suburban*

## Southeast High Speed Rail Public Information Meeting

A public information meeting concerning high speed rail service in Southeastern Virginia will be held Tuesday, October 5, 2010 from 6 P.M. to 7:30 P.M. at the Half Moone Cruise & Celebration Center, 111 Waterside Drive in Norfolk. The program includes remarks by Mayor Paul D. Fraim, a presentation by the Virginia Department of Rail and Public Transportation, and open floor citizen questions. Special guests at the forum will include Thelma D. Drake, Director of VDRPT and Kevin B. Page, Chief of Rail Transportation. For more information or to register call Alan Boring, 757-664-4338.

## Bring in your box tops for Suburban Park

Suburban Park Elementary is collecting "Box Tops", Labels for Education from various Campbell's products, and printer ink cartridges to recycle. Please collect these items and bring them to the Sept. 13th SACL meeting. Look for Box Tops on participating grocery and household products.





**NORFOLK SHERIFF'S OFFICE**

**Robert J. McCabe**  
Sheriff / High Constable

**Robert J. McCabe, Sheriff**  
811 E. City Hall Avenue  
Norfolk, VA 23510

Office: (757) 664-4713  
Fax: (757) 441-2531  
E-Mail: [robert.mccabe@norfolk.gov](mailto:robert.mccabe@norfolk.gov)  
Web Site: [www.norfolksheriffsoffice.com](http://www.norfolksheriffsoffice.com)

## Letters From Our Neighbors

### Get Ready for Holidays!

By Steve Collins

In October those holiday gifts and decorations begin appearing in retail outlets providing reminder that life is going to get very busy. The days shorten and temperatures drop. Summer is over and Fall is in full swing. The end of the year is on the horizon. Here come the Holidays!

Holidays have become stressful for many because of the obligation and expectations that come with those festive gatherings and family celebrations. There is so much to do and so little time! And when it is all done we hope that we have had some great memories and kept our cool through execution.

We can learn some things from the retail sector of our economy on how to deal with the holiday season. Retailers know that holiday sales are a big part of their annual sales volume and a big part of discretionary spending for many consumers. So they forecast their sales, order their merchandise early, plan their promotions and have faith that people will come and enjoy the experience. The concept is simple, but execution is not easy. Stress comes when execution does not meet expectations.

Some simple recommendations to prepare for this season: 1) Forecast a great season with a positive attitude. 2) Focus on relationships rather than the festivities (concentrate on being a special gift rather than giving one). 3) Plan your family gatherings early and share the responsibilities for preparation with others so all may benefit in both contribution and participation. 4) Attend a holiday musical or theatrical performance to set your holiday spirit. 5) Balance your expectations with what is going on in both your family and community.

All year long we should be posturing for how we are going to participate (and contribute) with our friends and neighbors in our Thanksgiving and Christmas Celebrations. A little planning will reduce our stress level. Our civic league provides a great opportunity to build relationships in its monthly meeting. This month's Harvest Festival / Chili Cook Off will be an additional opportunity to meet your neighbors.

Incidentally, those Thole Street Medians look great! Don't they? Thank You! See you at the next meeting!

Steve



**Donna Sawyer**  
**757-408-2592**  
**donna@atlanticturf.com**

*Residential & Commercial Landscape Solutions*



#### FREE ESTIMATES!

- Landscape Maintenance
- Mulch & Sod Installation
- Lawn & Bed Renovation
- Leaf Cleanups
- Aeration & Seeding
- Dethatching
- Plants & Annuals
- Weed Control & Much More!

*Call or visit us today at  
[www.atlanticturf.com](http://www.atlanticturf.com)*

## HALLOWEEN in Norfolk

Most Hampton Roads cities including Norfolk restrict trick-or-treating to the hours of dusk to 8 p.m. Trick-or-treating is only allowed for children ages 12 and under.

The Norfolk Police Department encourages residents to keep the entire neighborhood safe by immediately reporting any suspicious or criminal activity to the police by calling 9-1-1, or the non-emergency line at 441-5610.

A guide including information and safety tips from the Norfolk Police Department is available on our web site at [www.suburban23505.com](http://www.suburban23505.com).



#### Spooks

- by Sandra Liatsos

There's a goblin at my window,  
 A monster by my door.

The pumpkin at my table  
 Keeps on smiling more and more.

There's a ghost who haunts my bedroom,  
 A witch whose face is green.

They used to be my family,  
 Till they dressed for Halloween.

#### Please Support our Advertisers

*Please make an effort to support these community-minded local businesses by shopping with them when you can, and providing referrals to your friends.*

## Furnish Your Home Office or Business FOR LESS!



*From ugly to gorgeous! Let us transform your existing pieces with our on-site refinishing, refurbishing and electrostatic metal painting services. Or, find your dream furniture in our huge inventory for up to 60% off retail.*



- Moving & Delivery Services
- Refinishing & Refurbishing
- On-site Repair & Maintenance
- Electrostatic Painting

1124-B Kingwood Avenue, Norfolk, VA 23502  
 757.855.2800 • ofo@ofova.com

## YARD OF THE MONTH, SEPTEMBER 2010



**Yard of the Month** honors for September 2010 are awarded to Gordon and Susan Thornes of 7200 Galveston Blvd. The Thornes receive the high honor of having Flora, the Suburban Acres Mermaid, grace their lawn forthwith until she departs to select the next *Yard of the Month*. Congratulations Gordon and Susan!

\* VIRUS & MALWARE REMOVAL  
 \* COMPUTER UPGRADES  
 \* LAPTOP & DESKTOP REPAIR  
 \* DATA RECOVERY  
 \* BACK-UP SOLUTIONS  
 \* WIRELESS NETWORKING

\* REMOTE SERVICES  
 \* WEB DESIGN  
 \* DISASTER RECOVERY PLANNING  
 \* HELP DESK SERVICES  
 \* HOME & BUSINESS NETWORK DESIGN

**TECHROVERS**  
 COMPUTER/ IT SOLUTIONS

**383 - 3392**  
[HELP@TECHROVERS.COM](mailto:HELP@TECHROVERS.COM)

**\$20.00**  
 OFF

**TAX PREPARATION OR  
 TAX SCHOOL REGISTRATION**  
 at Jackson Hewitt Tax Service®

Offer valid on tax preparation fees or tax school registration fees. Does not apply to financial products or other services. Present coupon at time of tax preparation. Valid at participating locations only and may not be combined with any other offer. Most offices are independently owned and operated.

EXPIRES: 12/31/2012 COUPON CODE: RLPRH

**YOUR CHOICE. YOUR SAVINGS**

**Call 757-480-2000** for more information  
 or visit [www.jacksonhewitt.com](http://www.jacksonhewitt.com)

**JACKSON HEWITT®**  
 TAX SERVICE

# SUBURBAN ACRES

## GREEN

By Karen Mayne

Happy New Year! Did you know that October 1 starts the new water year? "Water Year" is a term used by hydrologists to define the stream flow in rivers over a period of a year. Hydrologists are scientists who study the water cycle – how water moves between rivers and lakes, the groundwater, and the atmosphere. In the U.S., the water year starts in October because that is generally when the low flow period of late summer ends and autumn rains start to replenish rivers and lakes.

So why is the water cycle important? As we all know, water is the stuff of life on which we depend. Our bodies are 60% water and we quickly die without water. While the overall amount of water on the planet doesn't change (we are drinking the same water the dinosaurs did), the amount of freshwater is quite limited. Of all the earth's water, 97% is salty and 2% is frozen,

leaving only 1% available to us, and for the fish and other aquatic life that also need freshwater to live. That's not much water to take care of the 6 billion people on earth.



The average American uses about 100 gallons of water a day in our homes – or 146,000 gallons per year for a family of four. Most of our household water goes to flush toilets and for baths and showers. But we use water in many other ways. About 40% of water use in the U.S. is for generating electricity (steam generation and cooling), and another 40% is used in agriculture. Your burger, fries and soft drink required about 1500 gallons of water to produce – enough water to fill a small swimming pool! The pair of jeans and a shirt you bought took about 800 gallons of water.

In the U.S., we have an abundance of clean water, but much of the rest of the world is not so lucky. There are many water shortages and conflicts around the globe. In fact, the U.S. military has identified water conflicts and global climate change as two of the most significant threats to international security.

Norfolk's water system treats about 72 million gallons a day and serves over 820,000 people. Our water comes from a number of small lakes around the region and from four groundwater wells in Suffolk. Some of our water is even piped from Lake Gaston and the Nottoway River, over 70 miles away.

Because freshwater is such a precious and limited resource, there are a number of things we can do to reduce our use. Fixing plumbing leaks is important since 6% of water in an average home is lost to leaks. Look for new appliances with the "Water Sense" label, which means they have been designed to use less water. In the shower, install a water reduction aerator and turn off the water while soaping up. Turning off the water while brushing your teeth will save 3 gallons a minute. Install a rain barrel to collect water from your roof to water outside plants. Better yet, reduce the size of your lawn so you don't have to water so much. Less lawn also means less time mowing – and we all have better things to do than mow the lawn!

Karen can be reached by e-mail at [KarenLMayne@aol.com](mailto:KarenLMayne@aol.com) or by phone at 587-1287

Enjoy The Credit Union Difference



## Wards Corner Branch

### 7420 Granby Street, Norfolk

Membership in LFCU opens up a world of opportunity for you and your immediate family. Better rates. Better service. Lower fees.

827-LFCU  
[www.langleyfcu.org](http://www.langleyfcu.org)



\* Immediate Family - spouse, children, parents, siblings, grandparents, grandchildren, step-parents, stepchildren, stepsiblings, and adoptive relationships. Federally insured by the NCUA. Membership eligibility required.

## GATORS SPORTS BAR & GRILL



NEW Wards Corner  
store NOW OPEN

### SPECIALS

- MON All you can eat steamed shrimp \$12.95 5:30-8:30 PM
- TUE All you can eat wings \$13.49 OR 2 FOR \$25.99 5:30-8:30 PM
- WED 25% off Entire Bill—all Military 5:30-8:30 PM
- SAT Kids eat free (from kid's menu, 1 per adult) 11 AM-9 PM
- SUN BYGO Appetizers 5:30-8:30 PM



COUPON  
Buy one menu item  
get SECOND item  
(EQUAL OR LESSER VALUE)

FREE



Does not apply to daily specials  
Cannot be used with other coupons. Offer good for inside dining only.

Offer Expires 11-30-2010

Corner of Granby & Little Creek, Ward's Corner, Norfolk  
And 10 other Hampton Roads Locations  
622-5544 [www.gatorsportsbar.com](http://www.gatorsportsbar.com)

## News Briefs & Events

### Skate Park (continued from page 5)

that will appeal to traditional skateboarders; several different ramp, stair, railing, and jump configurations; and some open flat areas which allow for stunts and freestyle skateboarding.

The skate park will be open seven days per week. Until December 31, weekday hours are noon to 6 p.m. and weekends, 9 a.m. to 6 p.m. The Skate Plaza will close for the months of January and February and reopen in the spring.

To obtain a skate park I.D./use card (free to Norfolk residents) proof of residency, such as a recent utility bill must be presented. For youth, a birth certificate must be presented and parent/guardian signature on the application form and waiver is required.

For more information, contact Roberto Ramos, Northside Skate Plaza supervisor, at (757) 441-5834.

*City of Norfolk Communications Division  
and the Virginian Pilot COMPASS*

### 4th Annual Aging in Place: Creating Livable Communities conference

Hosted by the City of Norfolk, Norfolk Department of Human Services and Senior Services of Southeastern Virginia, is October 29, 8 a.m. to 3 p.m., at the Norfolk Waterside Marriott, 235 E. Main Street.

Transportation and housing are the featured discussion topics for seniors, caregivers and professionals

The \$25 conference fee includes continental breakfast and lunch. To register as a conference participant, please call Senior Services at 461-9481.

### Virginia Zoo offers seniors 62 and over free admission on Wednesdays this fall

The Virginia Zoo is offering seniors 62 and over free admission on Wednesdays throughout the month of October.

"Seniors have made and continue to make a tremendous contribution to our community," notes Greg Bockheim, Zoo executive director. "For an organization that is over 100 years old, like the Virginia Zoo, we recognize that much of our success and growth is due to the support of the generations who for decades have visited the Zoo first as children, then as parents and now as grandparents or even great grandparents!. We wanted to offer our Free Senior Wednesdays as a way to say thank you."

To receive free admission, seniors need only to bring an ID for proof of age. Free admission applies only to individuals 62 and over. All other guests will be subject to the regular admission rates (\$8 for adults; \$6 for children 2 to 11).

"Fall is one of the best times to visit the Zoo," notes Bockheim. "The cooler weather is not only more comfortable for our human visitors, but the animals like it too. Often they are more active this time of year!"

Free senior admission will be valid on Wednesdays only from September 15 through October 27, 2010. For more information, call (757) 441-2374.

*Norfolk Division of Communications*

### Volunteer Opportunities at Suburban Park School

Volunteers are needed at Suburban Park Elementary School in many capacities:

Mentor – Mentor to student(s) on a weekly basis, helping student(s) with class work, homework, and be a big brother or sister to the student.

Classroom Helper – Volunteer work with one teacher and assist students with AR (Accelerated Reader).

Angel Tree – Yearly program to assist families during the holiday season (based on need).

Career Fair – Volunteers needed to share career experience with students in all grades.

Field Day – Volunteers needed to man booths with educational games and fun activities.

Curb Appeal – Volunteers needed to beautify the outside of the school with seasonal flowers.

All volunteers must have a TB test on file with the nurse and attend volunteer orientation. All volunteers must have a background check. Background check can be done at the Police Precinct on Virginia Beach Blvd.

For more information on volunteer opportunities, call Mrs. Dalmida at 531-3118 or [cadalmid@nps.k12.va.us](mailto:cadalmid@nps.k12.va.us)

**Fitz & Sons**  
**Garage Doors LLC**  
**A DOOR THAT "FITZ" YOUR NEEDS**

**FREE ESTIMATES**

**Mention this ad and receive a 10% Discount.**

**Full Service Garage Doors Openers**  
**Install New Repair Old Residential Commercial**



*Our family business would like the opportunity to serve you. We are committed to serving you quickly with honesty and integrity, all for the best price in town.*

Visit our web site to see catalog and great reviews  
[www.fitzandsonsgaragedoors.com](http://www.fitzandsonsgaragedoors.com)  
CALL US TODAY!

**757-480-5083**

**BUSINESS**  
(757) 857-0371

**FAX**  
(757) 857-4533

### TERRELL'S LAWN & LANDSCAPE

2056 Kenlake Place  
Norfolk, VA 23518

**COMMERCIAL • RESIDENTIAL**

**MICHAEL TERRELL**

**OWNER**

## Announcements

Send your announcement to [suburbanacres@gmail.com](mailto:suburbanacres@gmail.com)

If you're not currently receiving email updates from Suburban Acres Civic League, send us a brief email to let us know you'd like to be added to our distribution list! Birthdays? Anniversaries? Lost & found? Let us know!

We are collecting **nonperishable food items** at the general meeting on **October 11th** for holiday donations to families in need. Supports Suburban Park School's food basket drive.

Uniform Closet/Clothes Closet at Suburban Park School- **Need a donation of uniforms for students in need.** They are also needed as a change of clothes for accidents (prefer pants). Contact Mrs. Dalmida at 531-3118 or [cadalmid@nps.k12.va.us](mailto:cadalmid@nps.k12.va.us) to help.

The **Norfolk SPCA** needs help at its No-Kill Pet Adoption Center and at Special Events and Fundraisers. Contact Kari at [kvincent@norfolkspca.com](mailto:kvincent@norfolkspca.com) to set up a volunteer orientation.

Wireless 101 Classes help seniors learn to navigate their wireless / cellular devices. Third Wednesday of every month at Primeplus Senior Center, 7300 Newport Ave., Suite 100. Call 625-5857 for times and further information.



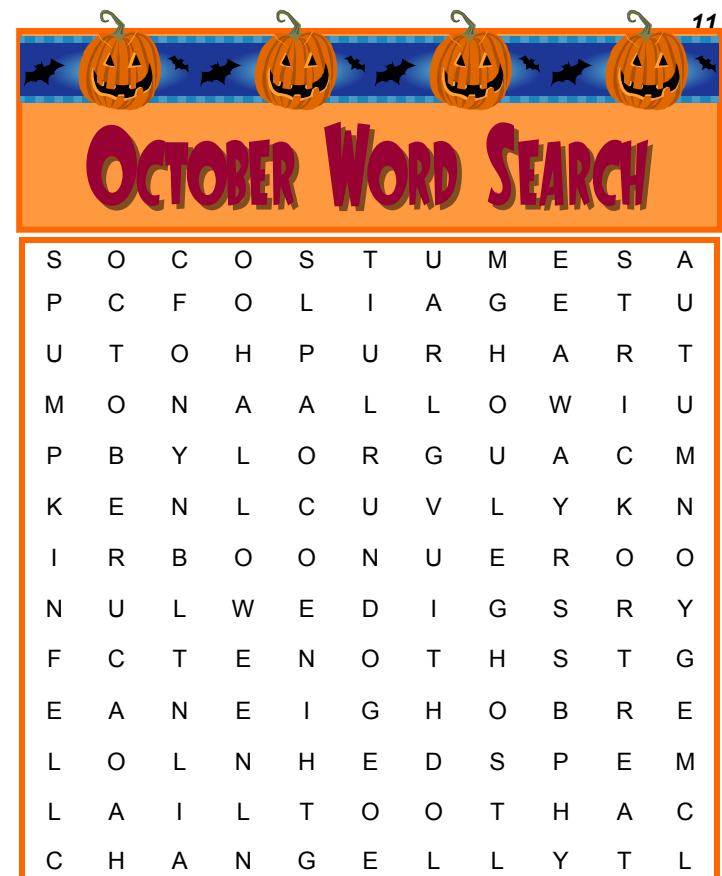
Danielle Hartman

Danielle Hartman graduates from the **Norfolk Sheriff's Department Academy** on November 18th. Her class is selling Sheriff's Academy class tee shirts, and 2011 Chick-Fil-A calendars to raise funds for their graduation ceremony and reception. She can be reached at [seaman-sykes@yahoo.com](mailto:seaman-sykes@yahoo.com), or drop by 7538 Virginian Drive to buy a calendar or tee shirt. Keep your nose to the books, Danielle!

Arty & Marie Ray (2009 Chili Contest winners) wonder if you can beat them...Chili Contest and Desert Contest at **SACL Family Harvest Festival**, Saturday Oct. 23, 1:30-4 p.m. at Suburban Acres Elementary School cafeteria. We'll provide the outlet, you bring the crock pot full of chili!



We need your involvement in the Suburban Acres Civic League. The larger our membership, the louder our voice will be heard! Please join today!



S	O	C	O	S	T	U	M	E	S	A
P	C	F	O	L	I	A	G	E	T	U
U	T	O	H	P	U	R	H	A	R	T
M	O	N	A	A	L	L	O	W	I	U
P	B	Y	L	O	R	G	U	A	C	M
K	E	N	L	C	U	V	L	Y	K	N
I	R	B	O	O	N	U	E	R	O	O
N	U	L	W	E	D	I	G	S	R	Y
F	C	T	E	N	O	T	H	S	T	G
E	A	N	E	I	G	H	O	B	R	E
L	O	L	N	H	E	D	S	P	E	M
L	A	I	L	T	O	O	T	H	A	C
C	H	A	N	G	E	L	L	Y	T	L

Autumn	Fall	Harvest
Boo	Foliage	October
Calendula	Ghost	Opal
Change	Ghoul	Pumpkin
Costumes	Halloween	Trick or Treat

## ADVERTISE IN The Suburban

Get your business's message out to a targeted audience with a printed single-copy home-delivered distribution of more than 500, and permanent availability on our web site.

Contact Charlie Wasserman at [claretuser@verizon.net](mailto:claretuser@verizon.net) or 588-5987

## Suburban Acres Civic League Membership Form 2010

Individual \$5.00       Family \$10.00

Name (Please print. For Family Membership, list head of household and all eligible voting members)

Street Address

E-mail

Phone

Please make check payable to **Suburban Acres Civic League**. Bring to the next meeting or mail this form to Lester Cavagnaro, Treasurer, Suburban Acres Civic League, 7016 Suburban Arch, Norfolk, VA 23505. And thank you for your support!

## Neighborhood Calendar

### Calendar Notes...



Street Sweeping  
Friday Oct. 1 and  
Nov. 5.



Recycling Pick  
Up (Blue Bins)  
Oct. 14 & 28;  
Nov. 11 & 25

**OCT 5 Southeast High Speed Rail Public Info Meeting**, Half Moone Cruise Center, 111 Waterside Dr. 6-7:30 p.m.

**OCT 11 Suburban Acres Civic League** Refreshments at 6 pm, meeting at 6:30 pm Suburban Park Elementary

**OCT 14 Mayor's Wards Corner Taskforce** Norfolk Fitness & Wellness Center, 8:30 a.m.

**OCT 14 Norfolk Federation of Civic Leagues** Lake Taylor Hospital Cafeteria, 1309 Kempsville Rd., 7 p.m.

**OCT 16 Wards Corner Now**, Norfolk Fitness & Wellness Center, 8:30 a.m.

**OCT 23 SACL Harvest Festival** Suburban Park School 1:30-4

**OCT 16-17 Annual Town Point Virginia Wine Festival**, Town Point Park, 11 a.m.-6 p.m.

**OCT 16-17 Stockley Gardens Fall Art Festival**, Ghent, benefits Hope House Foundation. 10 a.m.-5 p.m. Sat., 12-5 p.m. Sun.

### Upcoming...

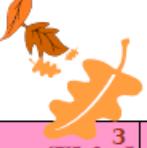
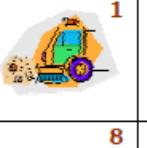
**NORMAL Trash & Recycling Pickup** on Veterans Day and Thanksgiving

## Suburban

### Community Resources and Contacts

Norfolk Commissioner of the Revenue	664-7860
Norfolk Treasurer	664-7800
Animal Control, Lost & Found Animals	441-5505
<b>Norfolk Public Works</b>	

Accessibility issues, potholes, streetlights in need of repair, curbs and sidewalks  
823-4050

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>3</b> <b>Think Pink...</b> October is Breast Cancer Awareness Month!	<b>4</b>	<b>5</b> 2:30 pm City Council Mtg. 6 pm High Speed Rail Public Info Mtg.	<b>6</b>	<b>7</b>	<b>8</b> Energy Star/Water Sense \$\$ Sales Tax Holiday \$\$	<b>9</b>
						
<b>10</b> Energy Star \$\$ Sales Tax Holiday \$\$	<b>11</b> SACL Meeting 6:30 p.m. Columbus Day	<b>12</b> 7 pm City Council Mtg.	<b>13</b>	<b>14</b> 8:30 am Wards Corner Taskforce 7 pm Federation of Civic Leagues	<b>15</b> 8:30 Wards Corner NOW	<b>16</b> Town Point Virginia Wine Festival 11am-6pm
						
<b>17</b> Town Point Virginia Wine Festival 11am-6pm	<b>18</b>	<b>19</b> 2:30 pm City Council Mtg	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> SACL Harvest Festival
						
<b>24</b> Halloween	<b>25</b>	<b>26</b> 7 pm City Council Mtg	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> 2:30 pm City Council Mtg.	<b>3</b>	<b>4</b>		<b>5</b>
						
<b>7</b>	<b>8</b> DAYLIGHT SAVINGS TIME ENDS	<b>9</b> SACL Meeting 6:30 pm	<b>10</b> 7 pm City Council Mtg		<b>11</b> Veteran's Day	<b>12</b>
						
<b>14</b>	<b>15</b>	<b>16</b> 2:30 pm City Council Mtg	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> Wards Corner NOW
						
<b>21</b>	<b>22</b>	<b>23</b> 7 pm City Council Mtg	<b>24</b>	<b>25</b> Thanksgiving	<b>26</b>	<b>27</b>
						
<b>28</b>	<b>29</b>	<b>30</b> 2:30 pm City Council Mtg				

<b>E-waste recycling (common household electronics)</b> Computers, TV's, wiring, printers, small appliances (no smoke detectors or refrigerators) Free to Norfolk residents at waste management facility 1176 Pineridge Road MON-SAT 10 am-2 pm For complete list of recyclable e-waste items call 441-5813	<b>Virginia Office of Consumer Affairs (investigation of consumer complaints)</b> 1-800-552-9963 Five Points Community Farm Market, 2500 Church Street 640-0300 Norfolk Public Libraries 664-7328 Norfolk Neighborhood Design & Resource Center 664-6770 PRIME PLUS Norfolk Senior Center, 7300 Newport Ave 625-5857	<b>Norfolk Cares...City services, citizen complaints &amp; concerns</b> Mon-Fri. 8 am-6 pm, 664-6510 <b>Norfolk Department of Utilities</b> <b>Customer Service</b> 664-6700 <b>Emergency-Water Main Breaks &amp; Sewer Leaks</b> 823-1000 <b>Miss Utility (Call Before You Dig)</b> 1-800-552-7001
--	---	---